



Ye Olde Tri GOOINSDAN Valley

"The Best Journal Published by a Dam Site!"

VOL. 19 NO. 15 GRAHAMSVILLE, NY 12740 APRIL 13, 2023 \$1.00

Mysterious Book Report John D. McKenna Pg 5 • *The Olive Jar* Carol La Monda Pg 6 • *The Scene Too* Jane Harrison Pg 11
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Live Performance - Cranky Seniors! at the Time and the Valleys Museum



[Grahamsville, N.Y.] On Sunday, April 16 at 2 p.m. the Catskill Readers' Theatre will perform *Cranky Seniors!* at the Time and the Valleys Museum on St. Rt. 55 in Grahamsville, Sullivan County. This unique, original performance with jokes, stories and quips will have the seniors roaring!

This is an in person only performance. Admission to the program is free for Time and the Valley Museum members, and \$5 for non-members, which includes light refreshments and Museum admission. For further information please contact Donna Steffens at 845 985-7700 or email info@timeandthevalleysmuseum.org. (Contd. Pg. 3)

Second Fallsburg Robotics Team to Compete at World Championship



Fallsburg Central School District is proud to announce that two teams will be represented at the VEX Robotics World Championships. This will be the program's eighth appearance in the tournament.

Earlier last month, Kileen Milligan, Kiara Sauer, Lux Torres, and Autumn Rain Atkinson were selected to represent Fallsburg in the VEX IQ division. Now, an additional four team members, Robert Perrera, Leah Russell, Adin Maldondo-Rodriguez, and Ayden Carpenito, will be joining them to compete against 1,300 teams from around the world at the VRC level. This will also be Robert Perrera and Leah Russell's second appearance at the tournament.

The championship will be held in Dallas, Texas from April 27 to May 2.

YE OLDE TRI-VALLEY TOWNSMAN

OFFICIAL NEWSPAPER FOR
THE TOWN OF DENNING AND
THE TOWN OF NEVERSINK

Ye Olde Tri-Valley Townsman (USPS #009 398 - ISSN 1558-9013) will be published weekly for \$40.00 per year by **Gnome Home Inc.**

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THE SCENE TOO - Jane Harrison

OLIVE JAR - Carol La Monda

MYSTERIOUS BOOK REPORT - John McKenna

FALLSBURG NEWS - Larry Schafman

MOVIE TRIVIA - Frank Comando a/k/a Knarf

COMMUNITY NEWS - Sheila Lashinsky

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**POLICY ON SUBMISSIONS AND
LETTERS TO THE EDITORS:**

1. **ALL submissions** should be typewritten or in Microsoft Word.
2. Letters should contain no more than 300 words and must be typewritten. They may be emailed as Microsoft Word documents.
3. Letters should offer worthwhile comments and avoid libel or bad taste.
4. Letters must be signed with the writer's own name. No letter will be published without a signature.
5. The writer must provide his/her full name, address and telephone number (for verification). This information will be kept on file in the Gnome Home Inc. office. Telephone numbers will not be published.
6. Copies of letters or third-party letters will not be accepted.

Opinions expressed in *Ye Olde Tri-Valley Townsman* belong to the writers and are not necessarily the viewpoint of *Ye Olde Tri-Valley Townsman* or its staff.

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to the *Virtual TOWNSMAN*, sent to your email every week, fill out the form below and mail it to: Townsman, P O Box 232, Grahamsville, NY. Make checks payable to: *Ye Olde Tri-Valley Townsman*. You may also sign up on line with **Paypal** Go to our website: <http://thetownsman.com>

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Please send your ad copy to: tvtownsman@yahoo.com or by regular mail to: **The Townsman**, PO Box 232, Grahamsville, NY 12740

Deadline for all submissions is 3:00 p.m. Friday for the following week's issue

NO EXCEPTIONS. All press releases/articles sent by email should be sent as **Microsoft Word Documents**. Photos or graphics must be in **jpg** or **pdf** format

More than ever, thank you for your continued support.

On the Front Burner: For whosoever will save his life shall lose it" and whosoever will lose his lif for my sake will find it.
Matthew 16:25

OBITUARY

April 21, 1983

From Tom Higgins: Saw this bumper sticker on an out of state van passing through Ellenville: "Don't Re-elect Anybody".

Here's a shocker - the United States is the major arms supplier for 20 of the world's warring nations, while the Soviets arm 13 of them according to a study made by the Center for Defense Information.

Pat and Mike, twin sons of Capt. and Mrs. John Quinlan, aroused attention this past week when they disappeared. A posse of BWS Police and neighbors went on a searching party. Pat and Mike were asleep under the bed.

Stephen Feffer, of Grahamsville, passed away on Tuesday, April 4, 2023. He was 85. He was the son of the late Simon and Minnie Fefferblum, born on July 6, 1937 in Brooklyn, NY.

Services were held privately at the convenience of the family.

Arrangements under the care of Colonial Memorial Funeral Home, for further information call 845-434-7363 or visit <http://www.colonialfamilyfuneralhomes.com>

Days of Yore... Today's History

April 15, 1953

Congratulations to Miss Jeanette DePew of Peekamoose who won the "biggest fish" contest sponsored by Raymond Krum of Krum's General Store in Grahamsville. The prize was a fishing rod, complete with reel, line and hooks. She caught her big trout in the Rondout Creek at Peekamoose. It was 11 _ in. long and weighed 9 oz. The contest was open to children under 14 yrs. of age.

April 10, 1963

Patricia Curtis, daughter of Mr. and Mrs. John Curtis of Aden, has been awarded a State Regents Scholarship. Pat has been accepted at St. Vincent's Hospital School of Nursing in Staten Island, NY and plans to start the program in September. She is a Tri-Valley senior.

Mr. and Mrs. Vincent Rush of Woodbourne are the parents of a son, Robert John, born April 5th at Benedictine Hospital in Kingston. The baby weighed 7 lbs. 13 oz. Mrs. Rush is a science teacher at Tri Valley School.

April 25, 1973

Mrs. Evelyn King and Mrs. James Dunlop attended a 50th wedding anniversary celebration Saturday evening for Mr. and Mrs. Orin Lauber at Wenig's in Ellenville.

From April 1, 1999 Townsman: **LOOKING BACK**

by Beatrice Akerley

It was the year of 1935 and we were living on the Andrew George farm on Red Hill, NY. We had just moved there the autumn before this story and I thought I was in heaven for spring had come early that year. There was an abundance of mayflowers, addertongues and nosebleed blossoms. I loved the little farm we had rented and it didn't matter that the house wasn't much to look at or that I papered the walls with newspapers so they'd at least be clean. Nor did I mind the bare floors that I cleaned with my old rag mop and wash water.

I loved that old house because it was so far back in the wilderness that we had school in one room of our home. We had a school district o.k., but our children were the only kids in it. A teacher named Robert Garafola was hired to teach and during the winter months often arrived on snow shoes. May Helen Ringwood also taught our children on Red Hill and she was a good teacher. That house had a personality of its own.

Anyway, that year there wasn't enough money to buy the children's Easter baskets. I was worried about them being disappointed because all I could put in their "bunny nests" was a colored egg. I couldn't afford to buy egg coloring so I took material and wrapped it around the eggs as I boiled them and the dye from the fabric colored the eggs beautifully. (Contd. Pg. 3)

LOOKING BACK

(From Pg. 2) On Easter morning when I got up, I saw that there had been a little of drizzle of rain during the night. This gave me a little more time to get my wits - together before the children discovered that there would be no Easter baskets. I told them not to go outside until the grass dried off a little.

I was standing by the kitchen window looking out, just thinking what to say next when a rabbit came hopping through the yard and down past the grape arbor. I couldn't believe my eyes. The kids had seen it too and started yelling, "The Easter Bunny".

There was no holding them back then and they ran out after him and when they returned, I had my story together. They were on cloud nine and not listening as I told them that the poor "Easter bunny" had no doubt run out of Easter baskets before he reached our house. Who cared, they had just seen the Easter bunny.

Now after sixty years, my family remembers and often mentions the magic that the little bunny worked that Easter Sunday so long ago.

Live Performance - Cranky Seniors! at the Time and the Valleys Museum

(From Pg. 1)

About the Catskill Readers' Theatre: The Catskill Readers' Theatre was formed in 2016 under the direction of Sally Gladden. Readers' Theatre is a special form of theatre in which the performers do perform, but with their scripts. Acting concentration is on voice, facial expressions and bodily stance, with a touch of costuming and props tossed in when warranted. The script is designed to feature a theme (often at the request of the group), then many revisions and rehearsals are important as we individualize each program for the intended audiences. Performers are: Paul Puerschner, Ellen Pavloff, Eileen Kalter, Sally Gladden, Peter Natashi, Shawn Bailey and Jean Eiffert. The group is open to new talent for future productions. For more info: Call Sally 845-434-0209, or email: gladsally@gmail.com.

About the Time and the Valleys Museum: Connecting Water People and the Catskills, the Museum is currently open by appointment only or during special programs. Located at 332 Main Street in Grahamsville (St. Rt. 55), Sullivan County, admission for adults is \$5, children under 16 \$2, and children under six are free.

Museum exhibitions are interactive and both fun and educational

Household Hint:

Did you Get Gifted with an Azela Plant?

Grow beautiful azaleas: Occasionally water plants with a mixture of two tablespoons vinegar to one quart water. Azaleas love acidic soil.

Nature Column - L. Comando *A tribute to the memory of all of the Townsman Ladies that we have loved so much and lost... Peggy DeWire, Avril Pappa, Joan Hall, Polly Hill, Joyce Lockhart, Jean Helthaler, Karen Curry, Barbara Slater, Shirley Davis and Hulda Vernoooy.*

The Tiny Fairy Spud A Real Spring Beauty

It is a little early, but there are quite a number of delicate little spring wildflowers, Fairy Spud - a/k/a May Flowers - gracing the forest floor in our backyard. Also known as Spring Beauty (*Claytonia virginica*), Fairy Spud are small low-growing wildflowers that appear in a star-like cluster of five white to light pink flowers.

The Fairy Spud is one of the most common native perennials in eastern North America. One reason it is so common is its ability to survive in areas that have suffered through the breakdown of a forest; in our case in Sundown, erosion from Hurricane Irene. Many other native woodland wildflowers didn't fare as well.

This perennial wildflower is



about 3-6" tall, consisting of a flowering stem with a pair of opposite cauline leaves (leaves arising directly from the root/rootstock) and some basal leaves (located at the base of a plant or stem) that are linear or linear-lanceolate, (shaped like a head of a lance) slightly re-curved, glabrous, smooth along the margins, and slightly fleshy. There is a single central vein along the length of each leaf. The leaves are about 2-5" long; their width varies somewhat depending on the local ecotype, but it is approximately 1/4 inch across.

The stem is light green or slightly reddish green, glabrous (smooth), and rather succulent. The stem terminates in a floppy cluster of flowers. Each flower is about 1/3 of an inch across when it is fully open, consisting of 5 petals, 2 green sepals, 5 stamens with pink anthers, and a pistil with a three-part style. The petals are white with fine pink stripes; these stripes vary from pale pink to bright pink. The flowers open up on warm sunny days, and close during cloudy weather and at night. They are more or less erect while open, but nod downward when closed. The blooming period occurs from mid to late spring and lasts about 1-2 months. Each fertile flower produces an ovoid capsule containing several seeds; this capsule is enclosed by the 2 sepals. The root system consists of a small corm and secondary roots. This wildflower spreads by reseeding itself; sometimes forming rather loose colonies of plants.

The Fairy Spud thrives in deciduous forests and forest edges in upland and riparian settings.

Honey bees and butterflies are attracted to the pollen of the Fairy Spud flower.

The corms of the Fairy Spud are often dug up and eaten by some small rodents, including the White-Footed Mouse and Eastern Chipmunk while the foliage is sparingly eaten by White-Tailed Deer.

According to the Brooklyn Botanic Gardens, the short-lived Fairy Spud are not only beautiful, but a tasty spud-like vegetable. The tubers are often compared to tiny potatoes but taste much sweeter than the average spud! They are rich in nutrients including potassium, calcium and vitamins A and C. No wonder the name - Fairy Spud!

If you take a hike through the Catskill Park during April or early May chances are you will see these enchanting little flowers along the way.

Conceivably, no other wildflower announces the magic of the new spring with such passionate intensity as the tiny little Fairy Spud - a real Spring Beauty!

Local Firefighting Leaders Learn New Skills at Fire Coordinators' Association Conference Annual Gathering Draws Firefighters from Across New York

Monticello, NY - Members of the Sullivan County Bureau of Fire traveled upstate to Watkins Glen March 29-31 to attend the New York State Fire Coordinators' Association Conference, including Sullivan County Fire Coordinator John Hauschild, Deputy Fire Coordinator Tom Totten, Deputy Fire Coordinator Jack Halchak and Deputy Fire Coordinator Charlie Rampe.

Also attending from Sullivan County was Liberty resident and former Public Safety Commissioner Richard Martinkovic, who is currently Treasurer of the Fire Coordinators' Association.

Jackie Bray, Commissioner of the New York State Division of Homeland Security and Emergency Service, kicked off the conference with an update on parts of the Governor's proposed 2023 Budget and where the fire service fits in. Commissioner Bray reported that there may be monies for firefighters taking Basic and Interior fire classes and Firefighter Officer's courses.

One of the highlights of the conference was Sullivan County Court Judge and Lake Huntington firefighter James Farrell's presentation on "Social Media Do's and Don'ts," considered an outstanding presentation.

Another presentation featured a full-size electric school bus to see firsthand what the fire service would encounter in the event of an emergency, and attendees also received an update on the Cancer program in the fire service, plus a case study of the Rockville Centre gas tanker rollover fire on Long Island. The last presentation was the most concerning for conference-goers: lithium-ion battery fires. Many of these fires are caused by damaged batteries and non-UL (Underwriters Laboratory)-approved batteries found in common household electronics.

Local attendees of the NYS Fire Coordinators' Association Conference included, from the left, Deputy Sullivan County Fire Coordinator Jack Halchak, County Court Judge Jim Farrell, Fire Coordinator John Hauschild, Association Treasurer and former Sullivan County Public Safety Commissioner Dick Martinkovic, Deputy Fire Coordinator Charlie Rampe and Deputy Fire Coordinator Tom Totten.



Monticello Elks Install New Officers



Past Exalted Ruler Ronni Yakin-Scannell presents the gavel of authority to new Exalted Ruler Brian Bock at a ceremony on April 1st. The Monticello Elks Lodge has 313 members.

(Monticello) Monticello Elks Lodge #1544 has installed a new slate of officers for the 2023-2024 Elk year. The Exalted Ruler is Brian Bock, whose grandfather Bob Bock was also an Exalted Ruler at the Monticello Lodge. The Loyal Knight is Elisabeth Bringle, Lecturing Knight David Welsch, Esquire Ryan Walker, Inner Guard Ben Schlau, Treasurer Sue Mapledoram, Secretary Past District Deputy (PDD) Jim Gerrard II and Chaplain Past Exalted Ruler (PER) Bob Linzer. The Lodge Trustees are: PER Rich Hugel, Jennifer Petersen, PDD Jim Sheerer, PER Mike Brennan and PER Ronni Scannell. Presiding over the ceremony was Past State President Phil Conaty. The following awards were announced by outgoing Exalted Ruler Ronni Scannell: The Elk of the Year is Terry Atkins, the Officer of the Year is Secretary Jim Gerrard and the Distinguished Citizen of the Year is Brian Conaty. The Monticello Lodge supports local veterans, scouts, Little League and the Homeless Federation, as well as providing coats and gloves to elementary school children.



Just in case you're wondering, we'll be re-running some of our best and most popular book reviews every other week from now on. They will be described as our Legacy Mysterious Book Reports. Send us a quick request if you have a favorite that you'd like to see again and we'll do our best to re-publish it.

Mysterious Book Report No. 29

Published September 3, 2016

The Cartel

Legacy Mysterious Book Report No. 210

by John Dwaine McKenna

PART ONE:

Every now and then, a fictional novel comes along that informs as it entertains, and in doing so, the word-of-mouth buzz about it creates a public dialogue of national significance where none existed before. *Uncle Tom's Cabin*, by Harriet Beecher Stowe, *The Gulag Archipelago*, by Alexander Solzhenitsyn and *Ironweed*, by William Kennedy are some examples that came to mind. In order, they addressed slavery in America, political prisoners in the USSR being used for forced labor in Siberia, and the conditions and causes of homelessness in America. Now, a new novel has just been written about the drug wars that, in my opinion, ought to start a discussion here in the USA. Why? Because here is where the market is . . . here is where the money comes from . . . and let's face it, the so-called "War on Drugs" has been an utter failure. To call it a complete disaster would be an understatement of the first magnitude. Hundreds of billions of our tax dollars have been spent in the prosecution of it and the result is that there's more drugs, in more places, at less prices, and more addicts than ever before. Don't believe it? Here's a few figures from the book we're about to review: There are four main portals into America from Mexico –Tijuana-San Diego, CA, Juarez-El Paso, TX, Nuevo Laredo-Laredo, TX and Matamoros-Brownsville, TX which is on the Gulf Coast. Through these cities, tens of thousands of trucks pass *every day*. Most carry legitimate cargo. Many of them haul drugs, which mostly slip across the border because there is no way that U.S. Customs officials can inspect every vehicle without crippling trade through what is the largest commercial border in the world, and in doing so, would break our obligations under the NAFTA (North American Free Trade Agreement), treaty.

But wait it gets better . . .

Each of the four ports-of-entry connect to a major north-south interstate highway: I-5 at San Diego, I-25 at El Paso, and I-35 in Laredo. These in turn hook up with all the major east-west interstates . . . allowing the drug cartels easy, free access to every major city in the United States of America. Cocaine alone is a \$30 billion market in the United States annually. Then there's marijuana, methamphetamines, ecstasy (aka molly) and the new-old scourge . . . Mexican brown tar heroin, now easily available in the smallest, most rural of hamlets, anywhere in America. You do the math. The numbers are staggering.

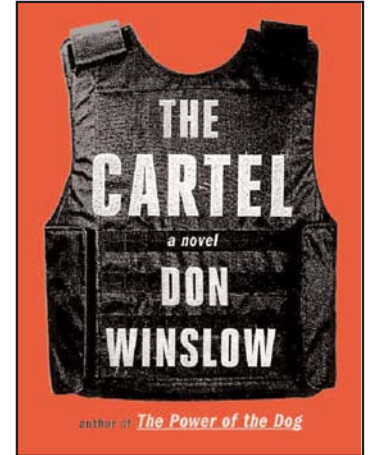
So, drugs come north while the money and guns go south, where tens of thousands are being slaughtered every year, because the Narcos –Drug-Lords –are fighting each other for control of the portals, or ports-of-entry which are called *plazas* in Mexico. Why? Because once a narco controls a plaza, he can charge all the other drug lords a tax, or *piso*, to ship their contraband through the area.

The Cartel, by Don Winslow, will be continued next week . . .

And Hey! Check out our combined website that's simple to use and easy as pie to leave your comments! We're looking forward to hearing from all of you.

<http://Johndwainemckenna.com>
or

<http://Mysteriousbookreport.com>



**John Dwain McKenna's Books
are now available at the
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The Olive Jar

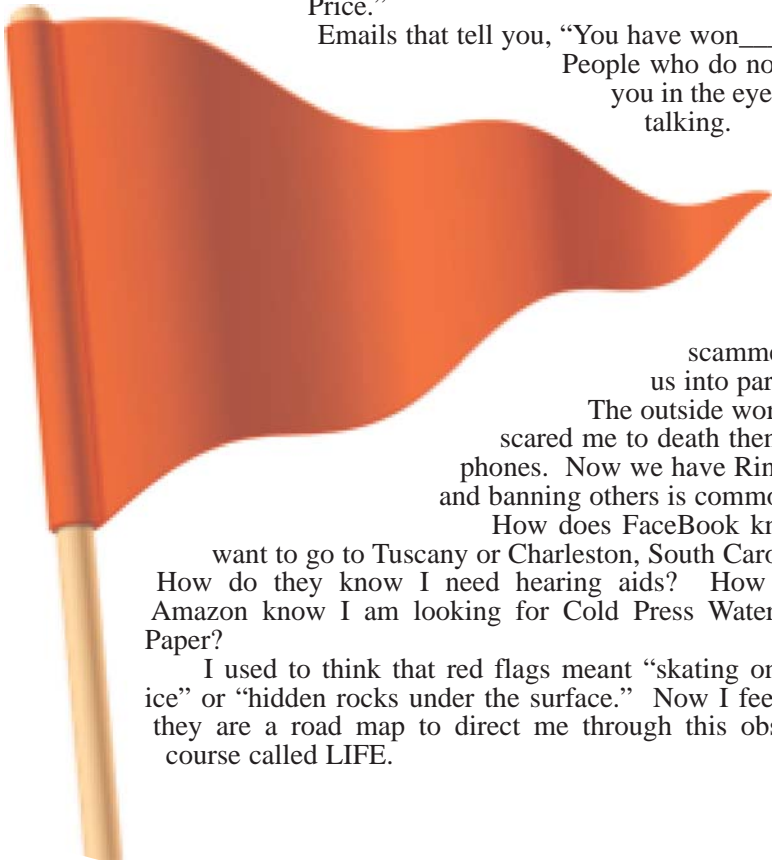
by Carol Olsen LaMonda

Red Flags II

There are some things that wave at us as red flags to catch our attention: Dead flowers in the doctor's waiting room Any statement that starts with, "To tell the truth, I honestly....."

Secret passcodes
Menus that have most entrees listed as "Market Price."

Emails that tell you, "You have won____"
People who do not look you in the eye while talking.

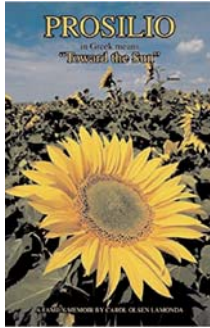


When dogs take an instant dislike to someone.
Plastic flowers in a flower box or graveyard.
Sales on the internet that seem much too good to be true.
Telemarketer phone calls that ask you a question to which you are supposed to respond, "Yes." Hang up!

I have become super-suspicious in recent years thanks to the scammers that exist in our culture that has turned each and everyone of us into paranoid super-sleuths sniffing out the fake from the real.
The outside world is the living portrayal of "1984", which I read in 1962, and it scared me to death then to think that Big Brother is Watching with cameras and microphones. Now we have Ring Doorbells and Alexa. The prophesy of rewriting history books and banning others is commonplace today.
How does FaceBook know I want to go to Tuscany or Charleston, South Carolina? How do they know I need hearing aids? How does Amazon know I am looking for Cold Press Watercolor Paper?
I used to think that red flags meant "skating on thin ice" or "hidden rocks under the surface." Now I feel like they are a road map to direct me through this obstacle course called LIFE.

The FamilyMemoir, PROSILIO...

... in Greek means "Toward the Sun," was written by Carol Olsen LaMonda. Carol writes the column "The Olive Jar" for *Ye Olde Tri-Valley Townsman*. This local author has been busy guesting at book clubs who have chosen this local memoir as their book choice. **Feel the warmth of "Prosilio" as you read Carol's memoirs cuddled up in your favorite chair. It also makes a great gift!** *Prosilio* is available at Amazon or Barnes and Noble on-line as a soft or hard cover or as a downloadable e-book for Nook or Kindle. Go to: <http://amazon.com> or <http://barnesandnoble.com> and type in *Prosilio* in the search to order your copy of *Prosilio*



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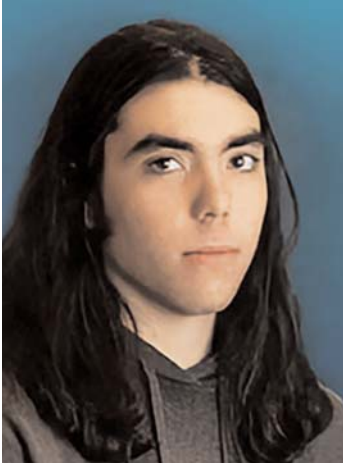
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Live Music with Local Stars! Museum Welcomes Talented Area Musicians



Henry Simon

Hurleyville, NY - The Frederick Cook Society will present an afternoon of sixties and seventies music featuring special guest guitarist Henry Simon.

Henry is a Sullivan West High School student who started playing music at age 9, picked up a guitar at age 11, and at 16, found himself performing in a band with Carol and Aldo Troiani, aka Little Sparrow.

Playing bass for this new multi-generational super-group will be local artist Jay Brooks. Jay is also a lifelong musician and freshly retired Monticello High School art teacher, whose paintings have been featured in American Artist Magazine and exhibited extensively throughout the Northeast. You can see some examples of his art at www.jaybrooksartist.com.

Catch the magic on Sunday, April 16, from 2-4 p.m., and while you are there, enjoy the photography exhibition by another famous local artist, Dr. Frederick Cook (www.frederickcookpolar.org).

The event will be held at the Sullivan County Museum, 265 Main Street, Hurleyville. Admission is free, donations are welcome, and there will be delicious refreshments! Call 845 434-8044 for more info, or visit www.facebook.com/littlesparrowny.

Registration Open: Guided Forest Walk

Guided Forest Walk Tree ID Workshop, Registration Required

Saturday, May 6, at the Denning Rd Trailhead, 12-2pm RNSP is offering a Guided Forest Walk on Tree Identification Saturday, May 6th, from 12-2pm at the Denning Rd Trailhead in Claryville, NY. Registration is required. Contact info@rondoutneversink.org to join this event. Registration deadline is May 1st.

Join Catskill Forest Association's Education Arborist, Zane Lawyer, and Education Forester, Zahra Bellucci, on a forest walk to learn how to identify local Catskill Mountain trees.

Participants will:

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- o Discover how past land use may have sculpted the diversity of today's Catskill forests
- o Uncover which characteristics to consider when identifying trees
- o Understand the role healthy forests play in protecting water quality
- o Gain an understanding about past and present uses of Catskill trees

This event will feature a leisurely walk through the forest. Participants should wear hiking boots and proper hiking attire. Participants are encouraged to bring water, snacks, bug spray and sunscreen.

The Catskill Forest Association (CFA) is a non-profit organization whose mission is to promote forest stewardship by providing education and forestry services to forest landowners, timber harvesters, foresters, and the general public in the Catskill region.

This event is free and limited to 20 participants. Priority will be given to residents living within the Rondout and Neversink Reservoir Watersheds.

Not sure if you live within the watershed boundaries? Contact RNSP at info@rondoutneversink.org and we'll let you know!

Celebrate Spring in the Catskills

We are celebrating spring and hope in our Sullivan Catskills. Come join us for smiles, laughter, and love, surrounded by family and friends. Our hoteliers will make you feel at home whether you choose a full-service resort, boutique inn, quaint B&B, or vacation rental.

Plan Ahead

o Friday - April 14 at 5:30 pm the Catskill Fly Fishing Center & Museum at Wulff Gallery

presents the 17th Annual Fly Fishing Film Tour featuring 10 short films set in locations from Cuba to Patagonia, Mexico to Australia, Alaska, Wyoming, the Deep South, Massachusetts and beyond.

o Arrowhead Ranch and Retreat holds its first 2023 Sunday Market and Country Fair on May 7 from noon - 4 pm. This free event features a Horse Gear Swap meet, the fabulous Johnny Jules Band, pony rides for the kids, a farm stand, food, and more.

o The annual Wild Ramp Festival at Roscoe Beer Company is on May 6 from 11 am - 2 pm. Enjoy a day of family fun- shop the large market, buy ramps, listen to live music, dine on the ramp-infused menu, and drink some great CRAFT BEER! Music by Far Beyond Gone and BJ Hendrickson.

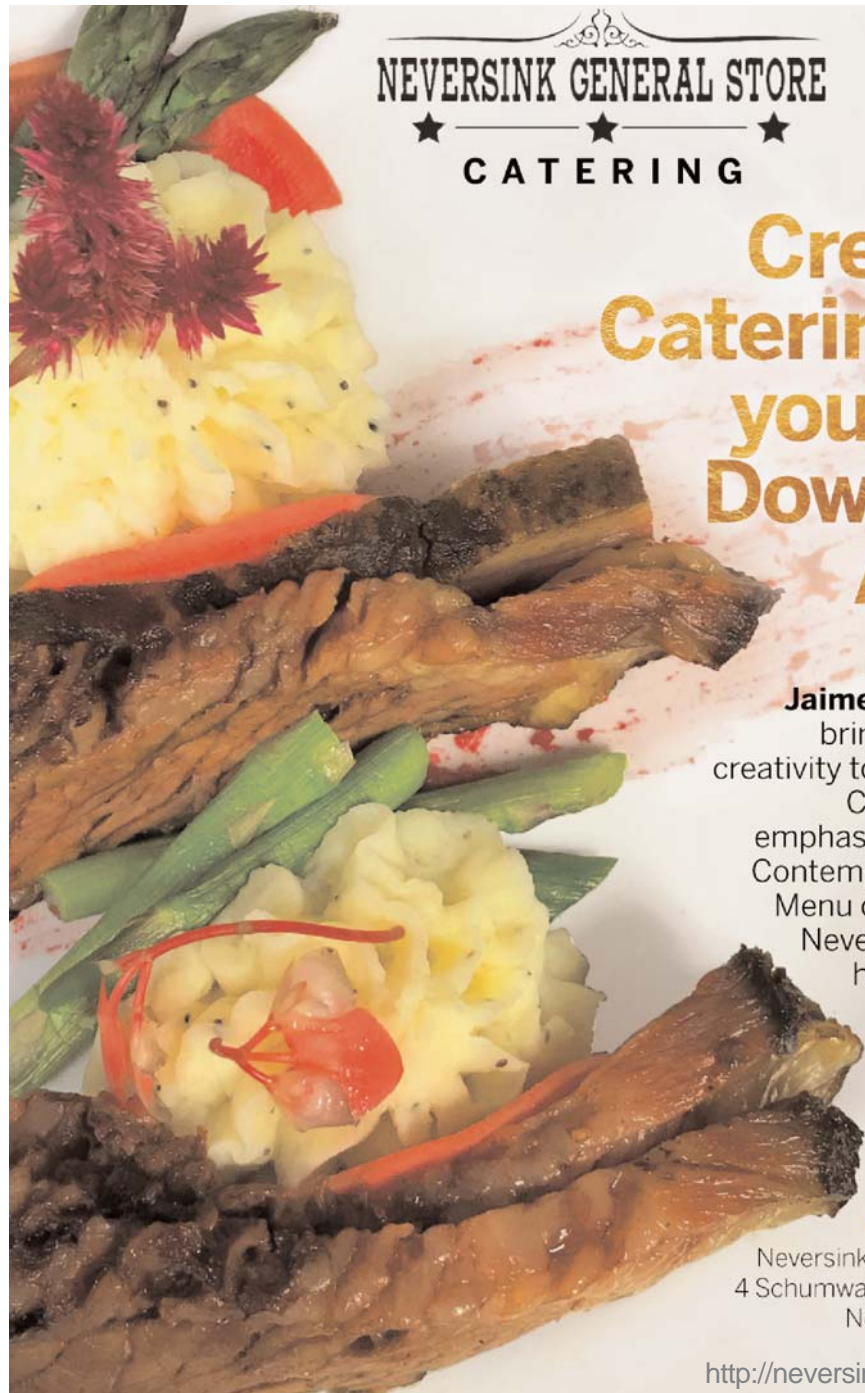
o Calling all Foodies to Catskill Cuisine - May 13 at Bethel Woods Center for the Arts. It's our day-long gathering of gourmet goodness with celebrity chefs, music, cooking demonstrations, a marketplace, and more. Tickets are selling fast!

o The State's longest-running craft beer festival, TAP NY, takes place May 20 & 21 at Bethel Woods Center for the Arts and features 100 breweries from across the state. Enjoy unlimited samples of more than 200 carefully-crafted beers, food, and music by The Wailers on Saturday and Blues Traveler on Sunday.

o Everyone loves a parade! Mark your calendar for this annual favorite: The 17th Annual Livingston Manor Trout Parade. This year's event, "Once Upon a Trout," features music, food specials, and more on Main Street starting at 11 am, and the Parade kick-off is at 1 pm.

o Meanwhile, in Callicoon - it's the 27th Annual Tractor Parade on June 11. The parade begins at noon, followed by a barbecue at the Delaware Youth Center.

o For the first time in decades, a new music festival will debut on the historic field of Woodstock '69! Mark your calendar for the two-day Catbird Music Festival on August 19-20 with live performances by The Lumineers, Tyler Childers, Trey Anastasio, and more in Bethel, NY. Tickets are on sale now.



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★ — ★ — ★
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Welcome to the Catskills

The Welcome to the Catskills webpage is the place to go if you are interested in learning more about the Catskills. It provides information about the Forest Preserve and conservation easement lands, outdoor recreation opportunities, and Leave No Trace. Be sure to check out the links to additional information and tips for recreating safely and minimizing your impacts on natural resources, recreational infrastructure, and other backcountry users in the Catskill Mountains. Go to webpage for more information:

<https://www.dec.ny.gov/outdoor/120094.html>

For Sundown Wild Forest go to: <https://www.dec.ny.gov/lands/75346.html>

Hike Smart NY <https://www.dec.ny.gov/outdoor/28708.html>

National Weather Service <https://forecast.weather.gov/MapClick.php?lat=42.0842&lon=-74.3166#.YrXXCm4pAWq>

Summit Weather Conditions: <https://www.weather.gov/aly/mountain>

Tick Information: <https://www.dec.ny.gov/public/111538.html>



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The Scene Too

By Jane Harrison

After yet another brutal week of technology fun (?), Friday night was a real bright spot. I was off to 17 WEST BREWERY to see my good friends THE JOHNNY JULES BAND.



Johnny was the second person I met when I moved up here over a decade ago and has become one of my closest friends. But even if I didn't know him well, I'd still be going out to see them as often as I could. This band, with its selection of bluegrass and bluesy music just seems to embody the vibe of this area so close to where the original Woodstock festival happened. With so many of the venues pre-CoVid either shuttered or no longer offering live music, it's great to see THE JOHNNY JULES BAND expanding into the newer venues.

The weekend of Easter is a very hard weekend to play but the band drew a pretty good crowd. And that included BILL GRIESBECK (a fine guitar player) and LIL SCOLES (a fine fiddle player). I get the feeling Lil has got the itch to get out and play again. Stay tuned.

And it's very gratifying to see the newer venues giving a voice to this type of music. This is the type of music that has inspired well known groups over the decades and deserves to be heard.

Along with the classics they do, like BOB DYLAN'S 'EASY CHAIR' (covered by everyone from the BYRDS to the NITTY GRITTY DIRT BAND), 'THE HOBO SONG', and 'THE STREETS OF BAKERSVILLE', there was BLACK MUDDY RIVER and SHADY GROVE.

And the band itself, JOHNNY JULES (lead vocals and gui-

tar), BOBBY D (Dobro), MANGO MIKE (ukelele, banjo), JOHN CONDON on drums, were joined by RICK TYLER on bass. Rick was 'on loan' from his main band JAKETOWN ROAD. He was able to switch gears effortlessly between the types of music which is the mark of one fine bass player. And his back up vocals weren't bad either.

You can catch THE JOHNNY JULES BAND at THE DALE in Mountandale this coming Saturday, April 15th at 7:30.

JAKETOWN ROAD will be at 17 WEST BREWERY, Saturday, April 15th starting at 6pm.

Sunday, April 16th, I'll be off to THE MILLSTREAM TAVERN and golf club in the town of Woodstock to see another good friend and renowned Jazz bassist DON MILLER. The bonus will be lunch with my best friend FELICIA RAPHAEL.

So this last week was learning a new phone and switching out the router and modem for my computer for a newer one. Neither of these are difficult, but at times they were both frustrating because one is so used to how the 'old' ones worked. And then

came the replenishing shopping at the grocery store as the winter hoarding was running out. I know the gas has gone up thirty cents in the last few days, but I had no idea 'expendable things' had jumped so high! I paid \$6 for a gallon of white vinegar!!!

From the work I do elsewhere, I know costs for small businesses have risen dramatically making prices rise as well. But for a grocery store that has not one but two store brands, offering ONLY one brand name option, that kind

of made me bristle. It made me want to leave it in the trunk of the car until after dark lest someone sees me bring it in and contemplate breaking in to steal it.

OK, I'm done. I'm going to concentrate on the beautiful, summerish weather we can look forward to this

week. Be careful on the roads out there. The second homeowners have begun arriving.

And the signs for "Please allow 6 feet between customers" have begun to appear again. Hmmm.

So, stay safe, stay well
Until next time.....



DEC Forest Rangers - Week in Review

Recent Statewide Forest Ranger Actions

New York State Department of Environmental Conservation (DEC) Forest Rangers respond to search and rescue incidents statewide. Working with other state agencies, local emergency response organizations, and volunteer search and rescue groups, Forest Rangers locate and extract lost, injured, or distressed people from across New York State.

In 2022, DEC Forest Rangers conducted 359 search and rescue missions, extinguished 162 wildfires covering more than 1,300 acres, participated in 53 prescribed fires that served to rejuvenate nearly 900 acres of land, and worked on cases that resulted in hundreds of tickets and arrests.

Town of Wawarsing Ulster County

Wilderness Search: On March 28, at 9:30 a.m., Forest Ranger Rusher overheard radio traffic about a lost hiker in Shawangunk Ridge State Forest. A 60-year-old from Mamakating had taken his dog for a walk on the Long Path from the Cox Road trailhead and became lost due to heavy fog. The subject called his wife for help before losing his phone. The subject was cold, wet, and disoriented. Rangers O'Connell and Rusher conducted a linear search with Bloomingburg Fire and Cragmoor Fire Departments. At 11 a.m., the subject made his way to the other side of the ridge on Route 209, approximately four miles from the trailhead. He used a Good Samaritan's phone to contact his wife. The Ulster County Sheriff's Department provided transportation back to the trailhead. Resources were clear at noon.

DEC Issues Guidance to Reduce Conflicts with Bears Public Encouraged to Remove Bird Feeders -Feed Pets Indoors

The New York State Department of Environmental Conservation (DEC) reminds New Yorkers to remove or secure outdoor food sources that may attract black bears

New Yorkers who feed birds in areas with bears (which includes most of upstate New York), should begin emptying and cleaning up spilled seed from feeders, and let nature feed the birds from spring through fall. The public is also advised to secure garbage cans in a sturdy building, clean or remove all residual grease and food from grills, and store pet and livestock food indoors. New Yorkers should also consider installing electric fences around chicken coops or apiaries to protect flocks and hives.

Black bears emerging from their winter dens have depleted fat reserves and will search extensively for easily obtainable, calorie-dense foods. Bears will readily utilize human-created food sources and repeat access can make bears bolder, leading to an increase in human-bear conflicts around homes and residential areas, especially when natural food sources are scarce.

Feeding bears intentionally is illegal. Unintentional feeding can create problems for the surrounding community, or even the bear if it becomes a threat to people or property.

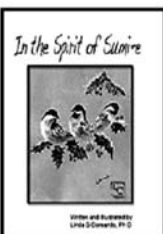


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NATIONAL: TEXT #HOPENY



By removing and/or securing food sources that might attract bears, the public is helping keep bears away from people, homes and neighborhoods, which helps keep bears healthy, wild, and safe. The public is also advised to remove any unnatural food attractants and encourage neighbors to do the same. Recently, a bear in Chemung County proved that bears leave the area if there is no food available.

For more information on how to live responsibly with black bears, please visit DEC's webpage and Bearwise.org (leaves DEC website).

An interview with DEC Wildlife Biologist Jeremy Hurst discussing ways to avoid human-bear conflicts can be found at DEC's website.



Robert Alan Agency

188 Lake Street, Liberty NY 12754

(P) 845-292-8570, (F) 845-422-8125

liberty@robertalanagency.com

It is with great pleasure and excitement that we announce that the Robert Alan Agency has merged with Denman Insurance!!!

We are currently located at 188 Lake Street, Liberty NY 12754 next to Thalmann's Garage. Our customer service representatives Jill Knox and Jessica Onorevole will be happy and able to help you with any questions or concerns you may have; you can reach them at 845-292-8570, or 845-985-2285.

The Robert Alan Agency is an independent insurance agency that has been in business for over 35 years. We will now be able to offer you access to many additional insurance companies offering a wider range of insurance products and greater potential for increased savings. We have locations in Sullivan, Orange, Ulster & Rockland counties

Please know that we want this to be a smooth transition for all of the Denman Agency customers and we are here to assist you in any and all of your insurance needs!

Please feel free to stop by our office and see Jill or Jessica today!

Check out our website www.robertalanagency.com

SC Youth Bureau Featured Program

Town of Mamakating



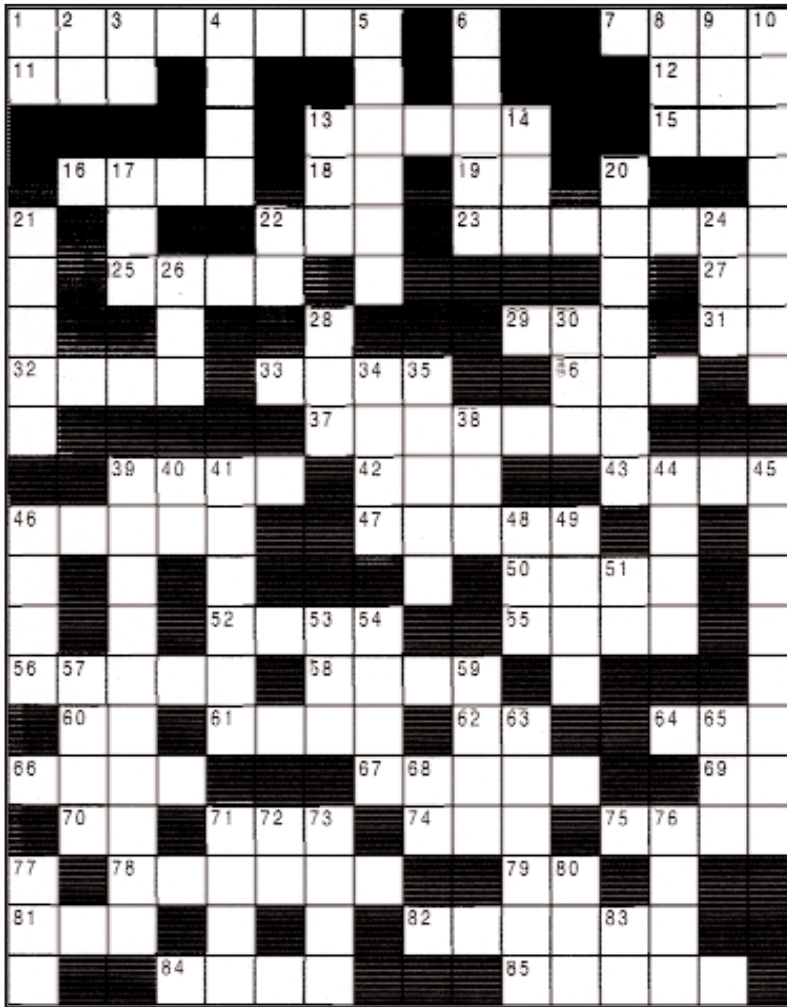
“The children started out with a pancake & sausage breakfast with the Easter Bunny! They also enjoyed a craft while waiting for the egg hunt.

Unfortunately the weather did not cooperate so we had to move the hunt indoors! We spread Easter grass on the floor of the building and did the best we could to make it fun. They all got goodie bags and ended the day with a performance from Macaroni the Clown.

Fun was had by all!”



Spring is Popping Up All Over! - L. Comando



ACROSS

- 1 Creek that runs through Grahamsville
- 7 Exclamation of pain
- 11 A period of time
- 12 River (Sp.) _____ Grande
- 13 Destroyed by fire
- 15 Viet _____
- 16 Drake
- 18 I *exist*
- 19 Exclamation of pleasure
- 22 Globe
- 23 Keeps
- 25 One another
- 27 Rhode Island
- 29 Mischievous sprite
- 31 Alternating Current
- 32 Wander
- 33 Connection
- 36 Petroleum product
- 37 Small hamlet in the Ulster County Town of Denning
- 39 A group of swine
- 42 Plain jacket with mandarin collar associated with Communist China
- 43 Relative of the ibex
- 46 Seasonal color of our forests and lawns
- 47 Food made with flour, water and yeast
- 50 A tractor-trailer
- 52 Need to
- 55 Agreement
- 56 Swathe
- 58 Pleasing syllable
- 61 Secure

- 62 California
- 64 Sweet potato
- 66 Midday
- 67 Preliminary
- 69 District Attorney
- 70 Modus operandi
- 71 Chat
- 74 Name
- 75 What good 'old-fashioned' frying pans are made of
- 78 Flow of water along the earth's surface
- 79 Election District
- 81 Single unit
- 82 Woods
- 84 To hit with a sharp blow
- 85 Taste of sugar

DOWN

- 1 Common Era
- 2 Hour
- 3 Each abbrev.
- 4 Summit
- 5 Thick first fingers
- 6 Referring to the moon
- 8 Large metal container with a faucet used for coffee
- 9 Central Intelligence Agency
- 10 Longing for home
- 13 Long rod
- 14 Definite article
- 17 Utilize
- 20 An outdoor vacation recreation
- 21 What an old respected gnome grows on his face
- 22 Exclamation of surprise
- 24 National Rifle Association

- 26 Heraldic insignia
- 28 It is
- 30 Cut grass
- 34 Without sensation
- 35 *Ye Olde Tri-Valley Townsman's* own gnome
- 38 Female deer
- 39 Valley where the Blue Hole is located
- 40 Indo-European
- 41 Small race of folklore people that have a 'home in Sundown'
- 44 Leave out
- 45 Denizen
- 46 What many gnomes are keepers of
- 48 Viper
- 49 Beloved
- 51 Master of Ceremonies
- 53 Norse goddess of the Earth
- 54 Woody perennial
- 57 Leeway
- 59 Light

- beige
- 63 First artist/teacher to bring Bauhaus ideas to the U.S.
- 65 Trouble

- 68 Advertisement
- 71 Sprout
- 72 At the age of
- 73 What an angler uses to catch fish

- 76 Fixed ratio
- 77 Having gained victory
- 80 Morning moisture
- 83 Southeast

New Potatoes and Pesto

- 1 1/2 pounds new potatoes
- 1 teaspoon kosher salt
- 1 cup of prepared pesto

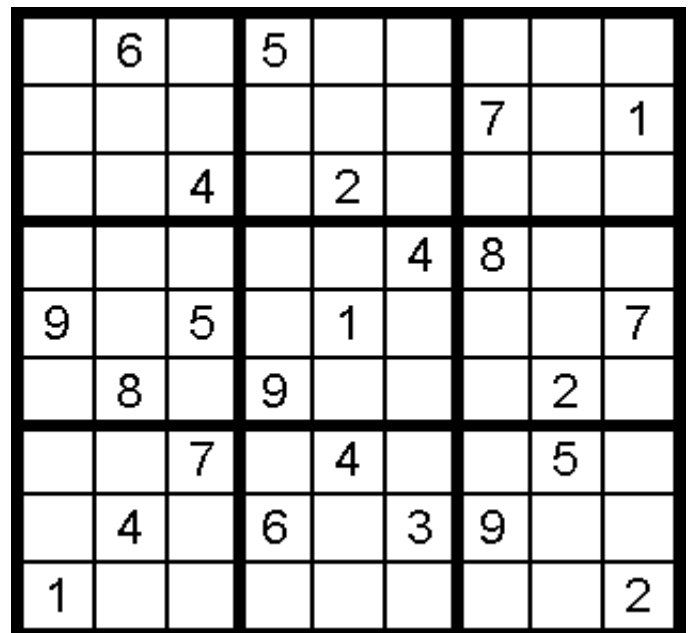
Place the potatoes in a medium pot, cover with cold water, and bring to a boil. Add 1 teaspoon kosher salt, reduce heat, and simmer until tender, 12 to 15 minutes. Drain and run under cold water to cool. Cut into quarters. Serve with pesto for dipping.

For Pesto

- 2 cups fresh basil leaves, packed
- 1/2 cup freshly grated Parmesan-Reggiano or Romano cheese
- 1/2 cup extra virgin olive oil
- 1/3 cup pine nuts or walnuts
- 3 medium sized garlic cloves, minced
- Salt and freshly ground black pepper to taste

Combine the basil in with the pine nuts, pulse a few times in a food processor. Add the garlic, pulse a few times more. Slowly add the olive oil in a constant stream while the food processor is on. Stop to scrape down the sides of the food processor with a rubber spatula. Add the grated cheese and pulse again until blended. Add a pinch of salt and freshly ground black pepper to taste.

数字は単数に限る



Answer on page 23

To play SUDOKO online: <https://sudoku.com>

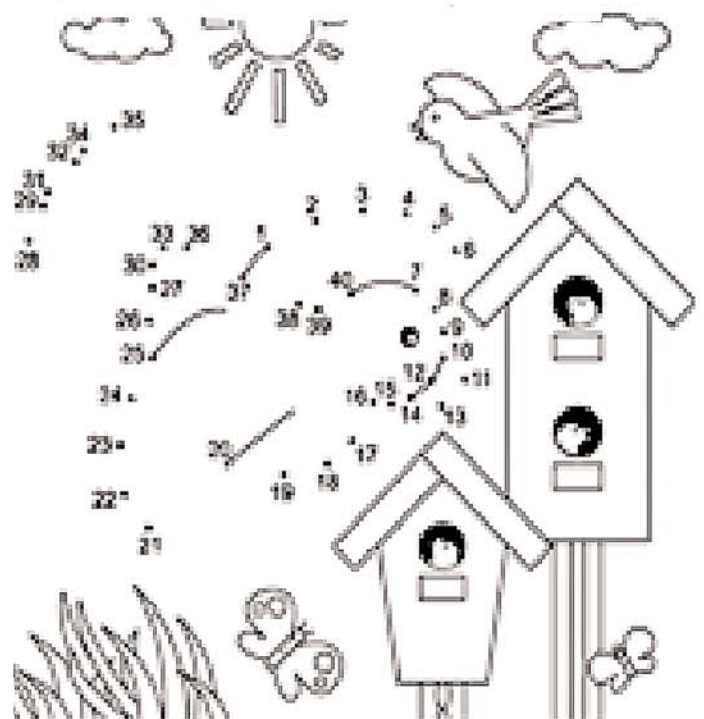
CRYPTOGRAM

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

19 24 2 18 19 14 9 12 19 26 24 21 18 14 3 2 15 21 1 2 11

18 12 2 6 12 19 10 2 6 19 3 10 7 1 6 24 - William Shakespeare

Spring maze



Follow the dots to see a Spring friend

SPRING

WORD SEARCH PUZZLE

N C O W O R G S D E E S
 R O A D I B U L B S D M
 S P S V S P R O U T A O
 L T V A F P M E D H I S
 I M C R E A T T S R S S
 R A I E Y S B U N N Y O
 P R E H S W P L L A N L
 A C W T C N O M D I L B
 H H M A E C I B O N P P
 F G D E R B H B N O I E
 R T A W R M I A F I L W
 O R P R G R E E N A A B
 G E R L D P A R K G E R
 K E I S A E W A H T E L
 O E T I K Y N K C I H C

- | | | |
|----------|---------|---------|
| APRIL | GARDEN | RAINBOW |
| BIRDS | GREEN | SEASON |
| BLOOM | GROW | SEEDS |
| BLOSSOMS | INSECTS | SPROUT |
| BUDS | KITE | THAW |
| BULBS | LEAF | TREE |
| BUNNY | MARCH | TULIP |
| CHANGE | MAY | WARM |
| CHICK | PARK | WEATHER |
| DAISY | PLANT | WIND |
| FROG | PLAY | |



Can you find 7 differences between the two pictures?



Kids' Spring
 Fun Page
 - L. Comando

Cryptogram Key

21	25	9	7	2	26	13	12	8	17	1	10	15	24	19	4	23	3	11	18	14	16	6	22	20	5
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z



COMMUNITY TAKEOUT CHICKEN BBQ

Saturday, May 20, 2023

4 to 6 p.m. \$15



Museum and Library Parking Lot
332 Main Street, Grahamsville

- ◆ *Murray's Chicken*, BBQ'D to perfection by the *Neversink Fire Department*
- ◆ Delicious sides of baked beans, potato salad, coleslaw, split top roll and brownie
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Name: _____

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Amount Enclosed: _____ # of Meals: _____

Email: _____ Phone: _____

Please send this form with your check to: Time and the Valleys Museum
P.O. Box 254, Grahamsville NY 12740 or order online at:
www.timeandthevalleymuseum.org or call 845 985-7700

Help Support our Educational Programs!

LEGALS/PUBLIC NOTICES

**NOTICE OF PUBLIC HEARING, ANNUAL MEETING,
BUDGET VOTE AND ELECTION
TRI-VALLEY CENTRAL SCHOOL DISTRICT
AT GRAHAMSVILLE
TOWN OF NEVERSINK, COUNTY OF SULLIVAN, NEW YORK**

MARCH 17, 2023

NOTICE IS HEREBY GIVEN that the **Annual Budget Hearing** of the residents of the Tri-Valley Central School District at Grahamsville, Sullivan County, New York will be held at the Tri-Valley Secondary School Lower Library in said District at Grahamsville, New York, on:

**Tuesday, May 9, 2023
At 7:00 P.M. (EDT)**

for the purpose of presenting the school budget for the 2023-2024 school year.

PLEASE TAKE FURTHER NOTICE that a copy of the budget statement showing the amount of money which will be required for the following year for school purposes, exclusive of public money, together with the text of any proposition which will be presented to the voters, may be obtained at the Office of the Superintendent, Tri-Valley Central School, Grahamsville, New York and any school building, by any resident in the District between the hours of 9:00 A.M. and 4:00 P.M. on each day except Saturday, Sunday or holidays during the fourteen days immediately preceding the Annual Meeting.

PLEASE TAKE FURTHER NOTICE that the Annual Meeting, including the VOTE upon the appropriation of the necessary funds to meet the estimated expenditures for school purposes for the 2023-2024 school year budget and the VOTING for members of the Board of Education will take place on Tuesday, May 16, 2023 between the hours of 1:00 and 8:00 P.M. daylight savings time at the Main Gymnasium of the Tri-Valley Central High School Building, in Grahamsville, New York.

PLEASE TAKE FURTHER NOTICE that petitions nominating candidates for the office of member of the Board of Education shall be filed with the Clerk of said School District at her office in the Administration Building, on or before 5:00 P.M. on Monday, April 17, 2023. Nominating petitions shall be directed to the Clerk of the District; must be signed by at least 25 qualified voters of the District; must state the name and residence address of each signer, and, must state the name and residence address of the candidate.

Vacancies on the Board of Education are not considered separate, specific offices; candidates run at-large. For 2023, there are three Board seats available which are three-year terms, commencing July 1, 2023 and ending June 30, 2026, for seats currently held by the following Board of Education members:

Patrick Kelly
Randall McGregor
Keith Stryker

Candidates whose names will appear on the ballot will have the opportunity to introduce themselves to the public at the Annual Budget Hearing on Tuesday, May 9, 2023, at 7:00 P.M. in the Secondary School Library Lower Level.

PLEASE TAKE FURTHER NOTICE that pursuant to a prior resolution of the District, personal voter registration is in effect. The dates for personal voter registration have been set for Wednesday, May 10, 2023, and Thursday, May 11, 2023, in the Administration Building, between the hours of 4:00 P.M. and 8:00 P.M. Voters may also register at the Office of the District Clerk on any business day through Thursday, May 11, 2023, between the hours of 8:00 A.M. and 4:00 P.M. Residents are reminded that their registration is valid if they have voted at any school or general election held within the 4 calendar year period prior to May 16, 2023. If a voter is eligible to vote under Article 5 of the Election Law and is registered with the Sullivan or Ulster County Board of Elections, he/she is also eligible to vote at this election. The register of voters prepared pursuant to Section 2014 of the Education Law shall be available in the office of the Clerk, to any qualified voter, on each of the five (5) days prior to the annual meeting, except Sunday, and at the polling place on the day of the vote.

PLEASE TAKE FURTHER NOTICE that military voters who are qualified voters of the School District may apply for a military ballot by requesting an application from the District Clerk at (845) 985-2296, ext. 5102 and normapena@trivalleycsd.org. For a military voter to be issued a military ballot, the District Clerk must have received a valid ballot application no later than 5:00 pm on April 20, 2023. Military Voters who are not currently registered to vote may apply to register as a qualified voter by filling out a Military Voter Registration Application, which can also be obtained by requesting an application from the District Clerk. Military Voter Registration Applications must be received by the District Clerk no later than 5:00 p.m. on April 20, 2023. Military voters may indicate a preference for receiving a military voter registration, military ballot application, or military ballot by mail, fax, or e-mail in their request for such registration, ballot application, or ballot. The School District will transmit military ballots to military voters no later than April 21, 2023. Completed military ballots must be received by the School District by 5:00 p.m. on May 16, 2023 in order to be counted. (Contd. Pg. 19)

LEGALS/PUBLIC NOTICES

(From Pg. 18)

PLEASE TAKE FURTHER NOTICE that in accordance with Section 2018-a of the Education Law, applications for ABSENTEE BALLOTS may be applied for at the office of the District Clerk. Absentee Ballots must be applied for unless the voter's registration is marked "permanently disabled" by the County Board of Elections. Such applications must be received by the District Clerk at least seven (7) days before the election if the absentee ballot is to be mailed to the voter (Tuesday, May 9, 2023) OR the day before the election (Monday, May 15, 2023), if the ballot is to be picked up personally by the voter. Absentee Ballots must be received in the office of the District Clerk not later than 5:00 P.M. on the day of the annual meeting. A list of all persons to whom absentee voter ballots have been issued will be available for public inspection during regular office hours of 8:00 a.m. and 4:00 p.m. in the District Office until the day of the election. Any qualified voter may, upon examination of such list, file a written challenge of the qualifications as a voter of any person whose name appears on such list, stating the reasons for such challenge. Such written challenge will be transmitted by the District Clerk to the inspectors of the election on the day of the vote.

Please be advised that due to the ongoing and dynamic nature of the response to the Coronavirus pandemic, the dates and procedures relating to school elections may be subject to change pursuant to the Governor's executive authority or through legislative enactments.

By order of the Board of Education
Norma Pena, District Clerk
Dated: March 17, 2023

4/6; 4/13; 4/20; 4/27

District Openings

Tri-Valley Central School

School Monitors (FT & PT)

Please forward resumes & Tri-Valley's application
(located at www.trivalleycsd.org) by **Apr 30th**
To: tri-valley-recruitment@scbooces.org
Attn: Monitor Search EOE

4/6; 4/13; 4/20; 4/27

LEGAL NOTICE:

NOTICE CONCERNING THE EXAMINATION OF ASSESSMENT INVENTORY AND VALUATION DATA
(Pursuant to Section 501 of the Real Property Tax Law)

Notice is hereby given that assessment inventory and valuation data is available for examination and review.

This data is the information which will be used to establish the assessment of each parcel which will appear on the tentative assessment roll of the Town of Denning, which will be filed on or about May 1st, 2023. The information may be reviewed, by appointment in the Assessor's Office at the Denning Town Hall at 1567 Denning Road, Claryville NY 12725.

An appointment to review the assessment information may be made by telephoning the Assessor at (845) 549-0552 or emailing the Assessor at:
assessor@denningny.gov.

Dated: 10th day of April, 2023

Patricia Masterson
Town of Denning Sole Assessor
Nap

4/13 ; 4/20

Tri-Valley Central School District Board of Education Meeting

Meeting for **April 11, 2023**
has been **CANCELED**

Please Take Notice:

Covid-19 Home Test Kits

are available at

Town of Denning Town Hall

1567 Denning Road • Claryville, NY

Mondays through Thursdays

8:30 AM - 3:00 PM

until they are gone

**Call (845) 985-2411 for more
information.**

Full Time Residents Only

Proof of Denning residency required

ONE kit per household

(2 tests)

Signature required

Count-down to Tri-Valley Lions Journey For Sight Walk & TAG DAY - May 6, 2023



2016 Journey for Sight participants

The Tri-Valley Lions Journey For Sight Walk will be held on Saturday, May 6, 2023. Registration will be at 8:30am at the Grahamsville First Aid Squad Building, with The Journey For Sight Walk starting at 9am around the Fairgrounds. The Walk is variable length, so whether you walk one loop around the fairgrounds or multiple, you are a Winner. We ask that all volunteers, Walkers, and Tri-Valley Lions members meet in front of the First Aid Squad Building for a Group Photo at 8:50am. This is our first walk since Covid hit, but we hope to have a good turnout this year. Coffee, water, juice boxes for the kids, snacks and pastries will be available to all Walkers and Volunteers starting at 8am at the First Aid Squad Building.

As you will see by the photos of the 2015, 2016, and 2017 Journey For Sight Walks, (watch next week's Townsman for the 2016 Journey For Sight participants) all our friends and neighbors are encouraged to join the Tri-Valley Lions for the May 6th Walk. We encourage all Walkers to collect pledges and bring the pledges and completed pledge sheets to the First Aid Squad Building at 8:30am on May 6, 2023. I've attached Pledge Sheets, and a Journey For Sight Poster in this week's Townsman. Pledge sheets will also be available on the morning of the Walk. Your pledges for the Walk and donations to our Tag Day enables the Tri-Valley Lions to continue our support donations to 5 local food pantries, the Heart-A-Thon, Leukemia and Lymphoma contributions to The Rhulen Walk and Trevor Loughlin Fund, perform eye screenings for local youth at our neighborhood Schools, Juvenile Diabetes, The Guiding Eyes for the Blind and so many more worthy organizations.

I will be contacting many of the past walkers to see if they will join us once again this year and to help make our 2023 Journey For Sight Walk a success. Bring the kids. Bring the family. You can reach me at 845-866-1579 or ejacob4848@gmail.com if you have any questions, would like to walk with us, or volunteer at this event. Thank you in advance and stay well and safe.

Esta Jacob
(Pledge Sheet Page 21)

- 1. Anyone under 18 years of age must have the signature of parent or guardian on the form.**
- 2. Each participant should encourage as many sponsors as possible. Sponsors may pledge as much as they wish.**
- 3. The Sponsor Pledge Form must be returned by 8:30 am on the day of the event.**
- 4. Pledges must be collected from your Sponsors and turned in at Registration or no later than June 1 to any Lion.**
- 5. The Journey For Sight will begin at 9:00 am. Participants must sign in between 8:30 am and 9:00 am at the GRAHAMSVILLE FIRST AID BUILDING (where the walk will begin and end). Refreshments will be available during this time.**
- 6. The event will be held rain or shine.**
- 7. All food and drinks given before, during, and after the event are free.**
- 8. Neither Tri-Valley Lions, nor Lions International will be responsible for injuries incurred during the event.**
- 9. It is suggested that Participants without pledges offer a donation of \$20.00.**

ST. MARK'S UMC
68 Clinton St
Napanoch NY

INDOOR YARD and CLOTHING SALE

Will be opened every Friday from 10 - 3

Something for Everyone!



COLONIAL FAMILY of FUNERAL HOMES

PRE-PLANNING, FUNERAL & CREMATION SERVICES VETERAN'S CARE, MONUMENTS & ENGRAVING

LOCATIONS IN WOODBOURNE, LIBERTY, MONTICELLO, LIVINGSTON MANOR & KAUNEONGA LAKE

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MONUMENTS INSTALLED IN ALL CEMETERIES
CREMATION MEMORIALS & BENCHES, MONUMENT LETTERING & CLEANING

Sundown United Methodist Church

Covered Dish Supper
5:30 pm

May 6, 2023
Tables with Yard Sale items will be available during the supper

Sundown United Methodist Church Hall



ST. ANDREW'S EPISCOPAL MISSION
The Little Church with the Big Heart
ALL ARE WELCOME!
Sunday, 8:00am Service of Holy Communion
Music by Fred VanWagner

5277 State Rt. 42 • South Fallsburg
845-436-7539

For information contact:
The Reverend Diana Southwick Scheide
Canon Missioner of the Delaware Catskill Episcopal Ministry
PO Box 296 Callicoon, NY
vicardcem@gmail.com
845-887-3201 • 717-870-7874 cell

CATHOLIC PARISH OF THE IMMACULATE CONCEPTION
(Embraces Fallsburg, Neversink, Sundown and Ulster Heights)
6317 Rte. 42, Woodbourne, NY

Weekend Mass schedule:
Saturday afternoon: 4:30 pm
Sunday morning: 9:00 am and 11:30 am

Daily Mass Schedule: Monday, Tuesday, Friday, and Saturday
Mass at 8:30AM.

Saturday afternoon confessions: 3:45 to 4:15 pm
Rev. Ignas Dhas MMI, Administrator
(845) 434-7643

Grahamsville United Methodist Church

Thrift Sale
April 15, 2023
9 am to 12 noon



Grahamsville & Sundown United Methodist Churches House Worship Plan
Worship Service & Tuesday Evening Bible Study Zoom Link

Join Zoom Meeting - Worship Service & Tuesday Evening Bible Study Zoom Link
<https://us02web.zoom.us/j/2029912673?pwd=R2lJYUhyTVdsQWdMUXZvTEtCeGdLZz09>
Meeting ID: 202 991 2673 Passcode: 012740

Dial by your location
+1 646 558 8656 US (New York)
+1 312 626 6799 US (Chicago)

The Bible Study continues every Tuesday at 7 pm.
If you are interested in joining the Bible Study, please feel free to contact the Pastor, Seung Jin Hong. 845-985-2283

Grahamsville Reformed Church

The Church with a friendly welcome

Pastor Kenneth Ronk
Sunday School 9:30 am
Worship Service 9:30 am
P O Box 238 - Route 55
Grahamsville, NY 12740
845-985-7480

Claryville Reformed Church

Claryville Road
Claryville, NY 12725
845-985-2041



Worship Services @ 10:00 am
Rev. Ken Tenckinck, Pastor
Church Hall available for rent
Call - 845-985-2041 for information

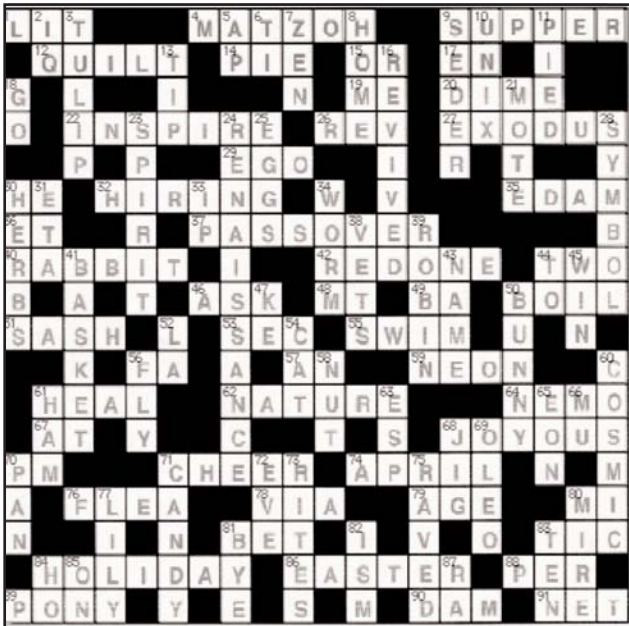
Loucks Funeral Home
Geoff and Heather Hazzard
"Celebrating Life, One Family at a Time"

79 North Main Street
Ellenville, New York
(845) 647-4343

St. Augustine's Chapel
Watson Hollow Rd. • West Shokan, NY

Sunday Mass - 9:30 am
Holy Days 5:30 pm
Penance 9:00 am, 2nd Sunday of the month
Rev. Thomas P. Kiely, Pastor

Ans to last week's Crossword



**GRAHAMSVILLE
UMC THRIFT MINISTRY**

Donations accepted in the Thrift Building
on Tuesdays
from 9:30 to 11:30 am or by appointment.

Call Ruth at 845-985-7222
The Grahamsville UMC Mission Team

<https://grahamsvilleUMC.org>

GrahamsvilleUMC@gmail.com—Seung Jin Hong, Pastor

**Sundown
United Methodist Church
Covered Dish Supper
Saturday, May 6, 2023 5:30 pm
at the Church Hall**

*Check out the tables with Yard Sale items available for sale
(Covered Dish Suppers will be held the
First Saturday of each month at 5:30 pm at the Church Hall)*

**Life After Loss: a Five-Week
Bereavement Series**

Mondays starting April 24, 7 pm,
at **St. Mary's St. Andrew's Church Hall**
137 South Main St. Ellenville

Open to all adults, no cost to attend.
Please pre-register by contacting **Jennifer**
at **Colonial Memorial Funeral Home**
845-434-7363

or register online at

<http://www.smsaparish.org/events>

All Aboard!
Join the Fun!
Play Mexican Train
FREE FUN every FRIDAY 1- 4 pm
in the upstairs meeting room
at the Neversink Town Hall

Also
WANTED
People to
play cards

SUUJI WA TANSU NI KAGIRU
answer

7	6	9	5	8	1	2	3	4
2	5	8	4	3	9	7	6	1
3	1	4	7	2	6	5	8	9
6	7	1	2	5	4	8	9	3
9	2	5	3	1	8	6	4	7
4	8	3	9	6	7	1	2	5
8	9	7	1	4	2	3	5	6
5	4	2	6	7	3	9	1	8
1	3	6	8	9	5	4	7	2

**Bingo at the
Monticello Elks Lodge
Every Tuesday at 7 PM
46 North Street in Monticello**

For information,
contact Past Exalted Ruler Ronni Scannell at (845) 701-0695

Sight & Sound Theater - Ronks, PA

Holy Cross Church in Callicoon is sponsoring a trip to see the show "Moses" on July 12th. The cost is \$155/adults and \$110 children 5-12. This includes admission to the show, transportation, and a smorgasbord lunch. Tickets must be paid for by June 1st. The bus leaves Holy Cross parking lot at 6:00 am and returns at approximately 7:30 pm. For info/reservations call: Pam Reinhardt 845-887-4714.

ARTISTS • CRAFTERS
Need a place to show and sell your crafts?
Call us at 845-985-0501
email: tvtownsman@yahoo.com
or visit our Virtual Mail
<http://gnomehomeinc.com>

VETERANS always Free search of the Archives for family or history of Sullivan County
at the Sullivan County Museum, 265 Main St., Hurleyville, NY.
For information call 845-434-8044.

LOCAL CALENDAR OF EVENTS

4/11/23	Denning Town Board Meeting 6:00 pm Denning Town Hall
4/12/23	Neversink Town Board Meeting - 7:30 pm
4/15/23	Grahamsville UMC Thrift Sale 9 am - 12 noon
4/16/23	Claryville Fire Department All You Can Eat Pancake Breakfast 8 am - 12 noon
4/18/23	Town of Neversink Zoning Board Meeting 7:30 pm
4/20/23	Denning Town Planning Board Meeting 6:00 pm Denning Town Hall
4/20/23	Neversink Fire District Commissioner Meeting 7:00pm
5/2/23	Claryville Fire District Monthly Meeting 6:30 pm
5/3/23	Town of Neversink Planning Board Meeting 7:00 pm
5/6/23	Sundown UMC Covered Dish Supper 5:30 Church Hall
5/9/23	Denning Town Board Meeting 6:00 pm Denning Town Hall

Save the Date!

May 6, 2023 **Tri-Valley Lions' Journey For Sight Walk** at 8:30 am at Grahamsville First Aid Squad Bldg and Fairgrounds. Call Lion Esta Jacob for more information at 845-866-1579.

TOWN OF OLIVE MEETINGS ARE AS FOLLOWS:

Unless otherwise noted, all **Town Board meetings** are held at the Town Meeting Hall, Bostock Road, Shokan at **7:00 pm**. Town Board Meetings are the **second Tuesday of each month** with the **audit/workshop meetings** being held the **Monday preceding the second Tuesday**.

Town of Olive Planning Board meets the **first and third Tuesdays of each month**. Meetings start at 7:30 PM at the Town Hall on Bostock Road, Shokan, NY. You can contact the Town Building & Zoning Department to confirm a meeting date if you would like to attend at 657-2015. If there is nothing on their agenda, they will cancel meetings.

Town of Denning - <http://www.denning.us>
Town of Neversink - <https://townofneversink.org>

Ulster County Legislature Weekly Calendar Update for the Week of April 10 - April 14, 2023

Monday, April 10

- o **5:00 PM - Community Services Board**, at 239 Golden Hill Lane, 2nd Floor Conference Room, Kingston
- o **5:00 PM - Charter Revision Commission**, in the Legislative Chambers, 6th Floor, County Office Building, Kingston, and by videoconferencing, Zoom Meeting ID: 840 4292 4344
- o **5:00 PM - Ulster County Traffic Safety Board**, in the KL Binder Library, 6th Floor, County Office Building, Kingston

Tuesday, April 11

- o **4:00 PM - Ulster County Economic Development Alliance Governance Committee**, in the KL Binder Library, 6th Floor, County Office Building, Kingston, 925 Sonoma Dr., Sacramento, CA, 920 Broadway, NY, NY and via Zoom, Meeting ID: 810 5842 4790
- o **4:15 PM** (or immediately following UC EDA Governance Committee) - **Ulster County Economic Development Alliance Board**, in the KL Binder Library, 6th Floor, County Office Building, Kingston, 925 Sonoma Dr., Sacramento, CA, 920 Broadway, NY, NY, 20 Esther Pl, Lake Katrine, NY and via Zoom, Meeting ID: 850 4615 5053
- o **4:30 PM - Special Meeting of the Public Works, Capital Projects & Transportation Committee**, in the Legislative Chambers, 6th Floor, County Office Building, Kingston
- o **5:00 PM - Ulster County Board of Health**, at 239 Golden Hill Lane, 1st Floor Commissioner's Conference Room, Kingston
- o **5:00 PM - Ways & Means Committee**, in the KL Binder Library, 6th Floor, County Office Building, Kingston
- o **6:30 PM** (or immediately following Ways & Means Committee) - **Caucus: Democrats**, in the Legislative Chambers, Republicans, in the KL Binder Library, 6th Floor, County Office Building, Kingston

Wednesday, April 12

- o **7:00 PM - Ulster County Planning Board**, at the Restorative Justice and Community empowerment Center, Conference Room A, 733 Broadway, Kingston

Thursday, April 13

- o **5:00 PM - Charter Revision Commission**, in the Legislative Chambers, 6th Floor, County Office Building, Kingston, and by videoconferencing, Zoom Meeting ID: 840 4292 4344
- o **6:00 PM - Laws, Rules & Government Services Committee**, in the KL Binder Library, 6th Floor, County Office Building, Kingston

Friday, April 14

- o No Meetings

Help your local business grow Advertise locally in *The Townsman!*

Classified ads - \$5.00
for the first 20 words/
20 cents each additional word

1" Boxed ad (1"x3")-
\$6.00 per week

Business card ad (2" x 3")
- \$12.00 per week

(3" x 4") - \$24.00 per week

(3" x 6") - \$36.00 per week

1/4 pg (4" x 5") - \$40.00 per
week

1/2 pg (4"x8") - \$64.00 per week

(6" x 8") - \$96.00 per week

Full Page - 8" x 10" -

\$100.00 per week

Digital Flyer Insert - 8"x10 -
\$100.00/week

.. Full Page Flyer for
Local Municipalities
and Organizations -
one time fee- \$20.00
(once the flyer is inserted
we will publish it each week
through the week of the event)

As in the past, there is no
fee for advertising for our
local churches

**Low Rates
High Visibility!**

Ulster County Clerk Recognizes April as National Donate Life Month and Urges Residents to Consider Organ Donation

Kingston, NY - Ulster County Clerk Nina Postupack is proud to announce that the Ulster County Department of Motor Vehicles (DMV) is teaming up with Donate Life NYS in observance of National Donate Life Month (NDLM) in April, celebrating the lifesaving impact made by organ, eye, and tissue donors. Donate Life NYS is the statewide nonprofit organization whose mission is to increase organ, eye and tissue donation in New York State through collaborative advocacy, education, research, and promotion. The theme of 2023's Donate

Life Month, "Make a Splash," was inspired by the natural world of a pond coming to life in the spring.

During the month of April, the Ulster County Clerk urges all residents to learn more about organ, eye and tissue donation and to say yes to donation while completing transactions at the DMV. Brochures, posters and enrollment forms will be on display in the lobby of the County Office Building throughout National Donate Life Month as a reminder of the importance of the gift of life.

While nearly 3,400 life-saving organ transplants were performed in state last year, more than 8,100 New Yorkers remain on the national organ transplant waitlist. In 2022, more than 400 patients awaiting an organ transplant in New York State died because the organ needed to save their lives was not donated in time.

"DMVs throughout the state have already helped near-



ly six million New Yorkers enroll in the New York State Donate Life Registry. By providing the opportunity for the public to enroll in the NYS Donate Life Registry, they are the key to saving and healing the lives of the thousands of New Yorkers in need of a transplant," explained Aisha Tator, Executive Director of Donate Life NYS.

"As the Ulster County Clerk, I am thrilled that we can offer visitors the chance to make a life-saving impact by enrolling in the New York State Donate Life Registry while conducting any license, permit, or non-driver ID transaction," said County Clerk Nina Postupack. "Throughout the month of April, our office is dedicated to raising awareness of the critical need for organ, eye, and tissue donation in New York State. We urge all residents to consider saying 'yes' to being a donor and making a profound difference in the lives of others."

Regardless of your medical history, all New Yorkers aged 16 and above can the New York State Donor Registry through forms used to apply for or renew a driver's license or non-driver identification card. By choosing to donate, you have the potential to save up to eight lives through organ donation, restore sight with cornea donations, and enhance the lives of 75 others with tissue donation.

To register, simply visit donatelifenys.org/register, and take the first step towards giving someone a second chance at life. Your kindness can make a lasting impact and create a legacy of compassion and generosity.

Learn more about National Donate Life Month and Donate Life NYS at donatelifenys.org and donatelifenys.org. To make an appointment at the Ulster County DMV, please visit <https://clerk.ulstercountyny.gov/countyclerk/motor-vehicles> and click the "Make an Appointment" link.

For further information on this or other outreach programs of the Ulster County Clerk's Office, please contact County Clerk Nina Postupack at (845) 340-3040 or countyclerk@co.ulster.ny.us, or find us on Facebook.



Learn about houseplants, herbal tea plants, and microgreens with 4-H!

LIBERTY, NY -Did you know you can grow a new plant from a cutting? Or that microgreens are more nutrient dense than mature plants? To share more knowledge of plants, Cornell Cooperative Extension Sullivan County's 4-H Youth Development Program staff are banding together with Horticulture Program Coordinator Katie Gasior to host an in-person workshop series for Sullivan County youth! The Youth Horticulture Series will take place on Friday April 21st, Friday May 19th, and Friday June 16th from 6:00 PM to 8:00 PM at the Extension Education Center in Liberty, rain or shine.

The classes, for ages ten and over, will be a hands-on learning experience covering topics like Propagating Houseplants, Growing your own Herbal Tea, and Growing Microgreens. They will begin with short lessons on plant germination, care, lifecycles and uses. The lesson will be followed by a demonstration, and a chance to get your hands in the dirt with individual plantings. Youth will learn how to create an environment a seed or plant can thrive in, and how to maintain that environment. Participants will be able to take their plants home and enter them as projects in the Sullivan County Youth Fair.

There is no fee, but preregistration is required for each session to participate. Youth can register for one or more of the sessions online at <http://sullivanccc.org/events>. Those with related questions can email sullivan@cornell.edu or call 845-292-6180.

Cornell Cooperative Extension Sullivan County provides equal program and employment opportunities. The public can contact the office to request accommodations.

Thompson Seeks Input on Comprehensive Plan Update

[Monticello, NY] - The Town of Thompson is soliciting feedback from local residents and businesses that will be used to update the community's comprehensive plan (also called a master plan). "The comprehensive plan is a document that provides direction on policy recommendations related to municipal services and future development," explained Bill Rieber, Thompson's Supervisor. "Public participation is an important part of the planning process, and we want to know what local residents and businessowners feel are the most pressing issues facing the Town today."

For now, residents can provide feedback in one of two ways - by completing an on-line survey or filling out a feedback form on the comprehensive plan website (thompsonstogether.com). A link to the survey is also available on the Town's web site at townofthompson.com or paper copies can be picked up at Town Hall. Survey responses will be collected through July 31, 2023. Please provide clear and concise responses to aid in the analysis and review.

Starting in May, the Comprehensive Plan Advisory Committee - a 13-member committee appointed by the Town Board -- will be hosting a series of informal "conversations over coffee" at various locations throughout the Town. In the meantime, residents can check the website (thompsonstogether.com) for meeting notes and updates on the committee's progress.

Anyone with questions or who would like to be added to an outreach list for future updates should contact Jill Weyer, the Town's Director of Community Development at jweyer@townofthompson.com.

SC Fraud Task Force Announces Arrests

Liberty, NY - The Sullivan County Welfare Fraud Task Force has made the following arrests:

- o March 19, 2023 - Lisa Keitt, 26, of Liberty, was arrested and charged with Theft of Services, a Class A misdemeanor, and Offering a False Instrument in the 1st Degree, a Class E felony. It is alleged that Keitt stole services totaling \$505.74 in Medicaid transportation benefits. On December 5, 2022 and on eight other dates, Keitt obtained a medical transportation ride by deception to two separate medical facilities to which she was not a client of, or the establishment was not in operation. For three of the medical transportation trips, Keitt signed trip tickets, creating false instruments that were filed with the Sullivan County Department of Social Services. These were Medical Assistance Benefits for alleged medical appointments that never occurred and to which Keitt was not otherwise entitled. Keitt was processed and arraigned in the Town of Liberty Court, then released on her own recognizance to return to the Town of Liberty Court at a later date.

- o March 22, 2023 - Toni L. McNamara, 51, of Liberty, was arrested and charged with Grand Larceny in the 3rd Degree, a Class D felony, and Offering a False Instrument for Filing in the 1st Degree, a Class E felony. It is alleged that from August 9, 2018 through March 2023, McNamara stole \$42,077 in Social Security survivor benefits for her granddaughter. It is alleged that McNamara claimed that William A. Vanloan, who passed away March 17, 2018, was the deceased biological father to her granddaughter when she knew that her son, Mario Molino Jr., was the actual biological father. McNamara was aware of this well before she had applied for the benefit and helped Molino pay for a genetic marker test in September 2010, which proved Molino was in fact the biological father. This was contrary to her filing documents with the Department of Social Security for survivor benefits in 2018 that she was not otherwise entitled to and fraudulently obtained. McNamara was processed and arraigned in the Town of Liberty Court, then released on her own recognizance pending a future court date in the Town of Liberty Court. It should be noted that the Sullivan County Welfare Fraud Task Force was assisted by the New York State Department of Financial Services' Fraud Bureau and the United States Social Security Administration Office of the Inspector General.

- o March 31, 2023 - Danielle J. Lacek, 40, of Liberty, was arrested and charged with Grand Larceny in the 4th Degree, a Class E felony. It is alleged that Lacek stole \$1,196 in SNAP benefits from the Sullivan County Department of Social Services by failing to disclose that she was in receipt of Unemployment Insurance Benefits between March 30, 2020 and December 31, 2020, during which she was also collecting SNAP benefits. Lacek was processed and released on an appearance ticket pending a future court date in the Town of Liberty Court. The Sullivan County Welfare Fraud Task Force was assisted in this investigation by the New York State Department of Financial Services' Fraud Bureau.

Ulster County Closes on Sale of Former IBM West Campus, Paving Way for Green Jobs and Workforce Innovation Center

KINGSTON, NY - Ulster County closed on the sale of the former IBM Kingston West Campus to National Resources, the real estate development company that previously purchased the majority of the larger East Campus portion of the property. National Resources has begun renovating the East Campus facility to create iPark 87, a 200-acre site with one million square feet of existing buildings, two million square feet of to-be-built warehouse and commercial space, and 800 units of workforce housing located off I-87 Exit 19 in the Town of Ulster, just north of the City of Kingston. The final sale price of the western portion of the property was \$6.8 million, payable to the County over ten years in equal installments. The agreement also includes the buyer paying back taxes and utilities for the property, bringing the total amount payable to the county to approximately \$7.34 million.

In addition to the sale of the western campus, the County also executed an agreement with National Resources to sell the last foreclosed parcel on the former IBM Kingston East Campus, marking the last step in transitioning the long-derelict property to an industry hub for the green economy.

“With these agreements we are completing the transfer of the entire property to iPark 87,” said Ulster County Executive Jen Metzger. “Now, National Resources can get to work signing leases with cutting-edge companies seeking to locate there, and we can move forward on building out our new Workforce Innovation Center and creating a pipeline for local labor into these new family-sustaining jobs.”

“We are excited to move forward with phase 2 of iPark 87 with the acquisition of the West Campus,” said Joe Cotter, president of National Resources. “We look forward to the continued support from the State, County, and the Town to bring this bold and challenging project to completion. I want to thank County Executive Jen Metzger for her dedication to moving this project forward so we can start attracting businesses and creating jobs for local residents as soon as possible.”

Earlier work by Congressman Pat Ryan as former Ulster County Executive laid the foundation for this important milestone.

“When I served as County Executive, from day one, I focused on revitalizing our economy and delivering good-paying jobs, and I’m proud and excited to continue that work now in Congress. This deal on the west side of the former TechCity campus is another huge step forward in turning the page on nearly three decades of failure at this site, and starts a new and exciting chapter that will provide opportunity for decades to come. I want to thank County Executive Jen Metzger for her partnership and commend her leadership in bringing this critical project over the finish line.”

County Executive Jen Metzger announced plans in her State of the County Address in February to create a Workforce Innovation Center at iPark 87. “Shifting to a green economy isn’t just good for our climate and our health - it is also a massive job creator,” said Ulster County Executive Jen Metzger. “Ulster County could see tens of thousands of new jobs in manufacturing, buildings,

transportation, renewable energy, and other green economy sectors, if we build the skilled workforce to take advantage of these jobs. A Workforce Innovation Center on site at iPark 87 will be a magnet for investments by these companies, which care first and foremost about finding a location with the right workforce.”

In March, Governor Kathy Hochul visited the site to announce a major investment from New York State to support the siting of a new large-scale zinc-based battery manufacturing company called Zinc8 to the site, which will bring over 500 middle-class jobs to Ulster County alone. Other green energy economy companies are also planning to locate their operations on the site, including Cadenza, another battery storage company.

The Center will involve a collaboration between Ulster County Government, SUNY New Paltz, SUNY Ulster, Ulster BOCES, community-based organizations, and the trades; and serve as a magnet for cutting edge companies to locate at the site. These employers will co-create curriculum so that people who train at the facility can step into jobs at these companies immediately upon completion of training programs.

County Executive Metzger is also committed to making these new opportunities broadly available by expanding access.

“Too often, people who need job opportunities the most don’t have access to them because of barriers like transportation and childcare,” said Ulster County Executive Jen Metzger. “We’re going to break those barriers down by offering childcare on site and making major investments in our UCAT system to get people there. This will become a national model for workforce development in the 21st century.”

OLIVE FREE LIBRARY

Be a part of the Town of Olive
Bicentennial celebration
at the Library!



**COMING SUMMER 2023:
TOWN OF OLIVE
BICENTENNIAL EXHIBIT!**

Help us create a complete
history of the Town of Olive

Contact Melissa at
museum@olivefreelibrary.org
about the items you have available
to loan for this exhibit

Items are due by May 1

Items will be returned to us next month gifted to the library.

cover photo from the digital archives of Olive Free Library: nyheritage.org/organizations/olive-free-library

We are looking for:

- pictures
- small memorabilia
- letters
- manuscripts
- interviews/voice recordings
- video recordings of town events
- brochures
- flyers
- momentos
- old school books
- books about people who lived in Olive

Reserve your Table for the Catskills Great Outdoor Expo

Reserve your table for the Catskills Great Outdoor Expo, being held at the Catskills Visitor Center in Mount Tremper, NY on Saturday, June 10, 2023.

TO GUARANTEE YOUR TABLE RESERVATION, BE CERTAIN TO COMPLETE PAYMENT VIA YOUR SHOPPING CART.

Premium tables will be located in a high-exposure area at the entrance of the Expo. Exhibitors with premium tables are featured in all Expo advertising and promotions.

To reserve your table go to:

https://catskillcenter.org/membershipsponsorship/great-catskills-outdoor-expo-exhibitor-application?mc_cid=b64a83f99e&mc_eid=741885eb1c

Catskill Fly Fishing Center Presents 2023 Fly Fishing Film Tour

The Catskill Fly Fishing Center & Museum (CFFCM) is proud to host a screening of the 2023 Fly Fishing Film Tour, a collection of 10 short films celebrating the art and sport of fly fishing. The annual Fly Fishing Film Tour (F3T) is a traveling roadshow of the best fly fishing films in the world. Through a submission process, films are selected and screened across the country. The F3T film festival aims to inspire community and support conservation efforts worldwide. The evening's live emcee will be CFFCM Trustee Tim McCausland and raffle prizes include goods and gear from several of the festival's sponsors, as well as over 30 local fly shops, national fly fishing brands, and local businesses. The screening will take place on Friday, April 14th, at 5:30PM in the Wulff Gallery at CFFCM in Livingston Manor, New York. Tickets for the event are \$25.

The Fly Fishing Film Tour is proudly presented by Costa, YETI and Simms Fishing. The event is sponsored by national brands including: Scientific Anglers, Dale's by Oskar Blues Brewery, Rarewaters, Sage, Outside, Fly Lords, Puffin Drinkwear and She's Fly. Additionally, The Catskill Fly Fishing Center and Museum has secured 36 food, drink, and raffle sponsors. Local favorites like Catskill Brewery, The Smoke Joint, The Katskeller, Upward Brewing, and Land & Water Realty are donating food and drink for all guests. Raffle and silent auction items worth over \$6000 will also be part of the evening's festivities.

Special thanks to the event's local corporate sponsor, Sullivan Catskills Visitor Association, for covering the licensing fee for the film screening and thus allowing all proceeds from the night to go back to CFFCM.

Event information including a full list of sponsors can be found here. cffcm.com

Tickets can be purchased here. cffcm.com

About the Catskill Fly Fishing Center & Museum

The Catskill Fly Fishing Center & Museum (CFFCM) is a nonprofit organization dedicated to preserving the heritage of fly fishing in the Catskills and educating the next generation

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Please call for availability first

of anglers and conservationists. Situated in the birthplace of American dry fly fishing, CFFCM operates a museum and contemporary education center amidst a stunning 50 acre campus. Located on the banks of the famed Willowemoc Creek, the Center provides a vibrant cultural hub with a global reach to fly fishers around the world. CFFCM is a place for the luminaries of fly fishing to engage anglers and naturalists of all ages and levels of experience, to enrich the future of fishing, and to ensure the sustainability of the delicate ecosystem on which it depends.

For more information on mission, programs and upcoming events visit cffcm.com.



Attention all campers! This is your monthly trivia update:

The next Trivia Night at The Sullivan House is next week, Wednesday, April 12th! 7pm, as usual, at The Sullivan House Bar and Grill. 544 Wurtsboro Mountain Road, Wurtsboro, NY (see attached flyer) <https://sullivan-house-bar-grill.business.site/>

This one's Character Trivia, so it's a game and a bit of a show.

The next Trivia Night at The Tango Cafe will be the usual third Thursday, i.e., Thursday, April 20th! 7pm go time. Seating begins at 6:30pm. Pre-registration is highly recommended to ensure your team gets a table. Reservations can be made at tangocafe@hacny.org or 845-520-5453 (see, also, attached flyers - these will give you some hints as to the evening's themes)

This one's a bit more nerdy but, then, so am I.

Both evenings are free. Food and drink available and advised.

Hope you can make one or both!

Arthur A.



Attention Actors and Performers

River Rep Theatre will hold auditions for its World premiere production of the dystopian classic **WE**, adapted and directed by Christopher Peditto, opening July 28 at the Delaware Valley Opera Center in Lake Huntington, NY.

All ages and types are sought. We have an open-door, colorblind casting policy. AEA and non-union actors, including first-time performers, are welcome.

Please send a headshot or photo and reel (if available) to:
riverreptheatre@gmail.com.

Scenes from the play will be sent to applicants,
from which you can choose a scene or monologue for your audition.

AUDITION DETAILS

WHEN: Sunday, April 23: 10am-2pm

WHERE: Delaware Valley Opera Center. 6692 NY-52, Lake Huntington, NY 12752

To schedule an appointment, email us at: riverreptheatre@gmail.com.

Walk-ins also welcome. Questions? Call 718-490-3050.

Learn more at riverrep.org

Gillibrand's Daily News OPED on Her Master Plan on Aging

New York, NY - ICYMI, Senator Kirsten Gillibrand penned an oped for the New York Daily News highlighting her new Master Plan on Aging. The 5-point plan would ensure every American has the support needed to age with dignity and financial security, and address nutrition, health care social security and financial security, the ability to age in place and employment.

Not too long ago, a man named Jonathan in Westchester County reached out to my Senate office for help. A retired older adult on a fixed income, Jonathan was struggling to pay for his multiple medications. He told us that one of these medications - for his leukemia - was no longer covered by Medicare because the price had increased to \$2,700 a month.

Stories like this are far too common. But they demonstrate just one of the many challenges that older Americans face - everything from housing and food insecurity to skyrocketing health care costs, insufficient retirement savings, and elder abuse.

There are more than 75 million Americans aged 60 years and older, and that number will rise in the coming years. By 2034, the number of adults 65 and older will be greater than the number of children under age 18. But even as the number of older adults grows, as a nation we are still woefully unprepared to meet the needs of a rapidly aging population.

With prices still high on everything from food to housing, more older Americans are struggling to make ends meet. Many are going homeless or experiencing food insecurity. Others are relying on friends and family for much-needed care because they cannot afford a professional caregiver. Still more are being abused or falling victim to scams that target older adults.

Unless we take the needs of older adults more seriously, our nation will face the pain and consequences of an aging, uncared for population.

As a member of the Special Committee on Aging, it is one of my top priorities to make sure older Americans get the support they need to age with dignity and prosperity. Which is why I developed and plan to pass in Congress a five-point Master Plan on Aging. First, we must ensure older Americans have access to affordable and healthy meals. About 5.2 million older adults nationwide, including an estimated 7.6% of older adults in New York, were food insecure in 2020. My plan would increase access and funding for the affordable, nutritious foods that our older Americans need to stay healthy.

Second, we must guarantee that older Americans have access to affordable and reliable health care. The high cost of drugs causes many Americans to delay or skip taking needed treatments. In addition, untreated oral health problems or hearing or vision loss can lead to serious risks for overall health. I am working to protect Medicare, expand coverage to include dental, hearing, and vision benefits, and continue bringing down the cost of prescription drugs. I'm also writing a new



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Wednesdays @ 5PM

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- Drop-in, no RSVP required.
- Mats and props are provided (students may bring their own if they prefer).
- All classes are 50 minutes long.
- \$15 per class. Payable via cash or Venmo.

bill that would make sure more people suffering from mental or other health challenges have access to the high-quality services they need.

Third, we must ensure older adults have economic security in their retirement. I support legislation to protect and expand Social Security, stop age discrimination in employment, and to provide more tools to respond to and prevent financial scams and abuse.

Fourth, we must safeguard the right to age in place and enable older Americans and people with disabilities or mobility challenges to remain in their homes, stay active in their communities, and lead independent lives. The overwhelming preference of older adults is to age in place in their own homes, and caregiver support is critical to being able to age in place. There are 2.5 million unpaid family caregivers throughout New York State, and more than 1 in 5 Americans are currently involved in family caregiving for loved ones who are ill, disabled, or elderly. I am working to expand and invest in home and community-based care services and provide more support for family caregivers by extending Social Security credit eligibility to caregivers.

Finally, we must invest in affordable, accessible, aging-friendly spaces and employment. As many older Americans start to develop problems with seeing, hearing, and mobility, they face increased barriers to living and working. More than 40% of Americans age 65 and older have some kind of disability. Moreover, workers older than 55 are a critical segment of the American economy. I support several bills to make sure older Americans can work, live, and move around comfortably in their communities, and have access to affordable and accessible housing, transportation, and other services.

When you look at how a society cares for its older adults, it gives you insight into its values. That is why it is important that we invest in our older loved ones. By working to address the areas of greatest need for older adults and their caregivers, we can ensure a brighter future - not just for older adults, but also for our economy, our communities, and our world.

Governor Hochul Grants Clemency to Seven Individuals

Governor Kathy Hochul today granted clemency to seven individuals. This action, granting five pardons and two commutations, recognizes individuals demonstrating remorse, exemplifying rehabilitation, and displaying a commitment to improving themselves and their communities. The Governor's action includes a reduction in the sentence of an individual originally convicted under the Rockefeller Drug Laws and who had been serving one of the longest sentences for a non-violent drug-related conviction in the State. Today's action fulfills and underscores the Governor's commitment to granting clemency on an ongoing basis, rather than only once at the end of the year.

These grants follow Governor Hochul's commitment to dedicating additional staff resources to reviewing applications, which helps ensure this ongoing process can occur in a meaningful way and that every application can receive the thorough and timely attention it deserves.

"As Governor of New York, it is my responsibility to exercise the power of clemency to show that change and redemption are possible," Governor Hochul said. "I am proud that we have dedicated the resources necessary to begin to grant clemency on a rolling basis, and I am committed to continuing our efforts to reform the process to best serve New Yorkers."

The Governor's Office has taken a number of steps to improve transparency and communication in the clemency process. The Executive Clemency Bureau has implemented a new policy of sending regular letters to people with clemency applications, informing them of their case status, and providing information about how to submit supplemental information in support of their applications. The Governor's Office also launched an updated online web hub to assist clemency applicants with the application process; this hub includes newly created template clemency application forms for both pardons and commutations to provide prospective applicants with improved guidance about what information to include when they apply.

The Governor also convened a Clemency Advisory Panel comprised of impartial experts to assist in advising the Governor on clemency applications. Following recommendations from the Clemency Advisory Panel, Governor Hochul is commuting the sentences of two individuals, one of whom will be referred to the parole board, and granting pardons to five individuals with strong ties to the United States who are facing immigration consequences as a result of convictions that are at least a decade old.

Pardons

Georgia Weir-Demercado, 49, has lived a crime free life for 27 years and has earned an Associate's Degree, Bachelor's Degree, and a real estate license. She came to the United States at the age of six and has lived in the United States for more than 40 years. She is married to a United States citizen and has three United States citizen children. Ms. Weir-Demercado

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was convicted of Attempted Criminal Sale of a Controlled Substance in the Third Degree in 1995. A pardon will help her pursue naturalization to become a United States citizen.

Asdrubal Gonzalez, 64, has lived a crime free life for 30 years. Mr. Gonzalez entered the United States as a Lawful Permanent Resident in 1971 at the age of 13, more than 50 years ago. He has a wife and two daughters who are all U.S. citizens, has been gainfully employed at an engineering firm for close to three decades, and is an active member of his local church community. He was convicted of Attempted Criminal Sale of a Controlled Substance in the Third Degree in 1993 and Attempted Criminal Possession of a Controlled Substance in the Third Degree in 1991. A pardon will help him pursue naturalization to become a United States citizen.

Ashan Grant, 46, has lived a crime free life for 19 years. Mr. Grant, a Canadian citizen and resident, serves as a mentor in his community and operates a small business. He was convicted of Criminal Possession of Marijuana in the Fourth Degree in 2003. A pardon will help Mr. Grant visit his son and other family members living in the United States.

Pawel Sztremer, 46, has lived a crime free life for 23 years. Mr. Sztremer moved to the United States at 14 years old and has lived here for more than 30 years. He currently owns and operates a landscaping and snow removal business. Mr. Sztremer was convicted of Harassment in 1996, Petit Larceny in 1998, Criminal Mischief in the Fourth Degree in 1998, and Attempted Burglary in the Second Degree in 1999. A pardon will help remove the threat of deportation and help him pursue naturalization to become a United States citizen. (Contd. Pg. 32)

Governor Hochul Grants Clemency to Seven Individuals

(From Pg. 31) Gerson Ramirez, 36, has lived a crime free life for 13 years. Since his most recent conviction, he has earned a college degree and maintained employment at a restaurant for more than 10 years, now serving as the manager. Mr. Ramirez was brought to the United States when he was approximately 18 months old and has lived in the U.S. for nearly his entire life. Mr. Ramirez was convicted of Aggravated Unlicensed Operation of a Motor Vehicle and Aggravated DWI in 2009, and Driving Without Seatbelt, Following Too Close, Driving While Ability Impaired by Alcohol, and Driving Without License in 2004. A pardon will help Mr. Ramirez avert the threat of deportation and remain in the United States with his wife, infant child, and other U.S. citizen family members.

Commutations

Bryon Russ, 47, was convicted of four counts of Robbery in the First Degree, two counts of Burglary in the First Degree, Burglary in the Second Degree, Robbery in the Third Degree, Assault in the First Degree, Criminal Possession of a Weapon in the Second Degree, and Conspiracy in the Fourth Degree in 2001. Mr. Russ was sentenced to 40 years in prison, of which he has served close to 23 years. While incarcerated, Mr. Russ has enrolled in and continues to take courses toward his Bachelor's Degree, has worked as a teacher's assistant for other incarcerated individuals seeking their GED, has become an accomplished legal researcher, and earned a paralegal certification after completing an eight-month course in 2022. Mr. Russ has also engaged in a wide range of counseling and volunteer work, including as a facilitator of anti-violence and aggression replacement programs and a participant in Rehabilitation Through the Arts. With his wife, Mr. Russ also started an initiative that raises donations to buy backpacks and school supplies for children in need; now an annual event, this effort has led to more than 200 hundred backpacks and supplies being given out to children in New York State. Upon release, Mr. Russ will live with his wife.

Joaquin Winfield, 58, was convicted of Criminal Possession of A Controlled Substance in the First Degree, two counts of Criminal Possession of A Controlled Substance in the Third Degree, Criminal Sale of A Controlled Substance in the Third Degree, Criminal Use of Drug Paraphernalia in the Second Degree, and Criminal Possession of a Weapon in the Fourth Degree in 1997. Mr. Winfield was sentenced to 37 and a half years to life in prison under the Rockefeller Drug Laws in place at the time and has served more than 26 years. His sentence is now among the longest of any in the State stemming from a conviction for drug-related non-violent offenses. Under his original sentence, Mr. Winfield would not see the Board of Parole until 2034. His sentence is being commuted to allow him an earlier opportunity to appear before the Parole Board so that the board can make a determination about whether he is suitable for parole.

LETTER TO THE EDITOR

Inadequate U.S. Defense Budget

Our proposed defense budget of \$842 billion, which is 3% of GDP, does not meet our national security needs when facing an expansionist Russia in Europe; China's buildup and threats in the Pacific; North Korea's war-like attitude towards South Korea; and Iran's moves in the Middle East. We should be spending 6% to 7% of our GDP on defense; and should increase the proposed budget to \$892 billion.

The Army needs another 20 brigade combat teams, including infantry, armored and stryker units; and combat aviation brigades. This will help it to deter our adversaries and conduct potential combat operations in Europe, the Middle East and the Southeast Pacific. Our Air Force needs more stealth bombers, and it must increase the inventory of fighters, bombers, tankers, and airlift aircraft. The Navy has 298 active ships, including 11 carrier strike groups, and needs another 100 ships, including two carrier strike groups, to meet minimum requirements to project our sea power, patrol the oceans and conduct naval wartime operations. The Marine Corps needs another five infantry battalions, and another five fixed wing squadrons. Additionally, we have to restock our ammunition inventory which has been depleted due to the commitment to Ukraine.

Donald Moskowitz
Londonderry NH

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HURLEYVILLE HISTORY HIKE
ALONG
THE MILK TRAIN TRAIL
JOIN
SULLIVAN COUNTY HISTORIAN
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THE LENAPE AND THEIR CULTURE EARLY SETTLERS
THE 1907 TRAIN WRECK FARMING IN THE REGION
FOLKLORE & LEGENDS THE RAILROAD AND THE RESORTS
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FROM THE HEART OF OUR HISTORY

Governor Hochul Announces \$13 Million Available to Expand Home-based Crisis Intervention Services for Children and Youth

Teams Aimed at Helping Vulnerable Children and Youth Remain with Their Families During Mental Health Treatment; Aid in the Recovery Process

Funding Will Establish the First Teams Dedicated to Serving Children with Developmental Disabilities and Mental Illness

Governor Kathy Hochul today announced the availability of more than \$13 million in state funding to expand access to Home-Based Crisis Intervention teams throughout New York State. Administered by the state Office of Mental Health, this funding will help create 13 new teams and expand 26 existing ones, enabling them to provide critical mental health services so that at-risk children and youth can avoid psychiatric hospitalization.

"Hospital settings can be distressing for anyone, much less a child or young person contending with a mental health issue," Governor Hochul said. "Home-Based Crisis Intervention teams provide vital mental health care to these individuals in surroundings familiar to them so that they can avoid the emotional trauma often associated with hospitals. Expanding these teams statewide will allow more families to receive this care at home and help reduce the need for hospitalization."

The Office of Mental Health will provide \$6.2 million to create 11 new teams to serve children and youth between the ages of 5 and 21, who are at imminent risk of psychiatric hospitalization. The agency also partnered with the Office for People with Developmental Disabilities and the Developmental Disabilities Planning Council in an effort to establish two teams that will exclusively serve children or youth dually diagnosed with both a developmental disability and mental illness.

OMH is also providing \$7.3 million to expand existing teams serving children in crisis. There are 26 teams statewide, which assist roughly 2,600 children.

Office of Mental Health Commissioner Dr. Ann Sullivan said, "Home-based crisis intervention allows us to provide young people dealing with serious mental health issues with the help they need, in their own homes, with their families and caregivers. This is extremely important in the recovery process, enabling children and families to thrive in their communities. Home-Based Crisis Intervention teams are highly effective, and this expansion will help us to serve many more young people and families."

Office for People with Developmental Disabilities Commissioner Kerri E. Neifeld said, "Supporting children with developmental disabilities to live at home with their families in their community is a priority for OPWDD. Ensuring access to crisis services is a key component of that support and a vital part of OPWDD's five-year strategic plan. I applaud Governor Hochul for supporting us and our sister agencies to meet this long-standing need and am grateful to the Office of Mental Health and the Developmental Disabilities Planning Council for

their partnership in this critical expansion of services that will benefit children and their families."

Developmental Disabilities Planning Council Executive Director Vicky Hiffa said, "Access to the timely care that will be provided by the specialized Home-Based Crisis Intervention teams will be critical for youth in crisis to avoid out of home placements. The Developmental Disabilities Planning Council is proud to support the creation of two Home-Based Crisis Intervention teams, which will provide youth with developmental disabilities and their families with the necessary tools to respond to an acute mental health crisis while being able to remain at home."

Governor Hochul's FY 2024 Executive Budget proposes significant increases for children's mental health, including \$5 million in additional funding for Home-Based Crisis Intervention teams; \$20 million to expand mental health services in schools by increasing Medicaid payment rates for school-based satellite clinics; a \$10 million investment to expand school-based wraparound services, including an annual investment to provide the start-up funding necessary to get new and expanded school services in operation quickly; and \$10 million in grants to suicide prevention programs targeting high-risk youth. When enacted, these investments will improve mental health supports for children and youth throughout the state.

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ELLENVILLE REGIONAL HOSPITAL AUXILIARY FUNDRAISER

TASTE OF BROADWAY II

SUNDAY, AUGUST 27, 2023 MATINEE AT SHADOWLAND THEATER

GABY'S CAFE
TICKET PRICE OF \$99
LUNCH 11:45/SHOW 2 P.M.

The Million Dollar Quartet

Impromptu country rock musical super group of Elvis Presley, Jerry Lee Lewis, Carl Perkins, and Johnny Cash will be performing.

DON'T MISS THIS EXCITING AND FUN FILLED DAY IN ELLENVILLE!

Make check payable to "ERH Auxiliary". Subscriber's tickets will be discounted. Call me with questions, your phone #, and choice of entree at 845-210-7120.

Mail to: Helene Morris, PO Box 105, SPRING GLEN, NY 12483

" A Taste of Broadway II "

Sunday, August 27, 2023

Lunch at Gaby's Café before the Show

11:45 Start / Open Seating

Menu

Chips & Salsa

Gaby's House Salad

Choice of main entrée**Pollo 5 de Mayo**

Egg battered, pan seared chicken breast with capers, fresh tomato in a reduction of fresh garlic, white wine and lemon juice.

Pernil al Horno

Roast Pork, Gaby's Style.

Veggie Fajita

Roasted vegetables.

Dessert

Assorted Cookies

Soda / Coffee / Tea

Cash Bar

Please call ERH Auxiliary Event Chairperson Helene Morris at 845-210-7120
with your selection.

(You will be given your ticket at the restaurant)

Claryville Vol. Fire Department Craft and Vendor Fair, Community Yard Sale, and Open House



All Vendors are wanted!

New, Used, and Handmade items -- Something for Everyone!!

When: Saturday, August 26th, 2023

Rain or Shine

Where: Claryville Fire Dept.
1500 Denning Rd
Claryville, NY 12725

Time: 10 AM – 3 PM

Setup start time: 8 AM

Break Down by 3 PM - *vendors must stay until 3pm*

Regulations for Sellers:

- Open to all sellers, artisans, antique dealers, and crafts on a first come first serve basis.
- Food will be available for sale throughout the day
- **FEE** \$15 per table. Tables are 8ft long or 8ft picnic table (If you require the use of an outlet \$20 per table)- **tables are provided.**
- ****Claryville Fire Dept is not responsible for any lost, damaged, or stolen merchandise****

For more information or to register, please contact Jennifer at 845-807-6563; email at claryvillefd@gmail.com.

Payment and registration must be submitted by July 1st to reserve your spot. Payment will no longer be accepted on the day of the event!



CLARYVILLE VOLUNTEER FIRE DEPARTMENT STATION 65

1500 DENNING ROAD - CLARYVILLE, NEW YORK 12725
845-985-7270

Claryville Craft and Vendor Fair and Community Yard Sale Registration Form

Saturday, August 26th, 2023

Rain or Shine

Vendors Name: _____

Mailing Address: _____ City: _____ State: _____ Zip: _____

Telephone number: _____ Email: _____

Description of Merchandise: _____

of tables needed: _____ Electricity needed (inside the building only): Yes ___ No ___

Choose type of table: 8ft table _____ or 8ft picnic table (outside) _____

Please check if you would like to be either outside under the pavilion or inside the building.
*****spots inside the building are first come first serve based on postage date of application*****

Pavilion: _____ Inside the building: _____

Amount Due: _____ Check if paid: cash: _____ check #: _____

Signature of vendor: _____ Date: _____

Cost: \$15.00 per 8ft table or \$20.00 an 8ft table with *electricity*. *Please note vendor spot fee is nonrefundable * Initials _____ Donation for door prize (an item raffled off for vendors) Yes ___ No ___

Event time: is 10:00 AM to 3:00 PM Set Up is 8:00 AM

****I understand that Claryville Fire Dept shall not be held responsible for any lost, damage or stolen merchandise**** Initials: _____ date: _____

Vendors are responsible for leaving their area in the same condition as they found it.

Registration forms and payment must be submitted by July 1st to reserve your spot!

****Payment will no longer be accepted the day of the event! ****

Make checks payable to Claryville Volunteer Fire Department

1500 Denning Road Claryville, NY 12725

Attn: Jennifer Pisaniello

Tri-Valley Elementary School
"INSPIRE SUCCESS TOGETHER"



Tri-Valley Elementary School Kindergarten Registration

**Do you have a child that will be 5 years old by
December 1, 2023?**

If so, please call 845-985-2296 ext. 5405 or send an email to:
registration@trivalleycsd.org if you are interested in registering your child
for Kindergarten in the upcoming school year!

(If your child attended the Tri-Valley UPK program in the 2021-2022 school year they do
not need to register for Kindergarten)



UPK Registration

**Do you have a child that will be 4 years old by
December 1, 2023?**

If so, please call 845-985-2296 ext. 5405 or send an email to:
registration@trivalleycsd.org if you are interested in registering your child
for UPK in the upcoming school year!

**When you call or email please leave your name, your child's name
and phone number where you can be reached.**

The Forestburgh Playhouse Academy Announces Summer Programs for Young Artists

The Forestburgh Playhouse team is thrilled to announce an exciting lineup of performing arts education opportunities this Summer! Registration is now open for FBP Academy's summer programs, designed to educate and enrich young artists who love to sing, dance and perform. The Academy is offering two exciting programs this summer: the one-week Musical Theatre Intensive for 8-12 year-olds (August 6-12), and the two-week Theatre For Young Artists Musical Camp for 13-17 year-olds (August 14-26).

The Musical Theatre Intensive is back and better than ever! Young Artists will work with experienced instructors to hone their skills in singing, dancing and performing. The week will culminate in an original musical re-telling of Hercules, performed for family and friends.

The Theatre For Young Artists Musical Camp is a brand new program this year, designed specifically for older Young Artists. During the two-week camp, participants will work one-on-one with working NYC-based directors, choreographers and music directors to mount a full-length production of The SpongeBob Musical.

"We are thrilled to offer these exciting programs to young artists in the area," said Franklin Trapp, Director of FB Playhouse and Academy. "Our instructors are passionate about teaching and inspiring young performers, and we can't wait to see what they will achieve this summer."

Registration is now open, and spots are limited. Interested families can visit the Forestburgh Playhouse Academy website to learn more and register. <https://www.fbplayhouse.org/education-series>

About Forestburgh Academy:

FBP Academy is a leading performing arts school for young artists in the Sullivan County Catskills. With a focus on nurturing talent and inspiring creativity, the Academy offers a range of programs and classes for young students of all levels of experience.

Call: 845-794-2005 Email: info@fbplayhouse.org

Website: www.fbplayhouse.org/education-series

New Interim Managing Director Joins Shadowland Stages

Brittany Proia Joins Leadership Team at the Hudson Valley Professional Theatre

Ellenville, NY - The Board of Directors of Shadowland Stages is pleased to announce that Brittany Proia has been appointed the theatre's new Interim Managing Director. Proia is a Hudson Valley based producer, director, performer, and educator, who had been serving as education coordinator for Shadowland Stages.

"We're thrilled to have Brittany Proia move into this position," said Jim McIntyre, President of the Shadowland Board of Directors. "Her administrative and artistic experience reflects a remarkable skill set that will serve as the perfect complement to Brendan Burke, our long-time artistic director. We are confident that this new leadership team will usher Shadowland into a new era as we continue our return to pre-pandemic programming."

Proia arrived in the Hudson Valley in 2017 to serve as the founding co-artistic director of DENIZEN Theatre in New Paltz, NY.

Proia also serves as Dramatists Guild Ambassador for Eastern New York, providing support and education to the region's playwrights, and is a lecturer and guest director at the State University of New York at New Paltz. During her tenure, DENIZEN Theatre

produced three full seasons of new plays, nearly all of which were world, regional, or US premieres. Following her success in New Paltz, Proia joined the Hudson Valley Performing Arts Laboratory as Executive Director in 2021. HVPAL is a women+led devised theatre and arts education organization. At HVPAL, Proia oversaw their accessible education program alongside Artistic Director Liz Dahmen and co-produced Performing Art (the devised, site specific collaboration with the Dorsky Museum in New Paltz), and the new musical cycle Shakespeare Unplugged by Scotty Arnold with Powerhouse Theatre in Poughkeepsie.

As a performer, Brittany has worked at regional theatres across the US and off-broadway. Most recently she was seen at Great River Shakespeare Festival in ALWAYS.. PATSY CLINE (Patsy), and TWELFTH NIGHT (Feste), and has assisted in the development of new work with MTF, The PiTCH at Rev Theatre Co, NYMF, BMI MT Workshop, Powerhouse Theatre, the Voices of Women Theatre Festival in Tampa, and Catskill Mountain Shakespeare. This past Fall, she co-produced the world premiere play BLOOM BLOOM POW by Genevieve Simon directed by Katherine Wilkinson at ART/New York in NYC, a New Georges Supported Production. Brittany holds an MFA from the FSU/Asolo Conservatory for Actor Training and a Bachelor of Music from NYU's Steinhardt School. She is a proud member of Actor's Equity Association, the Dramatists Guild, a graduate of the Ulster Leadership Development Institute, and a proud 'key'- of The Ring of Keys- a national network of queer women, trans, and gender non-conforming artists.

Shadowland Stages, entering its 38th year, is a professional Equity theatre located in New York's beautiful Hudson Valley. The theatre produces a season between May and December of seven shows, including a musical and a holiday production. Shadowland also houses the Academy at Shadowland Stages, a separate education program providing classes in acting, dance, and music for kids and adults.

Shadowland Stages' MainStage Theatre is located at 157 Canal Street in Ellenville, NY. Tickets can be reserved by calling the box office at (845) 647-5511 or online at shadowland-stages.org.

JIM YORK
163 Krumville Road, CR2A
Olive Bridge, N.Y. 12461

State and Federally Licensed
(845) 657-6330 (Ph.)
(845) 657-7031 (Fax)
Email: jyork@hvcrr.com

JIM'S GUNSMITHING, INC.

www.Jimsgunsmithing.com

CUSTOM STOCK, METAL WORK, BLUEING,
GENERAL REPAIRS, SIGHTWORK, ETC.
BUY - SELL - TRADE - TRANSFERS

Start at Route 28 and Reservoir Rd in Shokan 1.7 Miles

← Turn LEFT onto Monument Road

Continue onto NY-28A West 1.8 Miles

← Turn LEFT onto NY-213 1.1 Miles

→ Turn RIGHT onto Krumville Road/CR-2A 0.8 Miles

Gun Shop on LEFT

Start at Route 209 and 213 in Stone Ridge

-Going Towards Olivebridge 7.5 Miles

← Turn LEFT onto The Krumville Road/CR-2A 0.8 Miles

Gun Shop on LEFT



JOIN US!

WE ARE HERE TO HELP!

RESOURCE DAY

The Town of Fallsburg in partnership with Action Toward Independence (ATI). Presents day where you can learn about free income based resources.

ATI and other agencies will be providing on-site application assistance for primary heating improvement, heating replacement, home winter weatherization, replacement of windows, food storage appliances repair/replacement (refrigerators or freezer) and home efficiency related repairs for owners and renters of the Town of Fallsburg community.

Veterans are strongly encouraged to attend!

Sunday
April

30TH

From 11am -4pm

At the
Youth-Senior Center
12 Laurel Dr
South Fallsburg NY



for more information call The Office of
the Town Supervisor, Kathy Rappaport

(845)434-8810, EXT. 5

PURCHASE YOUR TICKETS IN ADVANCE



\$15.00

FOOD PROVIDED BY
TASTEFULLY BRITISH

FISH OR CHICKEN & CHIPS DINNER

SATURDAY, APRIL 22

4:30pm to 6:30pm

NEVERSINK FIRE HOUSE • Rt. 55

**Each single serve meal ticket includes:
Fish OR Chicken and Chips, Dessert.**

**For advanced tickets contact:
Bill Richardson at (845) 489-1215
Alyssa Kelly at (845) 807-4171**

Proceeds Benefit Boy Scout Neversink Troop 97



Prepared. For Life.™

SULLIVAN 180 Internship Opportunities

Work in your community as a paid Sullivan 180 Intern



Love where you live! Be a changemaker in your community.

Sullivan 180 interns work alongside dedicated volunteers May through August in Sullivan County communities.

Interns build resumé experience, make valuable connections, develop and refine skills, and participate in leadership training.

"Overall, this was a great experience. The community was extremely supportive and it made me proud to be an intern."

— Erin Brawley, 2022 Town of Thompson Intern

If you're a Sullivan County resident ages 16-20, you're eligible to be a Sullivan 180 intern! Pay starts at \$14.20 per hour.

To apply to become a Sullivan 180 intern, contact Anne-Louise Scandariato at 845.295.2405 or Anne-Louise@sullivan180.org.



Sullivan180.org · 845.295.2680

Liberty Rising & The Sullivan County Chamber of Commerce Proudly Presents

4TH OF JULY

PARADE, FIREWORKS SHOW, ENTERTAINMENT ARTISANS & CRAFTERS

4TH JULY, 2023

for more info or to become a vendor **845-791-4200 X2**

musicians wanted

THE FUN BEGINS AT 10 AM RAIN OR SHINE
MAIN STREET - LIBERTY, NEW YORK

Wurtsboro SPRING FLING

Saturday April 29
12 noon - 3 pm

- Free Paint-a-Pot (All Ages 12-3 pm) sponsored by Orange & Rockland Veterans Park
- Live FREE Bird Show (1 pm) sponsored by Basha Kill Area Association by Fellowship Hall
- Flower & Plant Sale (Veterans Park)
- Free Cookie Decorating (with Gigi Java & Cookies by Chik's Sweetsery)
- BUY a DUCK! DUCK RACE (August 10)

Organized by the Wurtsboro Board of Trade
Sponsored by the Wurtsboro Board of Trade and Orange & Rockland Utility Company

- Treasure Hunt (along Sullivan St) - Get your Treasure Map at Veterans Park
- Free Face Painting by Unfold Arts and Finessed by Jess
- Wurtsboro Art Alliance OPEN
- Food Available from The Lions Club
- Girl Scouts selling cookies
- Obstacle Course & Bake Sale (Wurtsboro Fire Department Auxiliaries)
- SmokeHouse Demonstration (Wurtsboro Fire Company)
- Mamakating First Aid Squad present for Recruitment

Orange & Rockland
Wurtsboro, New York

NEW YORK STATE Citizen Preparedness Corps

When: Thursday, April 27, 2023
6:00PM

Where: Daniel Pierce Library
Lower Level Community Room
328 Main Street
Grahamsville, NY 12740

THIS EVENT IS BROUGHT TO YOU BY THE GOVERNOR IN CONJUNCTION WITH:
The Daniel Pierce Library

* All Participants **Must** Register In Advance

To register and for additional information, visit www.prepare.ny.gov

Daniel Pierce Library

The Daniel Pierce Library

Spring Children's Programs 2023

The library is a wonderful place to ignite your child's love of reading.

The following children's programs are open to caregivers and their children ages 12 months to five years who are residents of the Tri-Valley Central School District. The spring eight-week long session begins the week of April 10, 2023. These programs are free and are made possible through the generosity of our community. Registration is required.

Mother Goose Time (12-23 months) Beginning Wednesday, April 12th

This program is specially designed for very young children. It includes "read together" time (each child has his or her own board book), nursery rhymes, felt stories, playtime, and music for our tiniest patrons ages 12-23 months. Two programs will be held each Wednesday: one from 9:30 a.m. to 10:15 a.m. and one from 11:00 a.m. to 11:45 a.m. Must be 12 months by 12/1/22.

Toddler Time (24-35 months) Beginning Thursday, April 13th

Stories, felt stories, crafts, music, and friendship-building geared for wee ones ages 24-35 months. Two programs will be held each Thursday: one from 9:30 a.m. to 10:30 a.m. and one from 11:00 a.m. to 12:00 a.m. Must be 24 months by 12/1/22.

Story Hour (3, 4, and 5 year-olds) Beginning Friday, April 14th

Our classic, beloved program for three, four, and five year-old children, featuring the "Magic Bag," a read-aloud, felt stories, craft projects, homework, and music. Two programs will be held each Friday: one from 9:30 a.m. to 10:30 a.m. and one from 11:00 a.m. to 12:00 a.m. Must be 3 years or older by 12/1/22.

Universal Pre-Kindergarten Story Hour

Our "Story Hour on the Road" program visits the three UPK classes at Tri-Valley Central School. (Children will be registered at school.)

Give your child a head start by enrolling in one of these valuable programs this spring. Registration is open to Tri-Valley residents. Please register online at www.danielpiercelibrary.org by April 1st. If you have any questions, please email dmchugh@rcls.org or call (845) 985-7233 x105.

<http://www.danielpiercelibrary.org>



P.O. Box 268 • 328 Main Street • Grahamsville, NY 12740
845-985-7233 • www.danielpiercelibrary.org

Register
Today!

Sullivan County Intervention Line for Parents and Teens

Are you a parent struggling with your family?
Are you a teen having problems at home?

Help is available now!

We are here anytime you need to talk.

Give us a call or send us a text and someone will always be there to listen and help you deal with your situation.



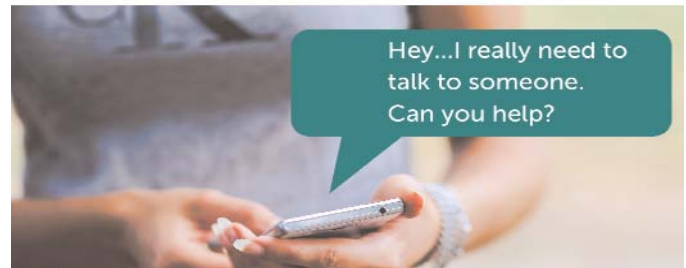
Text 845-372-1817
Call 866-372-2336

Calls and texts are answered 24/7

A program of the DRC

Sullivan County Text For Teens

Monday - Friday
4pm-10pm
Saturday & Sunday
5pm-12am



Hey...I really need to talk to someone. Can you help?



Free & confidential support
Someone who can listen and help
Text as often as you need!

We're Here to Listen:
Bullying - Eating Disorders -
Self-Harm - Homeless/Runaway -
Pregnancy - Problems at Home -
Relationship Issues - LGBTQ+ -
Divorce - School Issues -
Substance Use -
Physical/Mental/Sexual Health -
and more!

Text "Start" to:
845-637-9486

OFF HOURS:
Call 1-888-750-2266, option 2



Text for Teens is supported by a Grant of the Mother Cabrini Health Foundation



Rewarding lives. Healthy communities.

COVID-19 Vaccines Save Lives

Who will you protect?



Friends

Amigos

Family

¿A quien protegerás?

Get the facts.



Familia

Community

Obtenga los hechos.

Talk to your healthcare provider about the COVID vaccine.



Comunidad

Hable con su proveedor de salud sobre la vacuna del COVID-19.

#VaccinateSullivan

For more information, visit www.sullivanny.us



GET SIGNED UP TODAY FOR OUR UPCOMING CERTIFICATION CLASS !!

Contact:

Alyssa Wowk
(845) 645-6544

awowk@chowc.net

Sullivan County Department of Social Services is looking for families who can help fulfill the **DESPERATE NEED** for ages **8-18!**



FOSTER HOMES NEEDED!

Classes Begin January 5th



SULLIVAN COUNTY attain POWERED BY SUNY UCAWD

Sullivan County ATTAIN powered by SUNY UCAWD has returned to In-lab **Cost-Free** Training!

New participants are enrolling every day at www.sul.sunyattain.org and training right in the Computer Lab on their own schedule in Excel, PowerPoint, Rosetta Stone, QuickBooks, Aztec Learning Software for GED, Mavis Beacon Typing, and more.

Please E-mail lori.boyd@attain.suny.edu so that we can begin writing the first chapter of your Success Story.

- 2020 – Rose to the Covid-19 challenge – quickly and remotely!
- 2021 – Expanded remote opportunities while prioritizing participant support and quality engagement!
- 2022 – Successful Hybrid Transition – FREE training in the Computer Lab AND at Home!
- 2023 – Still on the cutting edge, Sullivan County ATTAIN**

Please visit ATTAIN at sul.sunyattain.org to view the calendar!

Cornell Cooperative Extension Sullivan County

Agricultural Training Series for Municipal Officials and CEOs
Part Two: Tools and Techniques to Help Your Zoning be Farm-friendly

Wednesday, April 26th, 2023
 5:30 PM - 7:30 PM

Cornell Cooperative Extension Education Center

Stay tuned for more information about upcoming workshops:
 Part 3: Agri-Tourism Zoning and Techniques for Municipalities

Come learn how to tackle the loss of farms and farmland through implementing farm-friendly land use and zoning tools. Topics covered will include zoning law barriers, conservation subdivision, density instead of lot size, Transfer and Purchase of Development Rights, agrivoltaic practices, and more. This workshop will be taught by Nan Stolzenburg, FAICP CEP, principal consultant with Community Planning & Environmental Associates who concentrates on planning for small and rural communities throughout eastern and central New York.

Planning and Zoning Board members are eligible for 2 NYS training credits (if approved by their municipality). Light refreshments will be provided.

Registration is required in advance. Available spots limited!
https://pub.cce.cornell.edu/event_registration/main/events.ctm

Co-sponsored by CCE, Sullivan County Division of Planning and Community Development and Sullivan County Agricultural and Farmland Protection Board.

Cornell Cooperative Extension Sullivan County provides equal program and employment opportunities. Contact the office to request accommodations.

AT BETHEL WOODS CENTER FOR THE ARTS
 HISTORIC SITE OF THE 1985 WOODSTOCK FESTIVAL

SATURDAY, AUG 19

THE LUMINEERS
THE WAR ON DRUGS
BAND OF HORSES
 TRAMPLED BY TURTLES
 MARGO PRICE
 JAMES BAY
 JOHNNYSWIM
 ADIA VICTORIA
 49 WINCHESTER
 BRISCOE
 JOHN R. MILLER

SUNDAY, AUG 20

TYLER CHILDERS
TREY ANASTASIO BAND
DISPATCH
 CHARLEY CROCKETT
 AMOS LEE
 MORGAN WADE
 CELISSE
 ALLISON RUSSELL
 THE SOUL REBELS
 EGGY
 MADELINE EDWARDS

CATBIRD
 20 music festival 23
 aug 19-20 - bethel, ny

tickets at catbirdmusicfestival.com

Wrapping up Another Week in Washington

– Congressman Pat Ryan

As we wrap up another productive week, I wanted to give you an update on all that I've been doing on behalf of the Hudson Valley!

OPENING AN OFFICE IN NEWBURGH

I'm excited to announce the grand opening of our new district office in Newburgh!

Whether it's help on a passport, accessing VA benefits, or applying for grants, this office is here to serve you.

Come visit the new office at 605 Broadway in Newburgh from 9:00 am to 5:00 pm on business days and learn how our dedicated staff can assist you. The office can also be reached at (845) 443-2930.

MODERNIZING OUR INFRASTRUCTURE FEATURING SECRETARY BUTTIGIEG

With the passage of the Bipartisan Infrastructure Law and the Inflation Reduction Act, our communities are set to receive long overdue infrastructure upgrades and I'm committed to delivering that funding right here in the Hudson Valley.

Transportation Secretary Pete Buttigieg, Department of Transportation officials, and I are hosting a webinar conversation to discuss how local elected leaders, nonprofits, and communities can access and benefit from these new funding.

CELEBRATING WORLD HEALTH DAY

Friday marked World Health Day, part of National Public Health Week. Already in the 118th Congress, I've prioritized creating a safer, healthier world for you and your family and I'm just getting started.

PROMOTING LIBRARIES AND CHILDREN'S LITERACY

Our libraries are critical resources for the public, for bringing community together, and for fostering children's literacy.

I was thrilled to drop off children's books from the Library of Congress to the new library branch at Sadie Peterson in Poughkeepsie this week and enjoyed seeing the amazing space that was created to inspire our children's learning.

I will always support our libraries as open places of learning and community building and want to thank our librarians for all that they do for the Hudson Valley.

REMEMBERING SEPTEMBER 11th

I was in my second year at West Point on September 11th, 2001. All of us cadets swore to never forget the heroes we lost that day - this country swore to never forget.

I'm co-sponsoring legislation that will memorialize September 11th as a federal holiday. The bill ensures the firefighters, policemen, paramedics and everyday citizens, many from the Hudson Valley, who died serving this country that early September morning or whose health was impacted in the recovery will always be remembered.

To those who lost loved ones that day know this: I will never stop fighting on your behalf.

MAKING GOVERNMENT WORK FOR YOU THIS TAX SEASON

The filing deadline for this tax season is coming up on April 18th!

The Inflation Reduction Act created new credits and resources to guide you through your tax filing. Easy-to-use and available anytime IRS.gov can help you file and pay taxes, access an interactive tax assistant, see if you are eligible for IRS free file, check to see if you are eligible for the Earned Income Tax Credit and other credits, find answers to your tax questions, and track your refund.

GRANTS CORNERNEW!

The U.S. Department of Transportation's new Charging and Fueling Infrastructure (CFI) Discretionary Grant Program, established by the Bipartisan Infrastructure Law, will provide \$2.5 billion over

five years to a wide range of applicants, including cities, counties, local governments, and Tribes. This round of funding makes up to \$700 million from fiscal years 2022 and 2023 funding available to strategically deploy EV charging and other alternative vehicle-fueling infrastructure projects in publicly accessible locations in urban and rural communities, as well as along designated Alternative Fuel Corridors (AFCs). Due May 30.

EDA Public Works and Economic Adjustment Assistance (PWEAA) supports bottom-up strategies that build on regional assets to spur economic growth and resiliency. EDA encourages its grantees throughout the country to develop initiatives that present new ideas and creative approaches to advance economic prosperity in distressed communities.

REMINDER! Applications are open for:

The Department of Justice opened the applications for numerous grants for its Community Oriented Policing Services (COPS) program to hire community police, develop and test innovative policing strategies, and provide training and technical assistance to community members, local government leaders, and all levels of law enforcement.

The Industrial Demonstrations Program opened grants funded by the Bipartisan Infrastructure Law to accelerate decarbonization projects in energy-intensive industries and provide American manufacturers a competitive advantage in the emerging global clean energy economy.

Environmental Justice Thriving Communities Grantmaking program is funded by the Biden Administration's Inflation Reduction Act and will invest in America and expedite investments to reduce pollution in disadvantaged communities. EPA plans to award cooperative agreement(s) to pass-through entities (referred to as Grantmakers by the program) who will collaborate with EPA to design and build their own processes to receive and evaluate competitive community project applications from communities for EJ Thriving Communities Subgrant activities. These activities consist of assessment, planning, and/or project development activities addressing local environmental and/or public health issues. Grantmakers will provide EJ Thriving Communities Subgrants (i.e., subawards) to Eligible Subrecipients. Due May 31.

The Preparing for Active Shooter Situations (PASS) Program is designed to meet the goal of the 2016 Protecting Our Lives by Initiating COPS Expansion (POLICE) Act in offering "scenario-based, integrated response courses designed to counter active shooter threats or acts of terrorism against individuals or facilities."

The program will fund a provider who can provide nationwide training to at least 20,000 first responders over the course of the award through scenario-based, multidisciplinary training classes. The training should be available to any jurisdiction in the U.S. and delivered in the desired location of the requesting agency, to include law enforcement, fire, and emergency medical services (EMS). First application due April 14!

Local Agriculture Market Program (LAMP) grants with USDA support the development, coordination, and expansion of direct producer-to-consumer marketing; local and regional food markets and enterprises; and value-added agricultural products. Due May 2.

Drug-Free Communities (DFC) Support Program provides grants up to \$125,000 per year for five years to community coalitions to strengthen the infrastructure among local partners to create and sustain a reduction in local youth substance use.

Contact our district office for assistance applying for these grants and learning more about other funding opportunities.

If you want to stay up-to-date on all of that my office is doing, I encourage you to follow along on our social media channels: Facebook and Twitter.

Please remember that my office is always here to help if you have a question or need assistance. You can reach us using the contact information above and below and we will do everything we can to connect you with the resources you need.

I look forward to hearing from you soon!

Sincerely,

Patrick K. Ryan Member of Congress New York's 18th District
<https://patryan.house.gov/>



The Daniel Pierce Library

— Presents —

"BOUJEE"

Feeling
Lucky?

What happens at
BINGO stays at
BINGO!



Fundraiser

Celebrating our 125th Year Anniversary

Friday, May 19, 2023

Doors open at 6:30 p.m. Calling begins at 7:00 p.m.

\$40 per Person

Includes
7 games, door
prize entry & light
refreshments

\$5 tickets available for more
chances to win

7 PRIZES

One winner per game
over \$2,500 worth of
prizes including:

- Meat Package
- Hotel Stay
- Splash Pass
- Smart TV
- Spa Package
- Dining Package

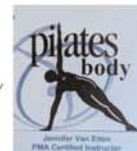
Tickets on sale now

Must be 18 or older

Reserve tables of 8 or 10
per request

Tricky Tray chances available
for an additional purchase

Seating is limited, call 845.985.7233 today!



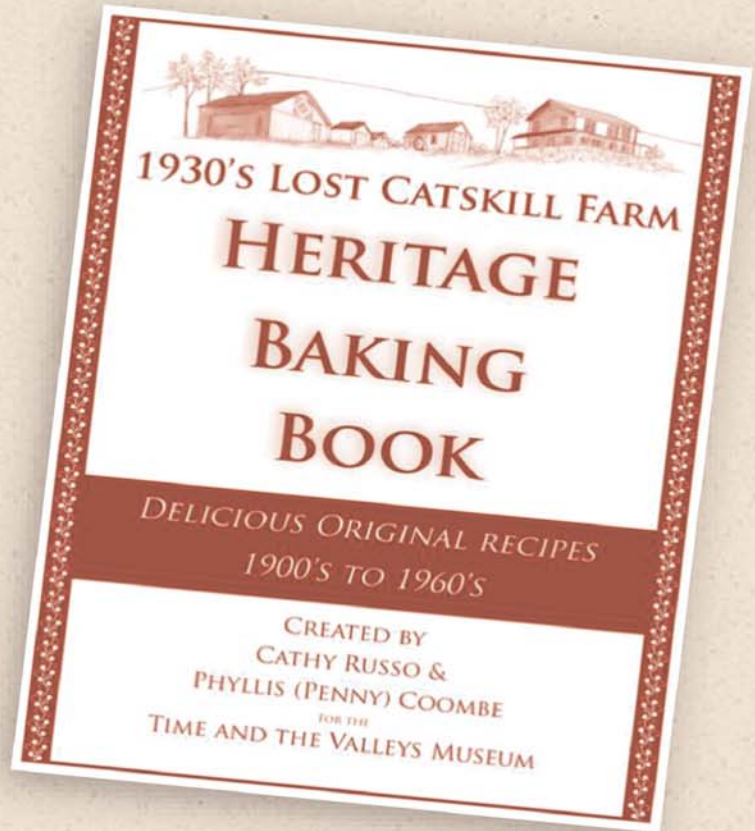
NEW HERITAGE BAKING BOOK

It Makes a Unique Gift

The new 68-page **Heritage Baking Book** has tried-and-true old time treasured recipes for cakes, muffins, pies, cookies and much more, all from local bakers of the past.

It includes a history of baking and information and photos of many of the early local bakers, including bakers from the Smith, Hornbeck, Sheeley and Erath families.

\$15 Each
\$12 for Museum Members



IT MAKES A UNIQUE GIFT
AND HELPS FUND PHASE II OF THE 1930S LOST CATSKILL FARM

Time and the Valleys Museum Baking Book Order Form

Name: _____

Shipping Address: _____ City: _____ State: _____ Zip: _____

Phone #: _____ E-Mail: _____

Please make check payable to: **Time and the Valleys Museum**, P.O. Box 254, Grahamsville, New York 12740

of copies: _____ Shipping/Handling please add: \$5 for the first book and \$1.00 for each additional book

Total enclosed: _____ **Books can also be picked up by appointment to eliminate shipping - Just call 845 985 7700 or email info@timeandthevalleymuseum.org

ORDER ONLINE AT WWW.TIMEANDTHEVALLEYSMUSEUM.ORG/SHOP
MEMBERS USE TATVM20 FOR YOUR MEMBERSHIP DISCOUNT



WE ARE BUILDING A PLAYGROUND!!!

**WHERE? At the Route 42 Community
Park in Grahamsville**

TV Bears PTO, Tri-Valley Little League and Community have joined together along with Town support to place a play structure at the Town park. Fund raisers are ongoing.

DONATIONS Can be made out to:

TV Bears PTO

PO Box 43 Grahamsville, NY 12740

Check out our Facebook page [Route 42 Community Playground Project](#) for more information.

LIFE AFTER LOSS

A 5-WEEK BEREAVEMENT SERIES

Mondays, starting April 24, 2023

7:00-8:15 pm

Facilitated by Jennifer Perito

St. Mary's St. Andrew's Catholic Church Hall

137 South Main Street, Ellenville

It has been said that grief does not change you, it only reveals you. The truth is, you never really "get over" the loss of someone you love, but there *are* ways to understand the powerful and sometimes confusing feelings that come with grief. This 5-week series is open to adults who have suffered the loss of a loved one, regardless of how recently or long ago the loss occurred.

There is no cost to attend, but pre-registration is encouraged.

For information or to register, contact Jennifer at Colonial Memorial Funeral Home at 845-434-7363.





Fallsburg CSD 2023-2024 Pre-K & Kindergarten Registration

FULL DAY PRE-K PROGRAM!
(2 classrooms with 18 students in each)
(half day program will no longer be offered)

- Pre-K students must be 4 years old on or before December 1, 2023.
- Kindergarten students must be 5 years old on or before December 1, 2023.

Registration packets can be picked up in the Central Office in the JSHS or completed online. Please visit <http://www.fallsburgcsd.net/parents/registration> for instructions and to reach our online registration form.

****PLEASE NOTE:**
ALL incoming Kindergarteners MUST register, even if registered for Pre-K last year.**

- Registration will take place for incoming:
- Pre-K students: April 10th - April 28th.
- Kindergarten students: May 9th - May 19th

For Pre-K:
COMPLETE Registration Packets (including ALL required documentation) will be accepted until April 28th. At that time, a lottery may be held if more register than available seats. Once all seats are filled, students will be added to a Waiting List. Registration will be processed, by date of receipt, for COMPLETE registration packets only.



Fallsburg CSD 2023-2024 Registro de Pre-K y Kindergarten

PROGRAMA DE PRE-K DE DÍA COMPLETO!
(2 aulas con 18 alumnos en cada una)
(el programa de medio día ya no se ofrecerá)

- Los estudiantes de Pre-K deben tener 4 años cumplidos el 1 de diciembre de 2023 o antes.
- Los estudiantes de kindergarten deben tener 5 años cumplidos el 1 de diciembre de 2023 o antes.

Los paquetes de inscripción se pueden recoger en la Oficina Central en el JSHS. Visite <http://www.fallsburgcsd.net/parents/registration> para obtener instrucciones y acceder a nuestro formulario de registro en línea.

****TENGA EN CUENTA:**
TODOS los estudiantes que ingresan a kindergarten DEBEN registrarse, incluso si se registraron para Pre-K el año pasado.**

- El registro se llevará a cabo para los entrantes:
- Estudiantes de Pre-K: 10 de Abril - 28 de Abril
- Estudiantes de Kindergarten: 9 de Mayo - 19 de Mayo

Para Pre-K:
COMPLETE Los paquetes de registro (que incluyen TODA la documentación requerida) se aceptarán hasta el 28 de abril. Una vez que se llenen todos los asientos, los estudiantes se agregarán a una lista de espera. El registro se procesará, por fecha de recepción, solo para paquetes de registro COMPLETOS.

Time and the Valleys Museum

Grahamsville, NY

Are you interested in local history?

Did you know that Museum membership is only \$25 a YEAR?
Members receive:

- Free admission to all diverse in-person and virtual programs
- Free admission to the Museum and expanding Catskill Farm
- Invitations to exhibit openings and special events
(there are TWO exhibit openings in 2023!)
- *Around the Reservoirs* Newsletter
- Monthly historical and informative emails
- 10% discount in the Museum Shop



Join now & get 10% off!

Join at the \$100 (Patron) level for FREE admission to thousands of museums all across North America! You can use the form below, or go to www.timeandthevalleymuseum.org to join with paypal.

Time and the Valleys Museum, P.O. Box 254, Grahamsville, New York 12740
845 985-7700 www.timeandthevalleymuseum.org

<input type="checkbox"/> Individual	\$25 \$22.50	Name: _____
<input type="checkbox"/> Double	\$40 \$36	Address: _____
<input type="checkbox"/> Family	\$50 \$45	City: _____ State & Zip: _____
<input type="checkbox"/> Patron	\$100 \$90	Phone: _____ e-mail: _____
<input type="checkbox"/> Patron Silver	\$200 \$180	
<input type="checkbox"/> Patron Gold	\$500 \$450	

Thank you for supporting local history and the Museum.



BONUS - Free Art Catalogue!

VOICESUNITED4CHANGE'S VIRTUAL

YOUTH SUPPORT GROUP



**JOIN
US!**

Join us for a peer led, mental health, lesson based virtual support group for teens ages 13-17. Together we learn about our mental health and do an activity together. This group is completely free to join, and all supplies for the activity will be sent to your home. Space is limited for each group!

Contact Rebekah at rumarbashar@asfl.org for more information.

EVERY 1ST & 3RD
WEDNESDAY
@ 6:30PM





VOICESUNITED4CHANGE'S VIRTUAL

PARENT SUPPORT GROUP



**JOIN
US!**

Join us for a peer led virtual support group for parents of children with mental health challenges. Together we have time for conversation and an activity. This group is completely free to join, and all supplies for the activity will be sent to your home. Space is limited for each group!

Contact Anne-Marie at afreitas@asfl.org for more information.

EVERY 2ND & 4TH

WEDNESDAY

@ 6:30PM





**NEW CLASSES
STARTING SOON!
CALL FOR MORE
INFORMATION OR
VISIT OUR WEBSITE
TO ENROLL**

ACTIVE PARENTING



ABOUT THE COURSE

Parenting classes for parents of children ages 5-18. This six-week class utilizes discussion and multimedia presentations to guide parents in raising responsible and cooperative children. The course provides strategies and tips for effective discipline and communication methods. Our classes meet both Family Court and CPS mandates.

845-794-4228 | 845-343-4284

www.atitoday.org





Citizen Preparedness Corps



With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. **The NY Citizens Preparedness Training Program** teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to pre-disaster conditions. This training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up in emergency supplies. Each family that attends will receive one Preparedness kit.

When: *Thursday, April 27, 2023*
6:00PM

Where: *Daniel Pierce Library*
Lower Level Community Room
328 Main Street
Grahamsville, NY 12740

THIS EVENT IS BROUGHT TO YOU BY THE GOVERNOR IN CONJUNCTION WITH:

The Daniel Pierce Library

** All Participants **Must** Register In Advance*

To register and for additional information, visit www.prepare.ny.gov



Daniel Pierce Library

328 Main Street | P.O. Box 268
Grahamsville, New York 12740-0268 | 845-985-7233

<https://www.surveymonkey.com/r/DPL04272023>



Last week I introduced the New Markets Tax Credit Extension (NMTC) Act of 2023. This bipartisan legislation would make the NMTC permanent, index the allocation to inflation in future years, and exempt NMTC investments from the Alternative Minimum Tax.

Set to expire on December 31, 2025, the New Markets Tax Credit was established in the Community Renewal Tax Relief Act of 2000 (PL 106-554) and is an essential source of financing for businesses and community facilities in low-income and rural areas across the country.

Since its inception, the NMTC has supported over a million jobs and invested billions into communities, including across New York's 24th District. A recent investment in Batavia, NY, will support the construction of the "Healthy Living Campus," a multimillion-dollar investment that will support the partnership between GLOW YMCA and United Memorial Medical Center. This project will create or retain nearly 400 quality jobs in the community.

Now more than ever, it is essential that we work to create investments in our rural and low-income communities. Rural America is often forgotten by the Washington elites, which means that rural communities sometimes lack the necessary resources to invest, grow, and expand. Congress must make the New Markets Tax Credit permanent to allow our rural communities to continue accessing this important resource to create jobs and stimulate economic growth.

President Trump's Indictment: More Evidence of a Two-Tiered Criminal Justice System in America

See Former Rep Lee Zeldin and Rep Claudia Tenney on Lawrence Jones Cross Country on FOX News at: <https://www.youtube.com/watch?v=SuIcAJwjAj8>

Last week, we witnessed firsthand the politicized two-tiered system of justice we now have in America with a former president appearing in court. This unprecedented abuse of power is just the latest move by radical Democrats to weaponize the government against We The People. This trial will be District Attorney Alvin Bragg's moment in the spotlight. But the American people see this malicious show trial and partisan persecution for exactly what it is.

Every American should be concerned about this gross abuse of power. I once again call on Governor Kathy Hochul to act. She must uphold the rule of law and remove Alvin Bragg from office for, among other things, his failure to enforce the law and his blatant politicization of the criminal justice system.

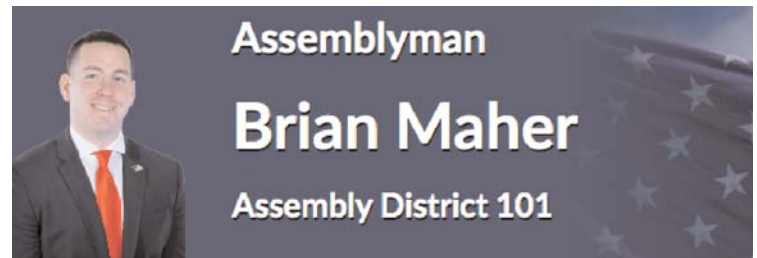
Presented the Friend of the Farm Bureau Award

Following our open-door roundtable discussion in Oswego, I was presented the New York Farm Bureau's

Friend of the Farm Bureau Award by Oswego Farm Bureau President Bruce Gibson. The award was presented in recognition of my longstanding and continued commitment to advocating for New York's farmers.



Thank you very much to the New York Farm Bureau for this great honor.



NYS Assemblyman Maher Rejects Netflix and Streaming Tax

Assemblyman Brian Maher (R,C-Walden) rejected the Assembly Majority's proposal to extract an additional \$67 million from taxpayers through a streaming and digital services surcharge.

"Gov. Hochul's budget proposal was already bloated, but somehow Assembly Majority lawmakers thought it was worth tacking on an additional \$6 billion in spending. They also proposed a \$67 million tax on New Yorkers for their streaming services," said Maher. "Nearly all New Yorkers use digital and streaming services, including those who are middle class and lower income. This kind of tax hurts them the most. Instead of nickeling and diming New Yorkers, why don't we try to control wasteful spending to avoid petty taxation like this." The proposed tax, if enacted, would collect \$67 million from New Yorkers and then \$382 million over the following three years. Maher points out, however, the tax upstate residents would have to pay would predominantly be used to support the failing MTA by providing \$45 million in funding in the first year. The tax would impact streaming services, audiobooks, apps, games, podcasts, satellite radio and other digitally delivered services.

"New Yorkers work very hard. At the end of the day, they deserve to relax with their favorite show without the excessive hand of taxation from New York on them," said Maher.

CONGRESSMAN MARC MOLINARO

SERVING NY-19



Rep. Molinaro to Host Chairman of House Agriculture Committee in Binghamton for Listening Session on Upcoming Farm Bill

U.S. Rep. Marc Molinaro (NY-19) will host the Chairman of the House Committee on Agriculture, Glenn "GT" Thompson (PA-15), for a Farm Bill listening session in Binghamton.

The farm bill is passed every five years and sets agricultural, food, and nutrition policy in the United States. The event will provide a forum for farmers, ranchers, producers, agribusiness owners, and other stakeholders to share their priorities for the development of the 2023 Farm Bill.

LIVE STREAM: Click here to tune into the live stream on the day of the event.

<https://www.youtube.com/watch?v=AurzSgSACUA>

Can't attend? Submit your Farm Bill feedback here

<https://agriculture.house.gov/forms/form/?ID=2&Preview=true>

Rep. Molinaro Announces Healthcare Priorities for Fiscal Year 2024

U.S. Rep. Marc Molinaro (NY-19) today announced his healthcare priorities for the Fiscal Year 2024 appropriations bill.

Each year, the House Appropriations Committee crafts legislation that determines funding levels for federal agencies and programs. In the upcoming Fiscal Year 2024 appropriations bill, Rep. Molinaro called on the House Appropriations Committee to prioritize support for those with mental health and substance use disorders, healthcare programs for underserved communities, medical research, and Social Security & Medicare.

Rep. Molinaro said, "My priorities are Upstate New York's priorities. In the upcoming appropriations bill, I'm aiming high by pushing Congress to prioritize mental healthcare, addiction treatment, Community Health Centers, medical research, Social Security, and Medicare. These priorities will bring our healthcare system forward and help us better meet the needs of our community."

Specifically, Rep. Molinaro asked the House Appropriations Committee to prioritize federal funding for the following:

- o Programs that support local mental health facilities and crisis response and intervention services.
- o Programs that support crisis hotlines, including the 988 Suicide and Crisis Lifeline and Veterans Crisis Hotline.
- o Social Security and Medicare, which provide financial assistance and healthcare coverage to retirees and other eligible individuals.
- o Community Health Centers, which provide comprehensive health services to medically underserved communities in New York, regardless of their ability to pay.
- o Programs that study Alzheimer's, Lyme and Tickborne illnesses, Diabetes and Kidney diseases, ALS, Fragile X, Autism, Neurofibromatosis, Tourette Syndrome, Multiple Sclerosis,

Breast Cancer, Tuberos Sclerosis, and Influenza. The goal of this research is to develop better diagnostics, treatments, and cures.

o Certified Community Behavioral Health Clinic (CCBHC) Expansion Grants, which improve access to comprehensive mental health and substance abuse disorder (SUD) services to vulnerable individuals.

After New Study Finds College Students with Disabilities Are Not Receiving Vital Support Services, Molinaro Introduces Bipartisan Bill to Break Down Barriers

U.S. Rep. Marc Molinaro (NY-19) today announced the introduction of the Respond, Innovate, Support, and Empower (RISE) Act, a bipartisan bill that eliminates barriers and expenses for students with disabilities seeking to access support services in college. The introduction of this bill comes as new data from the Department of Education found an overwhelming majority of students with disabilities do not receive vital special education services from their college.

Students with intellectual, physical, and developmental disabilities are currently required to obtain expensive and redundant evaluations before colleges will grant access to special education services. The RISE Act allows college students to use a variety of existing documentation, including a 504 Plan and Individualized Educational Plan (IEP), as proof of a disability when seeking accommodations on campus.

The bill also requires colleges to inform students, families, and faculty about available accommodations for students with disabilities and authorizes \$10 million in funding for the National Center for Information and Technical Support for Postsecondary Students with Disabilities. This center provides essential information to students and families about their rights in higher education and how to access accommodations.

Rep. Molinaro said, "The bipartisan RISE Act eliminates hurdles and expenses that students with disabilities face when seeking reasonable accommodations in college. Every student, regardless of ability, should have the tools and support they need to succeed."

Rep. Molinaro introduced this bipartisan bill alongside U.S. Reps. Suzanne Bonamici (D-OR-1), Larry Bucshon, M.D. (R-IN-8), Cathy McMorris Rodgers (R-WA-5), Joe Courtney (D-CT-2), and Kim Schrier (D-WA-8).

Bloomberg Report: Molinaro Provision to Measure Cost of Hochul's Gas Appliance Ban Passes With Overwhelming Bipartisan Support

- Bloomberg News reported on the House passing a provision authored by U.S. Rep. Marc Molinaro (NY-19) to commission a federal study on the cost of Governor Hochul's proposed ban on gas appliances. The provision was supported by 49 sensible Democrats and passed with H.R. 1, the Lower Energy Costs Act.

Rep. Molinaro said, "I authored this provision in direct response to Governor Hochul's proposed ban on gas appliances. New Yorkers already live in the most unaffordable state in the country. They deserve to know exactly how much this ban is going to cost them."

UlsterCORPS Event Planning

Farm to Food Pantry Collaborative Field Gleaning

Please join us Wednesday April 5th, 2023 from 1-3pm at Phillis Bridge Farm, 44 Phillis Bridge Rd, New Paltz for a Farm to Food Pantry Collaborative field gleaning. We will be harvesting spinach and chard, and distributing it to local food pantries, shelters and community meal programs. The greens are under cover in unheated high tunnels, so the gleaning will be held rain or shine. Volunteers of all ages are welcome (youth must be accompanied by a parent or guardian).

If you can help out, please email glean@ulstercorps.org or call/text 845-481-0331.

13th Annual UlsterCorps Service Summit

The 13th Annual UlsterCorps Service Summit will be held Thursday April 13th, 2023 from 8:30am - noon at SUNY New Paltz and is co-sponsored by the Center for Student Engagement and the Benjamin Center for Public Policy at SUNY New Paltz, Rondout Savings Bank, and Ulster Savings Bank.

For our 2023 Service Summit, we will focus on Expanding Outreach: Amplifying Volunteer Voices for Next Generation Service. How can we best be of service to the next generation while honoring our past? We'll be hearing from panelists representing a diverse range of service learning and engagement programs as well as media outlets across the County that, working together, broaden our understanding of the challenges and opportunities to expand volunteerism, service and community engagement in our current climate. We will explore and seek to weave together intergenerational models of volunteerism and collaboration. The Summit will emphasize the importance of in-person social engagement, strategies for re-engaging volunteers of all ages and abilities, and fostering active community. The Summit will also include roundtable discussions in English and Spanish, giving all attendees an opportunity to participate and network.

Speakers include:

Keynote Meg Sheeley, SUNY Ulster

Jesse Brown, HUDSY TV

Wailly Comprés Henríquez, Brothers@

Nina Dawson, Ulster County Youth Bureau

Mariel Fiori, LaVoz, Radio Kingston

Melanie Forstrom, Cornell Cooperative Extension Ulster County

Alessandra González, Latina Singer, Teaching artist, Zumba

Instructor, C4CE & PlayWell volunteer

Johann Huleatt, Bruderhof

Martha Williams & John Scilipote, Culture Shift Agency,

BreakBread World

Cicily Wilson, Bard Center for Civic Engagement

The Summit, which is free to participants, is part of the ongoing work of UlsterCorps to deepen the knowledge about volunteerism and to find ways to strengthen a culture of service and collaboration in Ulster County. Registration is required and limited to the first 50 individuals to register by emailing register@ulstercorps.org or calling/texting 845-481-0331.

Repair Cafes

Kingston Repair Cafe

Saturday, April 8, 9:30am - 1:30pm

Kingston Library Community room,

55 Franklin Street, Kingston

Rondout Valley Repair Cafe

Saturday, April 22, 10am - 2pm

Rondout Municipal Center,
1921 Lucas Ave Ext, Cottekill

A Repair Cafe is a free community event. You bring your broken but beloved items and together with volunteer repair coaches, WE FIX THEM! People bring all kinds of things to a repair cafe: clocks and other mechanical items; chairs, frames, and other wooden items; electrical items and small appliances; digital devices; clothing and textiles; dolls, stuffed animals, and toys, tools in need of sharpening; jewelry and watches; and so much more! Most items get fixed, and even when they don't - we have a good time trying!

Questions? Contact suziefromer@gmail.com or visit www.repaircafehv.org.

Mohonk Preserve Volunteer Orientations and Trainings

Our volunteer orientations are designed to give you all the information you need about a particular volunteer activity. It is a great opportunity to meet with the coordinator, learn about the activity, and meet other volunteers. Please feel free to attend any or all orientations. To register, visit <https://www.mohonkpreserve.org/volunteer/training/>

All orientations take place at the Mohonk Preserve Visitor Center or online on Zoom. Check the website at mohonkpreserve.org/volunteer for descriptions of all volunteer activities.

For more information or to register for an orientation by email, contact Andy Reynolds, Volunteer Programs Manager, at volunteers@mohonkpreserve.org or 845-255-0919, ext. 1269.

Rock The Ridge Volunteer Opportunities

Rock The Ridge, a 50-mile endurance challenge and environmental fundraiser set in the natural beauty of Mohonk Preserve on May 6, could not be a success without a strong corps of volunteers. Whether it is supporting runners at an aid station, assisting with participant check-in, cheering on participants at the finish line, or any of the many other important roles, we have fun and rewarding volunteer opportunities for you or your organization!

We'll provide training, an event t-shirt, food, and other amenities to all who volunteer their services to Rock The Ridge. We'll also provide a volunteer certification document to any volunteers who need one for community service projects. Youth between the ages of 13 - 18 years old are eligible to volunteer if accompanied by adult chaperones.

View the Rock The Ridge volunteer schedule and sign up today. For more information, please contact Andy Reynolds, Volunteer Programs Manager, at areynolds@mohonkpreserve.org or call 845-255-0919, ext. 1269. Thank you.

Sound the Alarm. Save a Life.

American Red Cross seeks volunteers to help install fire alarms in Kingston April 15th, 2023, 9am-4pm

Andy Murphy Neighborhood Center and throughout Kingston, NY


Home fires claim seven lives every day, but you can help change that. Join the American Red Cross during a local Sound the Alarm event. No prior experience is necessary; we'll provide all the training you'll need.

Help canvas, install, and educate individuals in Kingston on fire safety while also checking on their fire alarms and installing up to three new ones per household. Help reduce the risk of fire related injury and loss of life while enjoying a daylong event with the Red Cross team and community.

To help out or for more information, please call (845) 649-5121 or email max.sanchez@redcross.org

(Contd. Pg. 61)

Veteran Peer Support



**Vet 2 Vet offers
Veteran Peer Support.
Call to speak with our Veteran
Peer Advocates.
We didn't fight alone while
we served, we don't need
to fight alone at home.**

Vet 2 Vet



**Sullivan County
NEW YORK**

NYC Joseph P. Dwyer Peer Support Program

Call or email us to register!

845-794-4228

vet2vet@atitoday.org

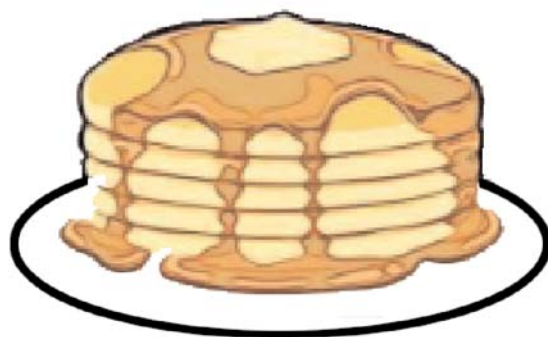
309 E Broadway Suite A

Monticello, NY 12701

Claryville Fire Dept.

1500 Denning Road, Claryville, NY 12725

All You Can Eat Pancake Breakfast



Sunday, April 16th
Serving 8:00 until 12 Noon

Adults: \$11
Children Ages 5-11: \$5
Under 5 Yrs. Free

Take-outs are available (845) 985-7270

\$50 from the Breakfast Is Donated to the Claryville Reformed Church Food Pantry

UlsterCORPS Event Planning

(From Pg. 58)

Ulster County Crime Victims Assistance Program Volunteer Training

Has scheduled their next hybrid Volunteer Training. This 40-hour training program prepares volunteers to assist victims of sexual assault, domestic violence, and other violent crimes. Upon completion participants will receive certification per NYS Department of Health guidelines.

Assist others through crucial moments in their life and connect them to essential services that help begin their healing process. For more information about how to apply contact Sarah at 845-340-3443 or skra@co.ulster.ny.us

39th Annual Kiwanis Kingston Classic

The Kiwanis Club of Kingston is proud to welcome you back to the 39th Annual Kiwanis Kingston Classic. The run is Sunday April 23, 2023 with the 10K and 5K races start 10:00 am and the 1.5 fun run & walk starts at 10:15am. Volunteers are the backbone of most events and we are thrilled to have your support. All volunteers will receive a free t-shirt and will be provided with food and beverages during their shift. All volunteers must be at least 12 years of age. Sign up:

<http://www.kiwaniskingstonclassic.com/volunteers/>

Ulster County Office for the Aging seeks volunteers in the following areas:

Warm Callers - folks who are willing to call isolated seniors regularly so they hear a friendly voice, have someone to speak to

Volunteer drivers for our Neighbor to Neighbor Medical appt driving program

Help at various pantries like Angel Food East, People's Place, Rondout Valley Food Pantry

Drivers for those pantries, maybe cooks

Help at area nursing home for transporting, activities, companionship

Volunteers willing to be trained to be ombudsmen in nursing homes

Volunteers willing to assist as shoppers or with grocery pickup, chore doers, light maintenance volunteers for area seniors

Coaches for Evidenced-based programming which help folks learn to live more safely and wholly

To learn more please contact Sue Koppenhaver at skop@co.ulster.ny.us or 845-340-3456.

<https://ulstercountyny.gov/aging/volunteer-program>

Ulster County Habitat for Humanity seeks volunteers

Let's build homes, hope, and communities together! Volunteer with Ulster Habitat ReStore today and make a difference in your community! We need volunteers to assist staff with customer service, unloading donations, organizing the warehouse and prep rooms, repairing gently used furniture, testing electronics, and preparing and pricing donated goods for resale. There are several volunteer opportunities available Tuesday through Saturday between 9:30 and 4:30.

How do I sign up to volunteer with Ulster Habitat? Follow the instructions at <https://ulsterhabitat.org/volunteer-registration/> to register. Once we get your registration, we'll contact you to schedule your orientation. For additional information, please call Carolyn at 845-340-0907 x 105 or email volunteers@ulsterhabitat.org.

Ulster Literacy Association

Are you looking for a REMOTE Meaningful Volunteer

Opportunity?

BECOME A LITERACY VOLUNTEER AND TEACH AN ADULT TO READ Volunteers especially needed for tutoring evening hours. To find out more, call our office at (845) 331-6837

For more information about Ulster Literacy Association, please visit www.ulsterliteracy.org or email info@ulsterliteracy.org.

HomeShare Woodstock seeks volunteers

HomeShare Woodstock is a home sharing program that matches a homeowner (with extra room in their home or a studio or cottage on their property) with a home seeker looking for an affordable rental and that may include a task exchange as part of the arrangement (providing transportation, pet care, light house or yard work). We take applications from homeowners and home seekers and follow with a thorough interview conducted by trained HomeShare Woodstock staff. Applicants are carefully vetted and this includes background and credit checks. Matches are based on preferences, common needs and interests. The process also includes a two-week trial period to ensure that the match is agreeable to both parties, and if not, the applicants remain in our files for future matches.

There is no fee for this service and HomeShare Woodstock staff remain in contact with the homeowner and home seeker matches throughout the process. Our program is seeking homes within a 10 mile radius of Woodstock including the towns of Saugerties, Phoenicia, Hurley, West Hurley, Shokan and Boiceville. Home seekers can come from anywhere but priority is given to those who work, volunteer or have lived in Woodstock.

NYS CHILD CARE SUBSIDY PROGRAM

Families are qualified based on:

- Income
- Reasons for needing day care
- Child's age or individual needs

FAMILY SIZE	ANNUAL INCOME LIMIT	MONTHLY INCOME LIMIT
1	\$40,770	\$3,397.50
2	\$54,930	\$4,577.50
3	\$69,090	\$5,757.50
4	\$83,250	\$6,937.50
5	\$97,410	\$8,117.50
6	\$111,570	\$9,297.50
7	\$125,730	\$10,477.50

NYS CHILD CARE SUBSIDY PROGRAM

Your Eligibility is based on your family size and income.

CALL YOUR LOCAL SOCIAL SERVICES:

- 807 745 1620 Delaware Co.
- 315 366 2211 Madison Co.
- 845 615 5452 Orange Co.
- (807) 547 1700 Otsego Co.
- 845 292 6000 Sullivan Co.
- 845 340 3400 Ulster Co.

Ask for Child Care Unit

SCAN HERE

Other adults wanted! Just reach out, we're happy to help. maherb@nysassembly.gov 315 201 4025

BRIAN MAHER

**Neversink – Rondout
Antique Machinery Association
P.O. Box 393 – Grahamsville – New York 12740**

Sullivan County High Schools Guidance Directors, please see attached \$500 Scholarship Application provided by the Neversink – Rondout Antique Machinery Association for your dissemination. Of Particular note is the submission deadline date of June 2, 2023. If I have sent this notice to the wrong department I request your assistance in directing it correctly.

- Eldred Central School District.
- Fallsburg Central School District.
- Liberty Central School District.
- Livingston Manor Central School District.
- Monticello Central School District.
- Roscoe Central School District.
- Sullivan West Central School District.
- Tri-Valley Central School District.
- Sullivan County Boces

Eldred Central

Fallsburg

Liberty High School -

Livingston Manor

Monticello

Roscoe

Sullivan West

Tri Valley -

Sullivan County BOCES

Sonja Ferreira,

Sheila Wormuth

Shirlee Davis

Matthew T. Evans

Kelly Hendrickson

Maureen Casey Bryant

Kristy Closs

eldred.k12.ny.us

sferreira@fallsburgcsd.net

swormuth@libertyk12.org

Shirlee.Davis@lmcs.us

mevans@k12mcsd.net

khendrickson@roscoe.k12.ny.us

casey-bryantmau@swcsd.org

kristycloss@trivalleycsd.org

info@schoces.org

Thank you,

John McHugh

Chairperson – NRAMA Scholarship Committee

254 South Hill Road

Grahamsville, NY 12740

M – 845 309 7864

jmchugh4@hvc.rr.com

(See next page for application)

NEVERSINK RONDOUT ANTIQUE MACHINERY ASSOCIATION

P.O. Box 393, Grahamsville, NY 12740

The purpose of the NRAMA Scholarship is to encourage graduating high school seniors from Sullivan County to pursue secondary education opportunities in any field related to either heavy equipment, automotive mechanics or agriculture at any accredited academic or vocation school. The scholarship will be awarded annually to one individual selected by the NRAMA Scholarship Committee. The Value of the scholarship is \$500.00, and is non-renewable. Scholarship proceeds will be utilized for tuition, fees or books. In addition, the winner will also receive a one (1) year membership to the NRAMA.

The scholarship monies will be distributed after proof of obtaining a 2.0 or higher GPA and completion of first semester. Faculty must send proof of GPA and semester completion.

The Applicant may use the scholarship to study any field related to heavy equipment, automotive mechanics or agriculture at any accredited academic or vocational school.

To be eligible, the applicant must meet the following criteria:

- Achieve a minimum grade point average of 2.0 on a 4.0 scale in your Sullivan county home school and career and technical education during Junior and Senior years.
- Illustrate a commitment to the fields of heavy equipment, automotive mechanics or agriculture by either graduation from a related program at Sullivan County BOCES or related work efforts outside of school.
- Be accepted as a full time student at an accredited academic or vocation institution

Submit a completed application to the NRAMA by June 2nd, 2023

Name: _____

Home Address: _____

City/State: _____ Phone: _____

High School: _____ GPA: _____

What school(s) have you applied to? _____

What school(s) have you been accepted at? _____

What is the course of study? _____

Signature: _____ Date: _____

On a separate sheet of paper, please write a brief essay describing your career goals and what you hope to gain by furthering your education and what you may bring to our club in the future. Also include with this application one letter of recommendation from a teacher, educator or employer.

Please mail completed application to: NRAMA Scholarship Application
P.O. Box 393
Grahamsville, NY 12740

Ellenville
Regional
Hospital

Programs

Farm-acy: Thursday, April 13th and 27th at 4:00 PM located behind Ellenville Regional Hospital.

Tasty Herb Gardening Family/Community Workshop: Thursday, April 20th from 6:00 PM – 7:00 PM in the Ellenville Jr/Sr High School Media Center. To register, please call or email Veronika at vdaragona@erhny.org or 845-647-6400 ext. 247.

Gardening Class with CCEU: Wednesday, April 26th from 11:00 AM – 1:00 PM in the Lower Conference Room at Ellenville Regional Hospital. To register, please call or email Veronika at vdaragona@erhny.org or 845-647-6400 ext. 247.

New Horizons: A Healthy Living Program for Seniors: Tuesday, April 25th from 1:00 PM – 2:00 PM at 19 Healthy Way Ellenville, NY 12428. To register, please call or email Olivia at oingalsbe@erhny.org or 845-647-6400 ext. 281.

Sharps Container and Medication Collection: Friday, April 28th from 12:00 PM – 4:00 PM in the Emergency Department entrance of Ellenville Regional Hospital.

Healthy Cooking Class with CCEU: Wednesday, April 26th at 6:00 PM on Zoom. To register, please visit: www.ulster.cce.cornell.edu/events

Parent and Child Cooking Classes with CCEU: Wednesday, April 12th, 19th, and 26th at 6:00 PM in the Ellenville Senior High School Cafeteria. To register, please contact Mary at Brimmer at mmb335@cornell.edu, call 845-340-3990 ext.326 or visit their website at: www.ulster.cce.cornell.edu

Narcan Training by Appointment: You can now schedule your own Narcan Training when you are available. You will have the option of over the phone, via zoom or in person (Here at the hospital, at Family of Ellenville or at the Ellenville Library). To register bit.ly/ERHNarcanTraining If you have any questions, please feel free to call 845-647-6400 ext. 318



Celebrate Earth Day!

A Grab + Go Event for ALL Ages

Saturday, April 22, 2023

Pick up supplies: 9 a.m. to 12 p.m.

while supplies last

Can you dig it?

Let's do our part for the Earth and plant something!
We'll supply the pot, soil, and seed. YOU plant at home!

Earth Day is celebrated annually on April 22nd with events worldwide in support of the environment and to raise awareness for the environmental protection and care of our planet.

Thank you to the New York Ag-in-the-Classroom and the Cornell Cooperative Extension 4-H program for supplying the Tomato & Basil seeds and soil!

Reuse the Past * Recycle the Present * Save the Future

Cornell Cooperative Extension | Sullivan County 4-H Alpaca Program



Friday
April 28th
6:30 pm
FREE!

For Sullivan County Youth interested in alpacas!

- Youth will develop basic skills in alpaca knowledge through hands-on learning!
- Learn alpaca history, specifics on the species and breed, temperament, and their use!
- No alpaca ownership is required to be involved!



Program will take place at the Extension Education building.

Registration is required in advance.

sullivanccce.org • sullivan@cornell.edu • 845-292-6180

Any Sullivan County youth age 5-18 can enroll in 4-H for FREE.

Cornell Cooperative Extension Sullivan County provides equal program and employment opportunities. Contact the office to request accommodations.



LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

Join the more than
2.6 MILLION

First Aiders who
have chosen to be
the difference in
their community.

UPCOMING TRAININGS:

Friday, May 19 - 8am - 4pm

OR

Thursday & Friday, September 5 & 6
8am - 12pm

Sullivan BOCES Training Room
15 Sullivan Ave. Liberty, NY

To register for one of these trainings,
email info@sullivan180.org.

To ensure CTLE's also register at bit.ly/CTLESullivan.

Learn how to respond with the Mental Health First Aid Action Plan (ALGEE):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

SULLIVAN 180

Building a healthy community, one degree at a time.



Sullivan180.org • 845.295.2580



For more information, visit MHFA.org



ELLENVILLE REGIONAL HOSPITAL GIFT SHOP

**SALE
INTO
SPRING**

APRIL 13TH & 14TH | 10 AM to 3:30PM

**30% OFF
NEW LINE OF CLOTHING,
ACCESSORIES, AND JEWELRY**

10 HEALTHY WAY
ELLENVILLE NY

ERHNY.ORG
845.647.64000



Giant Pumpkin Growing Time

at the Daniel Pierce Library

Saturday, April 15, 2023

10:00 - 11:00 a.m.

*please note new day and time

Did you ever wonder how to grow a GIANT pumpkin? Join our special guest, multi award winner giant pumpkin grower, Sean McAndrew as he talks us through the steps from seed to pumpkin! He will share everything you will need to know to cultivate your very own GIANT pumpkin.

Registration is open to patrons ages 11 and up.
Please register online at www.danielpiercelibrary.org



To Register for How to Grow a Pumpkin go to:

<https://docs.google.com/forms/d/e/1FAIpQLSctOwD8xBbZw9gWuenacDbImPn3pKDQ-PzOwbAU4S822Rr6Tg/viewform>

CHILD + BABYSITTING SAFETY COURSE

at the Daniel Pierce Library

For Tri-Valley Students
11 - 15 years of age



SATURDAY, MAY 20, 2023

9:00 a.m. - 2:00 p.m.

Looking for a job this summer? This 5 hour course will provide the necessary skills needed to care for infants and children. Learn CPR and Child and Babysitting Safety (CABS). Brought to you by ClassRooms to You, instructed and owned by Michael Conglelosi, NYS FF/EMT. An approved training center for American Safety & Health Institute. Space is limited. \$65 per registrant, due day of event

- *Become a babysitter
- *Safety instruction
- *How to take care of Children
- *What to do when things go wrong
- *Learn basic first aid
- *Gain confidence
- *This is an outside event, weather permitting
- *Additional course information to follow upon registration

BRING YOUR LUNCH!

Advance registration only.

Register online @ www.danielpiercelibrary.org



Daniel Pierce Library

328 Main Street | P.O. Box 268
Grahamsville, New York 12740-0268 | 845-985-7233

To register: baby sitting course register now:

<https://docs.google.com/forms/d/e/1FAIpQLSeK8AW5bxNAkVtLv2ZVwFhtZJYXrzmKq7OYGLDVR4tsw7xZiA/viewform>



Live

Medicare 101 Zoom Webinar

Saturday, April 22, 2023

10:00 A.M. to 12:00 P.M.

Presented by:
James Farnham, MBA, MS
Licensed Agent

Will you be turning 65 soon? Are you eligible for Medicare?

Please join us for this live webinar as we learn about Medicare basics including, Prescription Drug Plans, Medicare Supplement Plans, and Medicare Advantage Plans (HMOs and PPOs). This program will simplify the choices you need to make, help you make well-informed decisions and explain what Medicare means to you!

Advanced online registration at danielpiercelibrary.org is required. Those who register will receive an email prior to the event with a link and instructions on how to join.

Register now: <https://danielpiercelibrary.org/Pages/Index/226538/medicare-101>

Tri-Valley Lions Journey For Sight Annual Walk Saturday, May 6, 2023

In memory of our fellow Lions lost over the past years. All proceeds go into our Charity Account to help support the missions of The Tri-Valley Lions, which include Sight, Hearing, Diabetes, and support to Guiding Eyes for the Blind, Local Food Pantries, Service Awards for local high school graduates, Sight Screenings, and so much more

**Register at 8:30 am on
Saturday, May 6, 2023
at the Grahamsville First Aid Squad Building**

Please be available no later than 8:50 am for a group photo before the start of the Walk. Walk starts promptly at 9 am from the First Aid Squad Building and consists of as many loops around the Fairgrounds that each walker feels comfortable doing.

COME WALK WITH US!

Refreshments will be served before and after the walk. For additional pledge sheets or questions about the Journey For Sight Walk, please call **Esta Jacob 845-985-2927** or **Stephen Miller at 845-798-1981**.

Thank you!

PFC Joseph P. Dwyer Peer Support Program

2nd Annual

VET FEST

Saturday 11am-6pm

August 5, 2023

Grahamsville Fair Grounds

**FREE for Veterans, Service Members,
and their Families**

Music by Derek Stoner

**Free rabies and distemper vaccines for Service Dogs
provided by Catskill Veterinary Services.**

Proof of previous vaccines and Service Dog Certification required

ALL ARE WELCOME



**For more info, call 845.794.4228 or
follow us at Vet 2 Vet of Sullivan County on FB & IG**

RIVOLI Sullivan County DRAMATIC WORKSHOP 2023

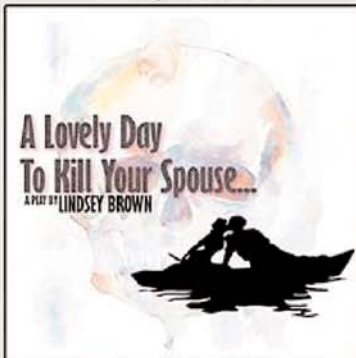
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May 12-14, 19-21



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July 7-9, 4-16



August 11-13, 18-20



September 8-10, 15-17



October 6-7, 13-14, 20-21, 27-28





December 8-10, 15-17

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JUNE 19, 2023



PARADE LINE UP STARTS
@ 11:00am
NORTH STREET IN
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11:30AM- 1:00PM

RECEPTION, ACTIVITIES
AND REFRESHMENTS
AT TED STROEBELE
RECREATION CENTER
1:30PM- 3:00PM

FOR MORE INFORMATION CONTACT:
Jane Sorensen Email: jsorensen@k12mcsd.net or
call
(845) 807-6332

Rain or Shine!

PIANO PLUS! CONCERT SERIES

Saturdays at 4:00 p.m.

April 22 Pelia String Quartet with
Hiroko Sakurazawa, piano

May 13 John Halle, piano

Olive Free Library



Suggested donation:
\$15 at the door
\$12 before day
of concert

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FATHER'S DAY RAFFLE

1st Prize: EVEN EMBERS Ceramic Egg / Pellet Fueled
Blue Tooth Enabled

2nd Prize: Pit Boss 5 Series Wood Pellet Vertical Smoker

3rd Prize: Char-Griller Portable Grill

DRAWING DATE: JUNE 15, 2023

DONATION: \$10.00 Each

No. 0001

Name _____ Telephone _____

No. 0001

For more information or to purchase your raffle tickets
Contact: Eric Akerley 845-707-1483

Vendors Wanted!!

HEALTHFEST 23!



Public Health
Prevent. Promote. Protect.
Sullivan County
Department of Public Health

June 4, 2023
11:00 AM—3:00 PM
Hanofee Park
129 Sunset Lake Rd
Liberty, NY



Would you like to be part of a FREE fun day promoting health and wellness in Sullivan County?

Do you have a health and wellness service or activity that you would like to promote ?

Then we want you! Sullivan County Public Health and Action Toward Independence invite you to participate in our first annual HealthFest!

We are planning a fun filled day of information, refreshments and fun activities for all ages to encourage county residents and visitors to discover all the services and activities available in Sullivan County.

For more information, or to register your organization or group to be part of the fun, contact:

Shawn Comfort
ATI
scomfort@atitoday.org
845-794-1228

or

Jill Hubert-Simon
SC Public Health
Jill.hubert-simon@sullivanny.us
845-513-2243



Wellness Writing Series



For Veterans and their families

Learn how to:
Communicate better
Relieve stress
Preserve your memories and stories

Lessons are free and all materials will be provided
Taught by Michelle Levy MA, who has been teaching
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Session 1: Journaling

3rd Thursday of every month 5-6 pm

Registration Required, please call 845-794-4228

309 E Broadway Suite A Monticello NY 12701



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Firewood for sale**

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William Brenner
(845) 985-7411

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Salary based on experience.
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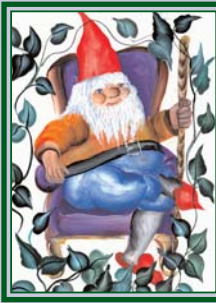
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WORLD WAR II**

Super Heroes of *The Justice League* go back in time to **World War II**. All our *Heroes* are trying to prevent the immortal Vandal, **"SAVAGE,"** from using future technology to change history.

Our **Super Heroes** fueled by their restored faith in humanity, inspired by Superman's selfless act, Bruce Wayne (Batman) enlists the help of his new found ally Diana Prince (Wonder Woman), to face an even greater enemy, causing the team to now face an even greater threat to global peace.

Together, Batman and Wonder Woman work quickly work to recruit a team to stand against this newly awakened enemy. Despite the formation of an *unprecedented league of heroes*, **Batman, Wonder Woman, Aquaman, Cyborg and the Flash** may be too late to save the planet from an assault of catastrophic proportions.



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And find out what Superman's selfless act was.
For more great Justice League videos click the link below:

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(Contd. Pg. 75)

(From Pg. 74)

**KNARF'S CLASSIC MOVIE'S
ON AMAZON, IMOB
"IT HAPPENED ON 5TH AVENUE"**

(Holiday comedy / 1h 55m | TV-G 1947)

A classic **TCM HEAR-WARMING COMEDY** about the long gone business prac-



tice that supported the rights of the individual person and supported the humanity in all of us. It was a time when people came first and business second. Couple this with tongue in cheek LAUGHTER, kindness and humility when the rich and a hobo meet and live on equal ground.

Directed by Roy Del Ruth, and starring Don DeFore, Gail Storm, Ann Harding and Charles Ruggles.

FUNNY, FUNNY, FUNNY!

KNARF'S CLASSIC MOVIE'S

WE ALSO HONOR CLASSIC RERUNS –
on Spectrum TV, channel 151 (hericnh)
Heros and Icons channel –7:00 AM weekdays

Maverick

(TV - G / COMEDY / WESTERN DRAMA)



Playful con artists, and gambling gunmen – Bret and Bart Maverick played by James Garner and Jack Kelly keep the 'ole' west alive through mysterious, but solvable crimes.

STAR TREK

original series

(Adventure science fiction, age 8 plus)
Tune into channel 151 on Spectrum,
or search on your provider



Star Trek is an American science fiction media franchise originating from the 1960s television series of the same name –*Star Trek* –created by Gene Roddenberry.

That series, now often known as "The Original Series", that made its debut on September 8, 1966, and aired for three seasons on NBC. It followed the Voyages of the Starship USS Enterprise, a space exploration vessel built by the United Federation of Planets in the 23rd century that was on a mission "to explore strange new worlds, to seek out new life and new civilizations.

*Stay safe and stay well,
Knarf Odnamoc
Gnome*



Caring Hearts and Helping Hands

Volume 2 - No. 2 April/May/June 2023

Seniors Can Reap Benefits from Spending Time Outdoors

Courtesy of ELDER CARE ALLIANCE

Few pastimes restore the body and soul like spending time in nature. Research has confirmed that being outside does more than just lift your spirits; it also provides a boost for your physical and mental well-being. What are some of the benefits for seniors who take time to enjoy the great outdoors?

Improvements in Mental Health

Seniors who spend time outdoors may experience less depression and anxiety. Individuals who run, bike or walk in natural settings have a reduced risk of mental health problems compared to people who do their exercise inside.

Participating in nature walks with others is linked to more positive feelings and better mental health, along with lower levels of depression and stress. Seniors who are unable to exercise can benefit from getting outdoors by enjoying the change of scenery, smelling freshly cut grass and seeing beautiful, natural vistas.

Experts advise that seniors should try to spend time in natural areas like parks on a regular basis. The relaxation that nature provides can improve mood and increase overall feelings of happiness.

Abundant Energy

Being outside in nature makes you feel more alive



and provides a greater sense of energy and vitality, which can help make you more resilient to illness.

Spending time outdoors may boost your memory. One study found a 20-percent improvement in attention span and memory after spending just one hour in a natural environment. More time spent outdoors resulted in even greater gains in memory, and it may improve creativity as well.

Better Overall Health

Being outside can help increase levels of Vitamin D, which often is low among seniors. Low levels of this

important nutrient are linked to pain in muscles and bones, inflammation, higher risk of Type 1 diabetes and several types of cancer.

Getting sufficient Vitamin D can help reduce your risk of a number of physical ailments, including rheumatoid arthritis, multiple sclerosis and heart attack. By spending just 15 minutes outside in the sunshine each day, you help your body receive the recommended dose of Vitamin D.

Being outside may also improve your overall immunity by boosting your count of white blood cells, and the improvements may last for a week or more. In addition, time in nature may help you recover more quickly from an injury or illness.

Many Ways to Get Outside

If you enjoy aerobic exercise like walking, heading outdoors for your workout can provide additional benefits. Although, traditional exercise isn't the only way to spend more time outside.

Gardening is another great way to interact with nature and get some exercise at the same time. Consider creating a natural area with native species that can become routes for butterfly and bird migration. You might consider joining a group for nature-oriented activities like birdwatching.

No matter the activity, research tells us that simply being outside and enjoying nature can provide a variety of benefits for your energy, creativity, and mental and physical well-being.



Courtesy of Fellowship Square, AZ

Special Thanks for their
Permission to print this article:



<https://eldercarealliance.org/>

A Culture of Caring

Elder Care Alliance is an association of residential communities with one mission: to help older adults live a life of purpose and belonging rooted in holistic wellness.

As we Rejoice in the Spring and Summer Months

by Reb Sally Shore-Wittenberg

I am honored to be writing this piece for JFS Ulster's Spring edition on the first of the new Hebrew month of Nisan, just after the vernal equinox and two weeks before Passover. *Chodesh Tov* - may it be a good month for you and your loved ones!

The English months of April, May and June align approximately with the Hebrew months of *Nisan*, *Iyar* and *Sivan* as well as the spring season in the northern hemisphere. In fact, this new month is also called *the month of Aviv* - which means *Spring!*

It was in the month of Nisan that the people of Israel were redeemed from their Egyptian taskmasters through a series of miraculous signs and wonders, brought through the Red Sea dry shod, and brought for 50 days through the wilderness until they arrived at Mt. Sinai, site of the divine revelation and receiving of the Torah.

Through a series of holidays and traditional practices we are invited to make a similar journey each year.

Biblically obligated into observing and celebrating Passover, we begin with the annual rituals of removing leavened products from the house, participating in two Seders and eating matzah (unleavened bread) for eight days. The Seders themselves have a ritual format in which, according to Exodus 13:8, we are to "...tell our son **on that day** [Passover] saying, 'Because of this [enslavement] God acted for me when I came out of

Egypt" In the telling, we are also invited into our own immediacy of experience by later Sages, "In every generation a person must regard himself as though he personally had gone out of Egypt".

This requirement/request, that "a person must regard themselves as though they personally had gone out of Egypt", is an invitation over the 50 days. From the first of Nisan, through the month of Iyar and into the month of Sivan in which we

celebrate Shavuot and the gift of Torah, **we try to manifest through intention and practice, our own journey from redemption to liberation through personal growth.**

Redemption from slavery didn't magically turn our

ancestors into a truly "free" people. After 400 years they would understandably retain the posture and attitude of slaves, not yet able to accept responsibility for their own needs; food and water. Nor were they ready to accept the responsibilities that their G-d of redemption, YHWH, would be asking of them.

Seven weeks and a day later they arrived at Sinai, where G-d's self and the entirety of the Torah and Law were revealed. What happened during those 50 days? And what can be our journey in



the 50 days between Passover and Shavuot known as the Omer?

We are asked to count each of the 50 days in the evening, literally counting, according to a prescribed format in a ritual known as “counting the Omer”. Each week of the Omer is assigned a Divine trait ie: **lovingkindness, right boundedness, compassion, decisiveness, gratitude, connection, and mindful speech.** For some, this becomes a time to concentrate each week and cultivate greater skill or depth in that trait.

This is a worthwhile and fulfilling practice. If you are interested in learning more please don't hesitate to contact me.

The Omer ends the evening before Shavuot. After seven weeks of active spiritual practice, each person feels ready and willing to accept the Torah, again. We remember those words “*a person must regard themselves as though they personally had gone out of Egypt*” as we recall that every Israelite soul, past present and future, was at Sinai for the revelation and receiving the Torah. And so we prepare the night before (Leil) Shavuot, by learning Torah deep into the night - for some all night.

By the morning of Shavuot our journey is almost over. We celebrate by reading Torah, hearing special holiday tunes for the service and Scripture readings, and of course we eat! The special foods for Shavuot are dairy delights — especially cheesecake!

We will have made our ancestors' journey from redemption to liberation and made our own. Mindfully taking on improvement of traits, noticing and appreciating the passage of each day, we are liberated. We are freer of the tightness of spirit that holds us back from being the loving kind, compassionate and more just people our souls long for us to become.

May your Pesach/Passover be sweet and meaningful, may your Omer be a time of growth and refinement, and may we all arrive at Shavuot ready to learn and live Torah with enthusiasm and connection with the divine.

Reb Sally kerhonksonrabbi@gmail.com



Reb Sally Shore-Wittenberg has been the spiritual Leader of the Kerhonkson Synagogue in Ulster County NY since 2012, leading services there in a contemplative and meditative style. She loves Kerhonkson; the community and general area, and feels physically and spiritually at home among the solid rock face of the Shawangunk Mountains and the memories of the many Jews that summered there.

Based in lower Westchester County, Sally has been learning and teaching Jewish topics in communities since 2010. Of special interest have been Mussar, Jewish Mindfulness Meditation, Wise Aging, and Hasidic thought.

While enrolled in the rabbinic track at the Academy for Jewish religion, Sally completed several units of Clinical Pastoral Education at JTS and worked as a chaplain in Hospice and with Holocaust survivors through the SelfHelp program.

Happily married for 40 years, Sally & Bruce are the parents of four sons, two perfect granddaughters and two perfect grandsons.



Kerhonkson Synagogue
26 Minnewaska Trail
Kerhonkson, NY 12446



Serving the
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Elder-Communities
of All Faiths

- *Elder-Abuse Advocacy (E-MDT)*
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- *Bereavement Support Groups*
- *Relief for Caregivers*
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- *Driving to Medical Appointments*
- *Yard Maintenance Program Assistance*



JEWISH FAMILY SERVICES OF ULSTER COUNTY

280 WALL STREET, 2ND FL. ♦ KINGSTON, NY 12401
PHONE: (845) 338-2980 ♦ FAX: (845) 331-4875
JFS.ULSTER@GMAIL.COM ♦ WWW.JFSULSTER.ORG

★ ★ Alerts ★ ★



Center on Budget and Policy Priorities

cbpp.org

As Congress works through federal budget proposals and prepares to reauthorize the Supplemental Nutrition Assistance Program (SNAP) in the pending farm bill, some prominent proposals from House Republicans would harm SNAP participants by taking food away from people who can't show every month that they meet or are exempt from new work requirements.

One bill, from House Agriculture Committee member Dusty Johnson and more than 20 other House Republicans, would dramatically expand SNAP's already harsh work requirements, putting more than 10 million people — including millions of children — in states nationwide at risk of losing at least some of their food benefits.

That includes about 6 million people who would potentially be newly subject to the time limit and at risk of losing SNAP, and about 4

million children who live in families that could have their SNAP benefits reduced, harming the entire household.

Our new paper includes the number of people at risk of losing SNAP benefits in each state.

A very significant number of people would likely lose benefits because they are out of work or working insufficient hours, the state failed to screen them for an exemption they should have qualified for, or they were unable to navigate the verification system to prove they are working.

READ THE REPORT:

copy and paste the following internet address into your browser bar:

<https://www.cbpp.org/research/food-assistance/families-older-people-in-every-state-at-risk-under-proposed-snap-rule-that>

JFS accepts Medicare and Medicaid and has a sliding scale for self pay. Our goal is to reach as many people as possible, please reach out to discuss.


Contact Jewish Family Services of Ulster County 845-338-2980 to set up an intake.

If you are struggling with mental health the **24-7 Hotline** is available, **call 988 or Text HELLO to 741741**

Veterans call 1-800-273-8255 and Press 1 to talk to someone or send a text message to 838255 to connect with a VA responder

If you need immediate help dial 911

Please feel free to contact us with your feedback, as we are always eager to speak to you and assist.



Help your loved one feel less isolated, depressed or anxious in the Spring & Summer Months.

by Judith Bromley, RN

Isolation comes from the Latin root “insula” meaning “island.” We understand it to mean being separate from others either physically or emotionally. It is a separation, a withdrawal, segregation from others expressed as loneliness, depression and anxiety. As people age, senses dim and attention span diminishes. **There is a tendency to withdraw from activities and from others due to declining health either physical or mental.** *“I cannot hear you”* so conversation is stressful. *“I cannot see you”* so I begin to feel fearful of you. *“I cannot smell”* so food loses its taste. *“I cannot stand or walk as I once could”* so activities are difficult. *“I cannot remember the days or dates or what happened but a few minutes ago”* so I am embarrassed. **Then there was the Pandemic which required actual medical isolation from one another.** *“I have not quite recovered from my fear of catching a disease so how can I go out?”*. *“You don't want me to drive any more”* Homes once nestled into nature now become seriously far away from the community. **We say: “No man is an island” but we allow our seniors to isolate. How do we help our family members, friends and neighbors to connect with the community again? Gently and slowly and at their own pace.** We begin by visiting and developing trust.

- Reading a favorite book or looking at a photo album or listening to music inside.
- Try putting up a bird feeder to direct the person's attention to the outside.
- Then we can suggest sitting on the porch.
- Help the person notice what is happening in the wider environment such as a squirrel or neighbor or the songs of the birds. Follow

this with sitting outside away from the house.

- Suggest a “Ride to Nowhere”. This Ride to Nowhere is a favorite of a caregiver of a person with Parkinsons. Her husband enjoys riding but rarely talks. She will ask him what direction to go in and he will point. She says it is very restful for them both.
- They pack a lunch or snack. She notes that you need to be aware of location of bathrooms in your travels if you are planning to be out for more than an hour
- Sitting by a river or stream is very peaceful.
- Short walks on paved surfaces like the Ashokan Reservoir <https://www.dec.ny.gov/outdoor/101552.html> or
- the Walkway over the Hudson <https://walkway.org/> are good choices as they have beautiful views, convenient benches and Porta-potties.
- Watch the world saunter by as you sit together on a bench.
- Historic houses in our area such as the Vanderbilt Museum <https://www.npca.org> have lovely walks and bathroom facilities.
- The Hudson Valley has a number of Labyrinths that can be visited and walked through <https://fairstreetreformedchurch.org/?page>



Our Support Groups & How they Work

with Judith Bromley

A group could be described as a company, collection or an association of a number of people or things that are located close together or are considered or classed together.

So the groups that are offered by Jewish Family Services, and are groups of persons unique and yet related through the experiences of life that they find themselves passing through.

Support has many meanings: a foundation, a framework, sustenance, and maintenance to list but a few.

People who join our groups find a place where they can feel free to express themselves to others who understand how hard it is to pass through the stages of life that include caregiving, witnessing the death process and the aftermath of losing a loved one. Being able to talk about the journey, receive validation, feedback and suggestions sustains them.

People find resources here and have the possibility of engaging with one another on many levels outside of the group if so desired, as we encourage networking.

We create a very flexible set of circumstances so we can serve as many people as possible. These groups are free of charge and there is no obligation to attend any certain number of them. We understand that not everyone can be on time and it may only be able to attend a certain portion of a group. Groups begin with a

brief breathing exercise to help all participants focus and relax. Then a gentle reminder about the importance of confidentiality. Then each participant has a minimum of 5 minutes of uninterrupted time to share whatever they want the group to know about themselves and their journey. The group then gives supportive feedback.

The facilitator keeps time and is available after the group for any special concerns or issues that require more professional resources.

Judith is a Masters prepared psychiatric nurse with more than 30 years of experience in the field. She has been a professional staff developer as well as an adjunct professor of nursing at the Associates and Bachelor's levels. She developed and directed a women-to-women mentoring program currently known as Raising Hope.

In 2019, she became director of the REST Companion Program through Jewish Family Services. The REST Program trains volunteers to become in-home companions for elderly persons. The mission of the program is to restore dignity to elders who are isolated in the community and reconnect them with meaningful relationships that honor their stories and the richness of their lives. We are in the process of recruiting volunteers as well as interviewing new participants.

Judith is a consultant for the Office of Aging, Jewish Family Services and Catskill Neighbors. She facilitates caregiver groups and a grief group. These groups are currently via zoom and open to all.

SUPPORT GROUPS

Each group will be conducted by Telephone or Zoom.
The Group Leader will provide you with the number or the link
once you have signed up for a meeting.



Caregiver Support Groups

Zoom Conference - Judith Bromley

Every 1st and 3rd Monday each month
9:30- 11 a.m.

Every 2nd and 4th Monday each month
12:30 PM- 2:00 pm

Telephone conference - Donna Weintraub

1st Thursday each month
2 PM



Bereavement Support Groups

Telephone Conference - Donna Weintraub

Every 1st & 3rd Monday each Month
4:30 PM

Zoom Conference - Judith Bromley

Every 2nd & 4th Thursday each Month
1:00 PM

Contact: Judith Bromley MS, RN
1-845-559-5656
judithbromley417@gmail.com



SUPPORT GROUPS TESTIMONIALS

There are so many things that our parents and communities prep us for as we are growing up. Caregiving is not particularly one of those items. Occasionally we have the opportunity to see others do caregiving but generally it is from afar, perhaps watching a caregiver or nurse helping as we are coming and going during our day to day routines.

It wasn't until 6 years ago that I became a caregiver. This time to my post-stroke husband. The experience has been nothing like child-rearing which was my only personal experience caregiving.

It was a shock to me at how ill-prepared I was for the task and how alone I felt while my family and friends were all still immersed in their careers. Where do you turn first? How do you learn the skills that you need? And how do you help your care receiver, not with the medical issues, but with social issues that are day to day.

I joined the JFS Caregivers Support Group at the urging of a friend. It has been life changing for me. Not only have I learned to negotiate the difficult medical and social paths, I have bonded with an amazing collection of empathetic and strong individuals who help celebrate the victories, and lift me up when I feel defeated.

Though we meet biweekly, I am so grateful for this group and our facilitator everyday.

Sincerely,
Hannah Scarpati

I have been attending the Bereavement Support Group with Judith Bromley for about 8 months, since the passing of my beloved life-partner in December of 2020. His loss, and the grief that followed, has ushered in perhaps the darkest period of my life. I felt as if I was dying alive and helpless and hopeless. However, the sharings of others at the Zoom meetings enabled me to see how much in common I had with others' losses, even though the circumstances may have been different. After a while I began to find ways to see I had inner strength and resources that I had forgotten I had - and have since learned to live with the grief while putting one foot in front of the other and finding new joys in friendships and the daily, necessary tasks of life. I am so grateful to Judith and all the participants who attend the Bereavement Support Group.

- Jay

I first met Judith Bromley in the caregiver group that she was leading back in 2017. My husband was in a nursing home, and her support and wisdom in leading this community group was

Just knowing that a group of strangers come together as caregivers to support, listen, share and uplift one another is very inspirational for me. I've found a voice with fellow caregivers. While our situations are all very different, our empathy and dedication to purpose are lightning rods to help us as we journey forward.

Kathleen Furman

My JFS support group has been like a lifeline to me. Our group has developed a strong caring bond among the members and it is a wonderful feeling to have such a safe place to speak twice a month while going through this awful process of watching someone disappear.

Sara

Our caregivers' group has saved my sanity for years. The guidance and knowledge of our facilitator along with the support of women in similar situations is invaluable. It provides time for exchanging resources, comfort, close listening and tears. And love.

Lady T.

instrumental for me, in getting support and guidance. When he was able to come home in 2020, and was able to pass in our home, in 2021, I was able to benefit again from joining the Grief group that she was offering. The way she makes sure that each person is given the space to report and reflect on this personal grief journey, and holds the container space with respect and compassion for each person, is again a great benefit to me at this time. Thank you for supporting her to provide this care for the community - all the participants who attend the Bereavement Support Group.

- MH

I feel very safe to speak openly about my experience with members in the grief group. Everyone has been very kind and participated in active listening and acceptance. They are a very supportive group of people who understand and relate to the various pains and experiences that we go through in life after the passing of a loved one. It means a lot to be seen, heard, and understood.

- J



The E-MDT Corner

With Nick Morris &
Sarah Kieran

Greetings! We'd like to introduce our Enhanced Multi-Disciplinary Team Program (E-MDT). Our mission is to work together with professionals from a varied number of organization and government branches in five counties: Ulster, Orange, Dutchess, Sullivan and Rockland. We help to investigate, prosecute, intervene and provide assistance to elderly victims of financial and physical abuse or neglect.

Our team consists of the following agencies:

- **Adult Protective Services**
- **Office for the Aging**
- **Law Enforcement**
- **District Attorney's Office**
- **Department of Social Services**
- **Financial Institutions**

Contact Us:

Nick Morris: (for Ulster, Orange and Dutchess Counties)
NMorris@jfsulster.org (845) 338-2980

Sarah Kieran: (for Rockland and Sullivan Counties)
skieran@jfsulster.org (845) 338-2980 or cell: (845) 219-5183



SPOTLIGHT ON E-MDT SPRING 2023

by Sarah Kieran, LMSW

There is so much exciting happenings in the E-MDT program. We have been working hard to build relationships with the Hudson Valley Hub, which encompasses Sullivan, Rockland, Orange, Dutchess, and Ulster counties. I have the opportunity to focus on Sullivan and Rockland county while also supporting Orange, Dutchess and Ulster, I've been taking every opportunity presented to engage in-person with those communities and those working within those communities. It has been a highlight to learn more about the different areas in our state while advocating for the safety of seniors and the elderly.

Over the last few months, I have been connecting with and strengthening the Sullivan County team. I am forever grateful to Department of Social Services, Office for the Aging, Office for Human Rights, and so many others for not only welcoming me into their county and team, but also helping me to be informed of the challenges, barriers, and most importantly, the strengths of the community. It is a privilege to work with and being a part of this amazing team.

I've had the pleasure of engaging in trainings and conferences in Rockland and getting to know the Rockland Team members; going to those communities and meeting the professionals – as well as community members - seeing the various communities. Again, Office for the Aging, Department of Social Services, Jewish Family Services, and the District Attorney's office, among so many others, have not only been welcoming, but extremely supportive of the E-MDT mission.

As a Social Worker, I have always had the distinctive pleasure of seeing humanity at their best, when having to deal with the worst. The professionals in

Office for the Aging and Adult Protective services in all the counties are an attestation to that. The Hudson Valley Hub also has so many agencies run through the state and local governments as well as not-for-profits that work daily to help to lift our community members, support, and provide resources. While my position as an E-MDT Coordinator has little interaction with community members directly, I have seen how much these social workers, case workers, lawyers, counselors, investigators, law enforcement, support workers and others, have dedicated their lives to helping others, often during their most vulnerable times.

We are excited for many upcoming conferences, training sessions, outreach events, and public engagement activities in the Hudson Valley *and throughout the State* to continue to bring resources to our teams. I am also personally very excited to begin strengthening our relationships with Ulster, Orange, and Dutchess counties over the next several months. We live in an amazingly diverse, beautiful, and supportive area that has the benefit of amazing professionals who not only advocate for elderly victims - but truly care.

To find out more about the E-MDT Program, also visit our website: [JFSUlster.org](https://www.jfsulster.org)

or visit the NY State E-MDT website:
<https://www.nysemtdt.org/>



NYS Enhanced Multidisciplinary Team Initiative

Parent & Child Cooking Classes



Ellenville Senior High School
H.S. Cafeteria

Wednesdays 6 - 7pm

April 12, 19, 26 / May 3, 10

Join Cornell Cooperative Extension's
EFNEP Family Wellness Program for a free 7-week
series of cooking workshops.

Sponsored by Ellenville Regional Hospital!

Families will work together to learn how to make healthy, low-cost
meals: **ages 8 and up!**

Families who participate in 6 or more lessons,
graduate and receive a ***Certificate of Completion***,

**Childcare provided
and Dinner prepared!**

For resource - limited,
SNAP/WIC - eligible families

Attendance at 6+ lessons
required to Graduate.

To register, contact Mary Brimmer, EFNEP
Nutrician Educator at mmb335@cornell.edu

Call: 845 340-3990 x 326 or visit:

ulster.cce.cornell.edu





Parents Helping Parents

Support with Children or Other Family Members
with Mental Health or Developmental Differences

When:

Last Friday of the Month
6 - 7:15 PM

Where:

Kingston Pop-Up Shop & Café
10 Cedar Street Kingston

Why:

For Parents to give
and get Support

For More Info:

dvalea168@gmail.com



With support from the
ULSTER COUNTY
DEPARTMENT of MENTAL HEALTH

Yom HaShoa

Holocaust Remembrance Day Event



Sunday, April 16th 2-4pm

All are welcome to attend the Yom HaShoah Event of Remembrance and are invited to share a piece of writing, poetry, video, music etc., though this is not mandatory.

After all participants have shared, a discussion will be facilitated by **Kate Selzo** and **Judith Bromley**.

Refreshments will be served.

Location:

Kerhonkson Synagogue
26 Minnewaska Trail
Kerhonkson, NY 12446



If you are interested
please contact:

Kate Selzo at
kvolkselzo@jfsulster.org

or call
(845) 338-2980 to register



Elder Empowerment Council



Creator: Ljupco | Credit: Getty Images/iStockphoto

Elder Empowerment Council of Ulster County,
working to enrich the lives of Seniors,
is presenting information on combating:
Isolation, Elder Abuse, and Fraud

Thursday, June 15, 2023
1:30 - 3:30pm

Check with **Ulster County Office for the Aging** (845) 340-3456,
Jewish Family Services (845) 338-2980, Adult Protective Services,
or your Local Libraries and Senior Centers for times and how to attend.

Or you may contact **Sarah Kieran**, LMSW (She/Her)
Assistant EMDT Coordinator and Homebased Services Coordinator
Email: skieran@jfsulster.org Mobile Phone: (845) 219-5183
(at Jewish Family Services of Ulster County)

NY STATEWIDE SENIOR ACTION COUNCIL PRESENTS:
HOT FUN IN THE SUMMERTIME

Six Fun Ideas for Seniors to do this Summer



PERUSE THE LOCAL FARMER'S MARKET

Bring a recycled bag to purchase healthy fruits, veggies and snacks from local farmers. Check out the honey, flowers and pastries too!

PUT UP A LEMONADE STAND

Purchase some juicy lemons and berries to make flavored lemonades for your neighbors and friends



to enjoy on a warm day. Grab those raspberries, strawberries and blueberries that you purchased from the farmers market and Stir it Up!

PACK UP A PICNIC

Go to your local Park for a picnic! Pack a bag full of your favorite summer



eats, fruits and snacks. Bring an outdoor folding chair, a blanket and a portable speaker with your favorite music - and enjoy the Summer breeze!

TOUR YOUR OWN TOWN

Put on some comfy shoes and act like a tourist! Spend some time touring the city and hitting some sites you may haven't seen in years or seen before. Take a tour, check out the Hudson River Maritime Museum, The Saugerties Light House or Overlook Mountain.



GRAB THE GRANDKIDS

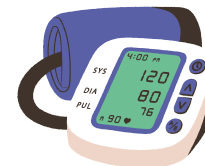
And go on a neighborhood nature hike. Explore the neighborhood and all that it has to offer. Check out the trees, leaves, flowers and animals along your way. Take pictures and document your finds.

Collect leaves, flowers, rocks and other findings.



CHECK OUT A LOCAL HEALTH FAIR

See what your town has to offer for Seniors. Have a blood pressure screening, participate in a fitness demonstration, check out the healthy food samples. **And remember it is ok to take information from the tables,** but don't give your personal information to anyone.



WE WISH YOU A HEALTHY AND SAFE SUMMER!

StateWide staff is always available for presentations, tabling events, and individual help to the community.

For more information, visit our website nysenior.org or call our toll-free Helpline at **1-800-333-4374**.



STATE WIDE

New York StateWide Senior Action Council, Inc

275 State Street, Albany, NY 12210

(800) 333-4374 - Fax: (518) 436-7642

Meet Our Interns



KATE SELZO

Hello! My name is Kate Selzo and I am a second year clinical MSW intern, currently enrolled at the University at Albany, and currently serving at JFS. As a member of the JFS team, I provide therapeutic visits to clients and their families under the Home-Based Program, while also co-facilitating three support groups, all of which are overseen by Judith Bromley. My responsibilities extend to administrative duties such as processing referrals, conducting intakes, and undertaking more substantial tasks like grant writing.

I have very much enjoyed my time working with the aging population and their caregivers and feel well-prepared to effectively apply population-specific interventions. Ultimately every challenge I have faced, while interning at JFS, has presented me with the opportunity to become a stronger, more trauma informed and culturally competent social worker; which will only benefit me as I work towards my career goals. While I am open to working with diverse populations, my ultimate goal is to establish a drop-in center in Midtown Kingston, targeting teenagers. My vision for the center includes providing 24/7 services – including counseling, skill building groups, coping skills groups, laundry facilities, and on-site showers at no cost to the youth.

SAMANTHAN STALZER

Hi everyone! My name is Samantha Stalzer, and I am a current MSW student at SUNY Albany. I am currently an intern for Jewish Family Services and enjoying my time there. I absolutely love helping people any way that I can. I currently assist with the Compassionate Calls Program, Home-Based Program and recently joined two support group. My goal is to gain as much insight and knowledge as possible during my time here at JFS. I aim to finish my MSW degree and, ultimately, become a licensed Social Worker



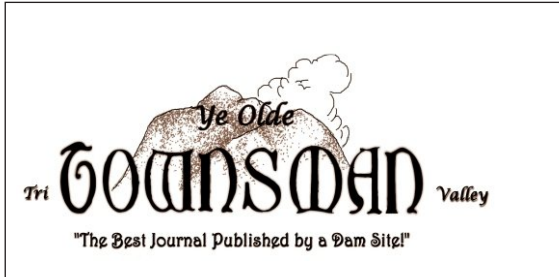
EMMA JUNEAU

Hi everyone! My name is Emma Juneau. I am a first year student pursuing a Master of Social Work degree at SUNY Albany, and have been interning at Jewish Family Services since September. At JFS I have been able to provide individual clients with emotional support, connection to resources, and



assistance with daily tasks like grocery shopping, as well as participating in our Caregiver Support Groups. I love being able to connect with the same people each week. This will be invaluable experience as I move into a career in clinical social work, as will the guidance I have received from Sharon and Sarah. I am grateful to everyone at JFS, especially our clients, for letting us into their lives.

Voices speak throughout our Counties: Notable Newsletters with varying perspectives



thetownsman.com

Ye Olde Tri-Valley Townsman is the official newspaper for The Town of Denning and The Town of Neversink. The first official Townsman was published by the Ronech Publishing Company on May 7, 1947. Thus, we have been serving our community for 76 years. The Townsman continues to bring the happenings of the Tri-Valley area and neighboring communities each week. On our website, thetownsman.com, you can find every issue published since 2007. While The Townsman has evolved and grown, it continues its reputation for proving that the most important news is always our small-town, local news - closest to home. Initially, the existing Tri-Valley school district was spread over a vast area located in both Sullivan and Ulster Counties and was comprised of little rural one-room schoolhouses. There was a need to consolidate and build a new school – Tri-Valley Central School. In order to create a way for staff and students to communicate and get local information, Dr. Carl Messinger, a minister of the local Methodist Church, Rev. Irving Marsland, Jr., the newly chosen supervising school principal, Gene Ross and three teachers, Inez Gridley, Mrs. Mabel Jocelyn and Fred Cryers came together and decided that a community newspaper could provide a bulletin board with information to keep the community informed. It was through their industry that the Townsman was born. Three-hundred people subscribed - and businessmen supported with advertising. The group gathered on Tuesday nights and production began each week. All material was typed on a manual typewriter and all advertising was hand drawn and hand lettered. The original format was 4 sheets of legal paper, mimeographed copied and stapled together; folded and hand addressed and individually stamped.

Email: tvtownsman@yahoo.com **Phone:** (845) 985-0501

Kingston Wire is a digital publication covering the dynamic city of Kingston, New York. We are non-partisan, totally independent, and owned and operated by people who live here. Kingston Wire covers all of Kingston - its many constituencies, cultures and communities. We write about the people, news and events of Kingston with timely, insightful stories, produced by a team of veteran journalists with over 40 years of experience covering the city.

Our aim with Kingston Wire is to preserve local journalism at a time when many Kingston-based media outlets have shuttered publications, outsourced newsrooms or greatly diminished their coverage. We are dedicated to covering Kingston in a fair, objective manner with honest and accountable reporting. Local journalism is crucial for a community to understand and govern itself. An informed community is an empowered community. Our team is the most valuable asset we have. The collective sum of the individual differences, life experiences, knowledge, inventiveness, innovation, self-expression, unique capabilities and talent that our employees invest in their work represents a significant part of not only our culture, but our reputation and company's achievement as well.



<https://kingstonwire.com/>

Shawangunk Journal - Kingston Wire - Mid Hudson News - HudsonValleyOne - Manor Ink



NewsAtomic Publications
<https://newsatomic.com/>

NewsAtomic is an innovative way to read the news and support the news gatherers of your community. Conceived, built and tended to by the Shawangunk Journal — a local newspaper in New York's Hudson Valley — NewsAtomic makes available to you all of the journalism the newspaper prints each week. But that's not all. NewsAtomic is open to all locally grown publishers, small and not-so-small, to provide readers a comprehensive experience of what's going on where they live.

On the "Home" screen of NewsAtomic you will find a selection of the most recent posts. Touching a post opens the Reader, where you can read the post, and view the next similar post by swiping left. In the Reader posts are ordered by date and grouped by type. For example, if you click on a news story, you can read the next news story by swiping left. Swiping right takes you to the previous story.



<https://hudsonvalleyone.com/>

Hudson Valley One: Newspapers and online news and blogs.

Catskill Mountainkeeper's mission is to protect our region's forests and wild lands; safeguard air and water; nurture healthy, equitable, and sustainable communities; empower environmental justice communities; and accelerate the transition to a 100% clean and just energy future in New York State and beyond.

Established in 2006, Catskill Mountainkeeper is the strongest advocate for the Catskill region. Working with a network of concerned citizens and strategic partners, Mountainkeeper's programs protect and promote our region's extraordinary natural heritage, while promoting smart development that supports local communities and grows our economy in a sustainable way.



<https://www.catskillmountainkeeper.com/>



Life Returns to the Hudson/Catskill Region

with

“Ranger” Dave Holden Woodstock Trail Master

LIFE RETURNS

Waghkonk Notes

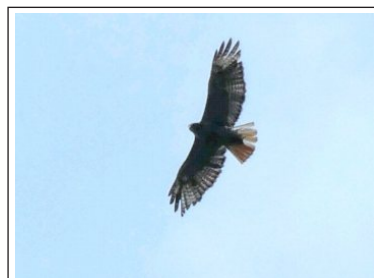
As Spring returns to the Catskills, life itself flows back into the land, much the same as the sap returns to the tree-trunk - in fits and starts - ebbing and flowing in that great seasonal tide. First, a reddish haze appears in the hardwoods, little dark-red bud-caps protecting new life. Once they fall off, red dots sprinkled on the ground, then a light-green haze gradually sweeps up the mountain valleys, buds bursting forth, green grasses jumping up to the new sun. Vernal rains wash away all but the memories of the winter past, leaving only vestigial grey-white piles hidden from the high angle of light under north-facing ledges, gradually leaching their precious liquid into the land, like secret whales of winter joyfully beaching themselves in sacrifice to the new season.

FAUNA

There is nothing subtle about the return of animal-life to our region, all taking advantage of an early spring. From the raucous calls of Canada Geese as they teem overhead on their way to the far north and the strident busyness of the Redwing Blackbirds and Robins, Spring announces itself with noisy abandon.

Commensurate with the increase in bird-life will always be an increase in insect-life as the two life-forms are inextricably bound together for untold millennia as

predator and prey. Indeed, there has been an outburst of every form of insect, including Compton Tortoise Shell and Mourning Cloak butterflies, and myriad moth-species haunting light-



bulbs large and small. Enjoy the relative bug-free early spring while you can, though recent rains have led to the first hatching of Non-

Biting (but very annoying) Midges. More and more migrating birds make their way up the Hudson Valley flyway, following ancestral routes deeply etched in avian DNA and guided by starlight and the earth's magnetic field. Numerous species of Hawks and Herons hunt their way northward, stopping to feed along their way, hawks looking for the hapless small rodent, herons hunting newly awakened Woodfrogs, Spotted Salamanders and Spring-peepers (part of the reason for the sudden burgeoning of these phibians is to insure against over-predation) - and any small fish they can find. I saw two Great Blue Herons circling and circling, for all the world like they were looking for a nesting-place. The amazing Woodcock -our little Timberdoodle - has returned to our fields, it's plaintive "peent" resonating far and wide. For some local Bald Eagles this is the time for nesting and the eagle-couples will be seen taking turns feeding the new, rapidly-growing hatchlings. Now is when local eagles are most protective of their nest, so this is a good time to give these wonderful creatures some space.

FLORA

As the world "greens up" around us, we know Spring is here. Fields and lawns are rapidly becoming brightly verdant. Ajuga, Crocuses, Daffodils, Ferns, Spring Beauties, Wild Chives, many species of wild grasses, all are awake with life now. Every day more plants pop out from little (or not so little) buds, soon to become flower or



leaf. With mild days and cool nights, the sap is flowing well in all the hardwoods, most notably Maples. The first of the Spring Ephemerals, Canada Mayflower (Wild Lily-of-the-Valley), and Trout-lily, are starting their seasonal march. For now, just the leaves of the Mayflower (photo below left) are poking up through the leaf-litter, but in May they will sprout their delicate little crown of white. Many square miles - literally - of our forest floor will soon be covered by these little beauties. Trout-lily leaves resemble (somewhat) a trout's speckled skin and always come up around the beginning of trout-



season. Soon, they will present their own yellow, bell-like flowers for our approval. Another fleeting aspect of a Catskills spring is the bright blush of our native flowering spring

shrubs - Crabapple, Dogwood, Spicebush, Shadbush, Wild Cherry and others, interspersed throughout the soon-to-be- leafed-out understory, adding temporary color to our otherwise wan early spring woods.

WATCH WHERE (AND HOW) YOU STEP

This is a particularly sensitive time for many of these small plants like the Spring Ephemerals. After having been protected by snow and ice, they are almost exposed, barely hiding just under the surface. If we wear the wrong shoes on the trails right now, and avoid mud-puddles, we can cause unnecessary damage both to these delicate little beauties (a number of which are struggling back from being Endangered/Threatened) and to the trail itself. By not walking down the middle of the path, we make it wider, so - PLEASE! - wear the right boots and stay on the trails, even if it means walking in the mud. Thank you



WATER IS LIFE

Hopefully, this season will be a little wetter than last year. We came perilously close to brush-and forest-fires and hopefully can avoid them entirely this

season. Have a great early Spring everyone. It's a beautiful, if frustrating, season because it sometimes seems to take forever as it makes up its mind whether it wants to be warm or cold, like someone tentatively dipping their toe into ice-cold water. Part of this is just our expectations after a long - and weird - winter. It's almost like Spring is getting us ready (ever so gradually) for Summer.

Thanks. Take Care, "Ranger" Dave Holden



"Ranger" David Holden is a New York State DEC Licensed Hiking Guide and has many years experience on Woodstock trails, old and new.


His love of nature and living off the land was fostered by his father, Hu Holden, from whom he learned at an early age to appreciate natural living and nature in its fullest sense.


He will show you beautiful places in Woodstock that regular trail hikers miss.

You can reach Dave in many ways:

(845) 594-4863

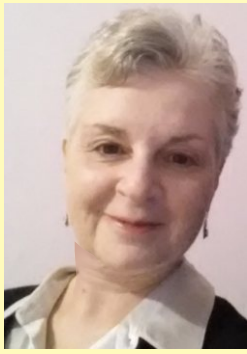
woodstocktrails@gmail.com

 Woodstock Trails on Facebook

 rangerdaveholden on Instagram

@rangerdaveholden

www.woodstocknytrails.com



Gina's Vegetarian Kitchen

With Gina Valente

Melt-in-your-Mouth Date "Truffles"

These delectable bites are simple to make, gluten-free, and sure to please your guests. Enjoy!



Prep time: 15 minutes

Refrigerator time: 1 hour

Serves: 4 snacks or 2 desserts

Put in a food processor:

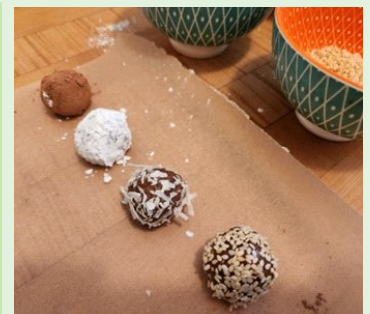
- 8 large pitted dates
- 1 Tablespoon Tahiti
- 1 teaspoon maple syrup
- 1/4 teaspoon vanilla

Process on high until a smooth ball forms.



Put 1/4 cup each of several of your favorite toppings in separate small bowls. I used powdered sugar, cocoa, coconut flakes, and sesame seeds. You could also try finely chopped nuts, granola, or colored sprinkles.

- Form 12 bite-sized balls of the dough between your palms.
- Roll each in a topping. Place them in a covered container and refrigerate for at least 1 hour.
- Plate and serve.





Volunteer and Employment Opportunities

Make a difference in an aging neighbor's life this year ... their independence can depend on YOU!

Help our team of professionals with:

- Home Visits and Advocacy
- Compassionate Phone Calls
- Relief for Caregivers
- Grocery Shopping Driving/Assistance
- Yard Maintenance (ask for Dennis)
- Drivers for Medical Appointments
- Fingerprinting

If you're interested in any of these capacities, contact:

JFS: (845) 338-2980

Yard Maintenance Program for Vulnerable Senior\$ at No Cost

Are you or do you know a senior, 60 years and above in the Ulster County region who is fiscally and physically in need of help in maintaining their yard, grounds or home?



**Worker\$ - \$18 per hour
and Volunteer\$ needed!**



grass cutting
weed-wacking
hedge trimming

brush & debris clearing
leaf raking
snow removal (as available)

**Program
Recipient
of
\$50,000
Foundation
Grant**

Contact:

Dennis Williams

Phone: (845) 532-7709

dwilliams.jfsulster@gmail.com

**Interested worker\$ and volunteer\$
late teen and older**



Yard Maintenance Program

Success Stories



I am a retired disabled Senior and can no longer do the yard work that needs to be done like mowing and hedge trimming. My worker at Office for the Aging told me about a program offered by Jewish Family Services called the Yard Maintenance Program. I contacted them and sthey made arrangements to come to my home to do some yard work. They mowed, used a weed wacker where needed and trimmed my Forsythia bush with a hedge trimmer. I am very happy with the results. I would highly recommend this service.

- Barry

The Yard Maintenance Program and the staff are wonderful; kind, intelligent, considerate, and I have deep appreciation. I realized my prayers for "God's goodness in the land of the living have been answered by charity from a number of people. And each night I pray for blessings for you all. Thank you for another blessing."

- Ms. I



Before



After



Before



After



Before



After



Before



After

Grocery Shopping Assistance

Volunteers Needed. Can You Help?



“As a graduate intern at Jewish Family Services of Ulster County, I have had the opportunity to participate in the Grocery Shopping Assistance program with local seniors. The experience is immensely rewarding and has a direct and immediate impact on seniors in our community. The need for shoppers is robust, but we do not

have the volunteer base to meet this demand for services. As a volunteer shopper, you make an immediate impact on those in our community and support a core mission of JFS to keep seniors living healthy and independent.” Nicholas Bona, JFS Intern

For more information:

Contact JFS at: (845) 338-2980

Drivers to Medical Appointments

Volunteers Needed. Neighbor-to-Neighbor



Are you a licensed driver, insured, vaccinated and in good standing - who would like to assist seniors in getting to their necessary medical appointments? For more information on how to be part of our Neighbor-to-Neighbor Team:

Contact JFS at: (845) 338-2980

Job Opportunity

Help Office, Civil and Law Enforcement
Agencies by Fingerprinting:

Become a Certified Fingerprinter

State-of-the-art computerized, ink-free methods



\$15 per hour

**Flexible hours/
schedule**

Contact :

Juniper Damon - (845) 338-2980

jfs.ulster@gmail.com

Jewish Family Services of Ulster
is an equal opportunity employer



Job Opportunity

P/T Social Worker for Home-Based Family Support Program

Summary

JFS provides in-home social work services for older adults, of all faiths, in the community who could not otherwise access more traditional office-based mental health services.

- In-home supportive counseling and psychotherapy
- Assessment and referral
- Educational/support groups for caregivers and those grieving (currently online due to pandemic)

Job Responsibilities

- Make regular (weekly or bi-weekly) home visits to a minimum of 4-5 clients (elders and/or caregivers) participating in Home Based Family Support Program
- Conduct assessments of the clients' level of functioning and need for community services or interventions, which includes use of assessment surveys
- Provide information and referral about community resources and programs that will meet needs of clients or enhance quality of life
- Follow Task-Centered model of intervention utilizing goal setting, intervention strategies and evaluation
- Be available to meet with agency/program director for regularly scheduled supervision · Complete required paperwork in a timely manner.

Due to COVID-19, this position is currently operating on a hybrid schedule of in person and remote work.

Qualifications

- Current Licensed Clinical Social Worker (LCSW) through the New York State Department of Education
- Also Seeking LMHC, and LMFT candidates
- Strong interpersonal and relationship-building skills

\$45 per hour
Regular hours/Per Diem



Contact :
Sarah - (845) 338-2980
HomeBased@JFSUlster.org

Jewish Family Services of Ulster is an equal opportunity employer

We will not discriminate and will take affirmative action measures to ensure against discrimination in employment, recruitment,

employee or

orientation, gender identity or gender expression.



The Caring Contacts Corner

Helpful Numbers for you:

JEWISH FAMILY SERVICES OF ULSTER COUNTY (JFS Ulster)

(845) 338-2980

(845) 331-4875 (FAX)

jfs.ulster@gmail.com

JfsUlster.org

911 - Universal Emergency Phone Number

988 - National Suicide Prevention Hotline

211- Essential Community Services

National Domestic Violence Hotline
(800) 799-7233

ULSTER COUNTY SHERIFF'S OFFICE
(845) 338-9373
<https://ulstercountyny.gov/sheriff/>

CHILDREN & FAMILY SERVICES OF ULSTER
(845) 334-5400
<https://ulstercountyny.gov/social-services/children-and-family-services>

PEOPLE'S PLACE
(Food Pantry and Distribution)

(845) 338-4030
<https://www.peoplesplace.org>

CITY OF KINGSTON POLICE DEPARTMENT
(845) 331-1671
<https://www.kingston-ny.gov/police>

NEW YORK STATE POLICE
(845) 338-1702
<https://www.troopers.ny.gov>

E-MDT HUDSON VALLEY HUB:

(Regarding Elder Financial/Physical Abuse or Neglect)

Nick Morris: (for Ulster, Orange and Dutchess Counties) NMorris@jfsulster.org
(845) 338-2980

Sarah Kieran: (for Rockland and Sullivan Counties) skieran@jfsulster.org
(845) 338-2980 or cell: (845) 219-5183

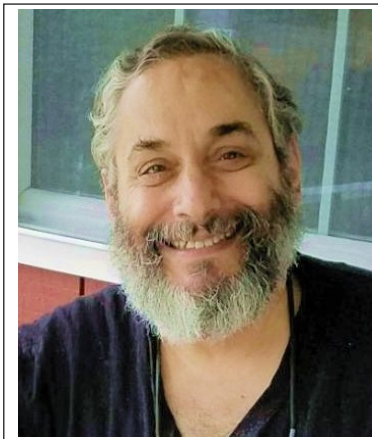
OFFICE FOR THE AGING, ULSTER CTY.
(845) 340-3456 or TOLL FREE at
1-877 914-3456
<https://ulstercountyny.gov/aging>

ADULT PROTECTIVE SERVICE
ULSTER COUNTY
(844) 697-3505 between 8:30am and 8pm
to report abuse
<https://ocfs.ny.gov/programs/adult-svcs/aps/>

FAMILY OF WOODSTOCK
(845) 679-2485
<https://www.familyofwoodstockinc.org>

ULSTER COUNTY GOVERNMENT WEBSITE
<https://ulstercountyny.gov/arp>





Greetings

from the

Editor



Hello! My name is Jonathan Dobin, editor of the quarterly JFS Newsletter.

I would love to hear any suggestions you may have about what you'd like to see in our future Newsletters.

- *Senior Citizen Success stories*
- *General Human-Interest Stories*
- *Testimonials about how JFS services have impacted and helped your/ a loved one's life*
- *Your experiences with JFS Support Groups and other programs*
- *Places worth visiting, accessible to seniors, in the Ulster County area*
- *Ulster County Civic events*
- *Recommended Local Businesses*
- *Articles about Medical Initiatives*
- *Recipes ...*

Please let me know

Contact me at: Editor.JFSNewsletter@gmail.com

Please let me know of others who might like to be on our mailing list.

Also, if you wish to **UNSUBSCRIBE** - write me with that in the "Subject" line

We look forward to reflecting you, our community and serving you in the best way we can.

Sincerely,

Jonathan



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*Your gift directly
supports our mission.*

Visit our website to securely donate through
JfsUlster.org (and click “Donate”)



or copy and paste this direct link into your browser:

<https://secure.qgiv.com/for/jfsouc>

Any contribution is appreciated and welcome.

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Supporter: 1 time or monthly contribution of \$50; or a yearly contribution of \$600

Advocate: 1 time or monthly contribution of \$175; or a yearly contribution of \$2,100

Ally: 1 time contribution or monthly contribution of \$200; or a yearly contribution of \$2,400

Protector: 1 time contribution or monthly contribution of \$300; or a yearly contribution of \$3,600

Benefactor: 1 time contribution of \$5,000 or more; or a yearly contribution of \$5000 or more

*As a donor, we will list your name on our website and newsletter,
only if you give us permission to do so.*